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Worship Times Change-Plan Now

Summer worship times ended on Sunday, August 27.

Beginning Sunday, September 3, worship hours are 8:15 a.m. & 10:45 a.m.

Hurray for Rally Day!

Sunday, September 10 | 9:30 – 10:30 a.m.

Save the date and plan to attend our “Back to Sunday School” event. We’ll have treats and special activities to welcome children and families back to Sunday School. Classes will be dismissed early at 10:15 so that all may enjoy root beer floats on the west patio.

Register online at www.zionlutheran-ic.org, under the GROW Tab if you are NEW to our Sunday School program.

October 1st: Worship Shake-Up

Zion's 2nd worship service on October 1 will be 11:00 at New Creation International Church (NCIC) at 2929 Court Street. Members of Zion and NCIC's Diversity Teams have been meeting regularly for nearly 2 years to build bridges connecting across color barriers and worshipping together seems the next natural step. Worship at NCIC is spirit-filled, featuring strong passionate preaching, a praise team to lead singing, loud, confident prayers, a healing station and an invitation to receive Jesus as one's savior. Current plans are for Pastors Smith and Pries to preach.

Worship will be followed by a BBQ potluck at NCIC about 1:30. NCIC will BBQ the ribs; members from both congregations will bring dishes to share. Beverages will be provided.

Please let Zion know you and your family will be joining the 11:00 a.m. worship and potluck at NCIC so the cooks can make their grocery list. Call Jenn in the office at 319-338-0944 or email her at Jennifer@zionlutheran-ic.org. Thank you!

THANK YOU!

Grateful thanks are offered for those who made our Celebration of Ministries a success on 8/27:

Those who donated a Silent Auction Talent or Service

Those who bid on a Silent Auction Talent or Service

The Stewardship Team, who planned and organized everything

Those who came to Worship and brought others

Table Hosts and volunteers of all kinds

Pie bakers + pie bidders and buyers

Musicians, actors, and ushers

Celebration Farm

~Zion's Pastors and Staff

From the Corner

Prison Packing List

As the evangelist Paul's witness and life were ending, while he was in prison (likely a dungeon) for the second time, he wrote a last letter to young Timothy – a sort of passing of the baton to the young man he had been mentoring. As the letter comes to a close, he has some final instructions which include these words,

When you come, bring the cloak that I left with Carpus at Troas, also the books, and above all the parchments. (2 Timothy 4:13)

We don't know who Carpus is but apparently a friend Paul could stay with for an extended time: he left his stuff there. This simple request of Timothy tells how Paul is aware of his whole person: his body, his mind and his spirit.

There is something about the chill across one's shoulders that simply wicks out our energy. Having a cloak (or prayer shawl*) to wrap over our shoulders brings such comfort and security. This isn't just a seasonal thing but a reality as days come to a close we need this evening embrace and comfort.

That Paul requested his books is no small matter. Book culture had only begun to appear in the first century as a replacement to scrolls**. Paul seems to have had the newest technology. We can suppose the books Paul had were for his study*** of authors and scholars whose writings were in books. While reading and thinking, we, like Paul, can be on the lookout for God's revelation in narrative, poetry, visualization and sound.

Paul's parchments likely contained scripture verses so of course he would write, "*above all the parchments.*" The scriptures bring to us the inspired witness of the ancient, faithful ones in words and images. Because the scriptures connect us with believers from every time and place, we can wait on the Lord with them for even further revelation.

Do we know our essentials for body, mind and spirit? Pack light for the journey.

Psalm 134



* Prayer shawls are available from Zion.

** Scrolls were rolled on two sticks and obliged the reader to read the text in order and markers were nearly impossible. Because both hands are required, one could not read and write at the same time. The only scrolls in common use today is the Jewish Torah.

*** Study is one of the 7 Faith Practices: worship, pray, study, invite, encourage, give, serve.

This Present Moment: Why Worship?

Why Worship? Why come to Zion on a Saturday evening or Sunday morning when our community gathers to worship God? There are many answers to this question, but one answer is that, as Christians, we need to sing. No, seriously, singing is good for you. This is not Rosalie trying to recruit you to join one of the choirs. As a person in the pew, singing is beneficial to your physical, emotional, and spiritual health.

Numerous studies have shown that singing releases endorphins in your brain acting as a natural anti-depressant. It lowers your heart rate, reduces stress levels, releases stored muscle tension, and boosts your immune system. Researchers also claim that singing increases mental alertness since the improved circulation and oxygenated bloodstream allows more oxygen to reach the brain. From a physiological standpoint alone, singing is truly good for us.

For me, personally, it is one of my best ways to pray. With hymns, such as “Earth and All Stars!” (731) and “Lift High the Cross” (660), I can sing my full-throated praise to God. In “Lord Jesus, You Shall Be My Song” (808) or “O Jesus, Joy of Loving Hearts” (658), I can name my trust and devotion to our Lord. And then there are those hymns that I can never quite get through without getting choked up. On Good Friday, “Ah Holy Jesus” (349) and “O Sacred Head, now Wounded” (351) reduce my voice to a whisper every time. Hymns also allow me to cry for justice and embolden me to put my prayer into action. When we sing “All are Welcome” (641) or “Will You Let Me Be Your Servant” (659) in worship, then I am even more mindful of the visitor alone in the narthex or the person in need of care. Sometimes singing is the most effective way for God to reach us.

What I also find fascinating is the effect that singing seems to have on us communally. In 2013, researchers from the University of Gothenburg in Sweden conducted a study of high school choir members. Pulse monitors were attached to the singers’ ears and tracked their heart rates as they sang together the harmonies of a traditional Swedish hymn. As the choir began to sing, their heart rates slowed down since in many ways singing is a form of guided breathing. But what surprised the researchers was that in “no time at all” the heart rates of the choir members had synchronized with one another. An article describing this study read: “The readout from the pulse monitors starts as a jumble of jagged lines, but quickly becomes a series of uniform peaks. The heart rates fall into a shared rhythm guided by the song’s tempo.”

What does this mean for us as a community that worships and sings together? I take it to mean that as we sing hymns of praise to God, we do so with one voice and share a single heartbeat among us. Our singing makes us one with one another and one with God. As we sing, we are the body of Christ, our heartbeat synchronized with the heart of God. Our communal song is one of the crucial ways that God reveals God’s self to us in worship. I would even suggest that singing opens us spiritually to encounter God on a deeper level through the Scriptures, the Sermon, Holy Communion, and each other. As we sing, God is shaping us, literally tuning our hearts, so that we can be his loving presence in the world.

Why worship? We truly need to sing.

*O Christ, create new hearts in us that beat in time with yours,
That, joined by faith with your great heart, become love’s open doors.
We are your body, risen Christ; our hearts, our hands we yield
That through our life and ministry your love may be revealed.
O Christ, Your Heart, Compassionate (#722-stanza 3)*

-Pastor Lutz

Congregational Happenings

Message from Council

Randy Willman, Council President

Council highlights from the August meeting include:

Council approved the Pork, Kraut, and Pie team's 2017 proposal of using 20% of ticket sales at Zion (Welcome Center completion; kitchen needs, etc.) and 80% of ticket sales for local/Global missions. An approximate balance of \$9000 in the Kraut fund from past years will be allocated in a similar fashion.

Council discussed Kairos updates from the worship, equip, welcome, and embrace teams. Worship and embrace are in dialogue as to how to best include youth/family in worship. Members from the equip team are presently conducting staff interviews; reviewing and evaluating job descriptions for Zion staff and are working to encourage cohesiveness and teamwork as Pastor Pries transitions to retirement.

Take a look at our property updates which include: the altar has been placed in the chapel and carpeting is being ordered. You will also note construction spearheaded by the Welcome Center Team, including installation of cabinets in the fellowship hall. New water fountains, coat racks and the like will be installed soon.

Planning for the Celebration of Ministries event is a moving along. Council discussed stewardship planning efforts for the 8/27 celebration of ministries event and the 9/24 Sunday service – God's Work, Our Hands/ Annual Fund Sunday.

Message from the Treasurer

Ed Scheetz, Treasurer

Our mid-year income is tracking as planned. Expenses are a little high due to the large projects already completed. Shannon has mailed the mid-year contribution statements using our new software called REALM.

	Jul-17	YTD 2017	% BUDGET
Income	78,534	613,542	59%
Expense	95,450	660,778	63%
	Jul-16	YTD 2016	% BUDGET
Income	88,793	862,224	88%
Expense	60,210	818,929	82%
16' wo/LOC+SWA			
Income	88,793	597,225	61%
Expense	60,210	553,929	55%

Membership Updates

September Birthdays

Ruth Baumgartner (4); Sandra Fuhrmeister 14);
Frieda Rummelhart (28); James Fuller (29);
Stanley Smith (29)

Baptisms

Ian Bruce Atkinson, son of
Jason and Maggie Atkinson (7/30)

Benjamin James Scheivert, son of
Joseph and Jennifer Scheivert (8/20)

Weddings

Dan Teninty & Anita Mischuk (8/5)

Deaths

Lloyd Frei (7/27)

Matt Fuhrmeister (8/25)

Freed
& RENEWED
in Christ
500
YEARS OF GOD'S
GRACE IN ACTION

Martin Luther's Quote of the Month

"Be a sinner and sin boldly, but believe and
rejoice in Christ even more boldly."

Mission Planning Happenings



Zion Lutheran Church - Kairos Team Updates: What's Happening

Worship God— Pastor Lutz (Staff) and Phyllis Chang (Council).

Emails for leaders: jlutz@zionlutheran-ic.org, phyllischang1212@gmail.com

This fall the Worship team will begin recruiting and training more of our youth to serve as worship leaders. Beginning in September, there will also be an element (musical, drama, visual, or interactive) included in each Sunday worship to engage children and youth. For the season of Lent, we plan to create a worship series that will offer a richer, more engaging worship experience for all ages.

Equip Leaders— Two sub-teams have been identified within this area. Pastor Pries (Staff) and Randy Willman (Council) are resource people for both sub-teams.

Staffing and staff configuration led by Jim Lane and Diane Baumbach (Council)

Emails for leaders: jimlane@yahoo.com, dbaumbach@me.com

The Staffing subgroup of the Equip Mission will looking at three areas: Personnel Committee, Staff Job Descriptions, and Improvements in Staff Alignment. Our objective will be to develop systems for each area to enable the Church Council to manage these areas more effectively. The subgroup includes Diane Baumbach, Dave Harms, Jennifer Horn, Gene Knutson, Jim Lane and Curt Nedoba. We have met once to discuss priorities and will meet in early September to look at the Personnel Committee and its current functions.

Ministry Team structure evaluation led by Gene Knutson and Sally Leme.

Emails for leaders: gene@mchsi.com, sal_leme@hotmail.com

Team members: Jenni Staci-Adams, Cindy Abrams, Wendy Berg, Dan Elser, Steve Martin

Our charge: to review and strengthen lay ministry within Zion by focusing on the organizational functioning of the Ministry Team structure.

In our initial meetings we began to:

- *examine the history of lay ministry within Zion and the adoption of the ministry team model.*
- *determine what changes have been made from the 2002 proposal to 2017 status and the rationale for those changes.*
- *study the current ministry team structure*

Future meetings will focus on:

- *the congregation's understanding of and satisfaction with the current status.*
- *whether the current structure is appropriate to meet the needs of Zion and the gifts of its members*
- *possible changes in implementation to utilize the interests and gifts of Zion members*
- *possible changes in structure to better access the interests and gifts of Zion members*

(Continued on next page)

Mission Planning Happenings



Zion Lutheran Church - Kairos Team Updates: What's Happening

Welcome All – Mary Merulla (Staff) and Katie Martin (Council)

Emails for leaders: mary@zionlutheran-ic.org, martinkatie928@gmail.com.

Zion's Mission Planning Welcome Team has begun its tasks in earnest. Our first meeting was held August 6th between services. Mary Merulla convened the group. At the time there were five members, plus Mary Merulla our Mission Planning Welcome Team Coordinator, and Katie Martin our council representative. The five members were Karen Rietz, Michelle Norman-Wikner, Dan Tenety, Joan Wuest, and Al Grundstad.

Steps were taken to define ourselves organizationally:

- 1. Establish our regular meeting frequency, which will be every other week, and otherwise as needed*
- 2. Consider the position of Team Chair, and select a person for that roll at a subsequent meeting.*
- 3. Recruit another individual for the team who is both younger and new to Zion*

Since the meeting we can announce that Adam Wood, a new member and graduate student at Iowa, has accepted the invitation to join the team.

Embrace Children, Youth and Families – Maggie Atkinson (Staff) and Ken Fate (Council).

Emails for leaders: maggie@zionlutheran-ic.org, kendall.fate58@live.com

The Youth & Family Ministry folks of Zion's Embrace Team gather regularly: the 3rd Monday night of each month. Most recently we've really zoned in on 2 key points: intergenerational opportunities, and engaging kids in Worship. We felt there was good feedback from our Monday Missions, as well as our spring "All Zion" bowling event. Because of that, similar programs are in the works for the fall, so that we can continue to encourage and embrace all ages of faith! A handful of our team members met with Pastor Lutz and some of the Worship team members recently. It will be an ongoing conversation of ways that we can better engage our youth in worship. We came up with some starting points for Sept & Oct. Let us know if you start noticing some of these additions during worship every weekend!

Congregational Happenings

500 Reformation Commemoration Events

Sunday, October 1 | 6:30 p.m. | Holy Trinity Lutheran Church, North Liberty
Screening of the film, "Martin Luther: The Idea That Changed the World"

Sunday, October 15 | 4:00 p.m. | St. Mary's Catholic Church, Iowa City
Ecumenical service with area ELCA churches and Roman Catholic congregations.

Saturday, October 21, 4:00 p.m.-6:00 p.m. | Zion Lutheran Church, Iowa City
Table Talk with Martin and Katie will include a German meal in the style of Luther's time (e.g. black bread, potato soup) with lively discussion during the meal. Information about making a reservation for the meal will be forthcoming.

Sunday, October 22 | 8:15 a.m. or 10:45 a.m. | Zion Lutheran Church, Iowa City
Worship with Martin and Katie. During the education hour between services (9:30-10:30 a.m.), Martin will lead the Adult Education and Katie will spend time with the children and youth.

Sunday, October 22 | 9:15 a.m. | Gloria Dei Lutheran Church, Iowa City
Artist, Diego Lasansky, creator of the "Junker Jorg" prints, will speak at GDLC's Adult Forum, to describe his printmaking process and the inspiration for the print. "Junker Jorg" is the alias used by Martin Luther when he was in hiding at Wartburg Castle in 1521.

Sunday, October 29 | 9:15 a.m. | Gloria Dei Lutheran Church, Iowa City
Prof. Glenn Ehrstine will speak at GDLC's Adult Forum about "Luther vs. the Pope and the Reformation Media Campaign." The words and images used by both sides were designed to get an emotional response from the public.



New Member Class in September 2017

Interested in learning more about Zion membership and what that means? Come to the New Member class on Saturday, September 9 from 9am – Noon. New members will be received on Sunday, September 17 at the 10:45am worship service.

Class overview:

- Worship – Why we do what we do
- On Being Lutheran – Bible & Theology
- Stewardship – What does it mean to belong to the ministry of Zion
- Engagement – Opportunities to connect, serve & grow

Conclusion – What to expect at New Member

Please register for the class by contacting the office (319-338-0944) or [Mary Merulla](#).



Congregational Happenings

New Chapel taking Shape

As children gather in the Spirit Center (Room 7) on Zion's Lower Level for the Opening of Sunday School, they may not recognize it as the same space where they gathered for music last spring. The Spirit Center has transformed over the summer to become Zion's new chapel. Changes to the space include a colorful mural painted on a curved wall, new carpet and wall paint, a new storage area for tables and chairs, improved lighting, and a beautiful wooden altar. More changes are still to come with seating and a kneeler. We hope to dedicate our new chapel later this fall.



The altar and kneeler arrived for the new chapel in the lower level. Feel free to wander down to the lower level and look at these beautiful additions to the space!

In late August, new cabinetry was installed in Parish Hall. These cabinets will house Free Lunch supplies, AA supplies, linens, etc.



Free Little Library (FLL) Update

Zion's FLL is being repaired and painted prior to installation along the North Johnson Street sidewalk in September.

Worship Happenings

Worship Highlights for September 2017

13th Sunday after Pentecost – September 3

- Saturday 5:15 p.m., Sunday 8:15 a.m. & 10:45 a.m.
- Return to Fall Schedule
- Baptism of Wyatt Dean Carls (8:15 a.m.) and Greyson Joe Bednarz (10:45 a.m.)

14th Sunday after Pentecost – September 10

- Saturday 5:15 p.m., Sunday 8:15 a.m. & 10:45 a.m.
- Rally Day – Beginning of Sunday School
- Blessing of Sunday School Teachers (8:15 a.m.)

15th Sunday after Pentecost – September 17

- Saturday 5:15 p.m., Sunday 8:15 a.m. & 10:45 a.m.
- New Members join

16th Sunday after Pentecost – September 24

- Saturday 5:15 p.m., Sunday 8:15 a.m. & 10:45 a.m.
- Annual Pledge & God's Work, Our Hands Sunday
- Milestone Ministry – Bible Presentation to 3-year-olds (8:15 a.m.)

Worship Happenings

Music Rehearsal Schedule

Choirs are beginning fall rehearsals. The new choirs and new schedules are:

Wednesday at 5:30-6:00 p.m. Cherub Choir (grades K–1) starting September 6

Wednesday at 6:00-6:45 p.m. Junior Choir (grades 2-6) starting September 6

Please Note: Youth Choir (grades 7–12) will rehearse Sunday, September 3 at 9:30 a.m. ONLY. Regular rehearsals will start September 10, at 10:15 a.m.

Tuesday at 6:30 p.m. Zion Bell Choir (Starting September 5)

Thursday at 6:30 p.m. Senior Choir

Thursday at 8:00 p.m. Zion Brass (Starting September 14)

Directors are: R.O. Moninger: Senior Choir; Rosalie Moninger: Youth Choir; Melanie Sigafoose: Cherub Choir and Junior Choir; Erin Moore, Zion Bell Choir; Joe Scheivert, Zion Brass

You are welcome to join!

September Music Schedule

Sept. 3: Anita Mischuk, vocal solo

Sept. 10: Senior Choir

Sept. 17: Senior Choir, Youth Choir, Junior Choir

Sept. 25: Senior Choir, Zion Brass

Lessons and Carols

Please mark your calendars now for the 2017 date for *Lessons and Carols*. It will be **Sunday, December 3 at 4:00 p.m.** Hopefully, knowing this date now will help you make activity decisions during the very busy month of December. This worship service involves many of Zion's children and adults and we welcome your presence.

SEPTEMBER 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
					7:00 pm Jr. High Fun Night (Zion)	5:15p Worship
3	4	5	6	7	8	9
8:15a Worship 9:30a Youth Choir 9:30a Fellowship 10:45a Worship		6:30a Men's Bible Study 6:00p Mental Health Team 6:30p Bell Choir 7:00p Flute Choir 7:00p Global Missions Team	8:30a Shalom 9:00a Quilt-tiers 9:45a Staff Meeting 5:30p Cherub Choir 6:00p Junior Choir	6:30p Senior Choir		8:00a Men's Ministry Breakfast 9:00a New Member Class 5:15p Worship
10	11	12	13	14	15	16
Rally Day/Blessing of Teachers 8:15a Worship 9:30a Fellowship/ Learning 10:15a Youth Choir 10:45a Worship 4:00p Free Lunch Prep	9:30a Moms Meet-Up 11:00 a Lunch@1105 Bldg 7:00p Stephen Ministry Supervision	6:30a Men's Bible Study 10:00a Prayer Shawl Ministry 6:30p Bell Choir 6:30p Council Meeting 7:00p Flute Choir	8:30a Shalom 9:00a Quilt-tiers 9:45a Staff Meeting 5:30p Cherub Choir 6:00p Junior Choir 6:30p Journeymen Bible Study 6:45p Confirmation Kick- Off	6:30p Senior Choir 8:00p Zion Brass	11:30a Prime Timers	4:00p Caregivers Group 5:15p Worship
17	18	19	20	21	22	23
New Member Reception 8:15a Worship 9:30a Fellowship/ Learning 10:15a Youth Choir 10:45a Worship 12:30p High School Youth Group Kick-Off	11:30 Senior Singles 6:30p Youth & Family Team 6:45p Reading Group 7:00p Prayer Group	6:30a Men's Bible Study 9:30a Gather Bible Study 5:00p Property Team 5:30p Men's Ministry Team 6:30p Stewardship Team 6:30p Bell Choir	8:30a Shalom 9:00a Quilt-tiers 9:45a Staff Meeting 1:30p Afternoon Book Club 2:00p Health & Caring 5:30p Cherub Choir 6:00p Junior Choir 6:45p Confirmation	6:30p Senior Choir 8:00p Zion Brass		5:15p Worship
24	25	26	27	28	29	30
3-Yr-Olds Receive Bibles 8:15a Worship 9:30a Fellowship/ Learning 10:15a Youth Choir 10:45a Worship	9:30a Moms Meet-Up 7:00p Stephen Ministry Supervision	6:30a Men's Bible Study 5:15p 500 Reformation Team 6:30p Bell Choir 7:00p Flute Choir	8:30a Shalom 9:00a Quilt-tiers 9:45a Staff Meeting 5:30p Cherub Choir 6:00p Junior Choir 6:30p Journey Bible St. 6:45p Confirmation	6:30p Senior Choir 8:00p Zion Brass		5:15p Worship

Learning Happenings

September Adult Learning Opportunities

The Mental Health Ministry Team is sponsoring 2 events this September that are focused on needs of children and adolescents. Topics were chosen from a survey of families that was conducted last spring. Two topic areas with high interest included mental illness in childhood and adolescence (e.g., anxiety, depression, trauma) and children who are talented and gifted (e.g., above average intelligence).

Coffee with Dr. Beyer: Answering Questions about Child & Adolescent Mental Illness Sunday, September 17 | 9:30 a.m. | Gathering Room

Dr. Nancy Beyer will be discussing mental illness in children and adolescents. Dr. Beyer is a Psychiatrist at the University of Iowa Stead Family Children's Hospital and has assisted with developing services in mental health in the Iowa City School District. She will be discussing signs and symptoms of mental illness, the diagnostic process, treatment options, and any other questions that people bring to the discussion.

My Kid? Gifted? What Do I Do?

Sunday, September 24 | 9:30 a.m. | Gathering Room

Zion's own Jan Warren, will be discussing talented and giftedness. Ms. Warren is an Assistant Director of Student Services at Belin Blank International Center for Giftedness and Talent Development. She will discuss how a student is identified as gifted & talented, provide directions for navigating the educational system and gaining necessary supports, and talk about some of the unique social and emotional needs that students who are talented and gifted may have. Join us on Sunday, September 24, during the 9:30 a.m. Learning Hour to learn more about the needs of children and adolescents who are talented and gifted.

All are welcome who are interested in learning more about these topics in children and adolescent health and learning. Contact [Brenda Bassingthwaite](#) or [John Allen](#) if you have questions regarding these events.

Our 7th and 8th Grade begin their studies on September 13. This year our course of study will include Martin Luther and the history of the Reformation, Lutheran Concepts, and the Lord's Prayer.



Confirmation

journey of faith. Look for more

information on the Mentor Program and how you can participate in October. Please keep these young people in your prayers as they grow in faith and build relationships with one another and other members of Zion.

During Advent and Lent, we will also reintroduce a Mentor Program where older members of Zion can accompany Confirmands on their

Milestone Ministry: Presentation of Bibles to 3-Year-Olds

Jesus said, "Let the little children come to me, and do not stop them; for it is to such as these that the kingdom of heaven belongs." Matthew 19:14

Spark Story Bibles will be presented to our littlest Sunday School students on Sunday, September 24 at the 8:15 a.m. worship service. It is our way of supporting parents in their baptismal promise to place the Holy Scripture into the hands of their child and nurture his or her faith. If you have a child who is three years old, or a little one who is new to Sunday School at Zion, you'll be receiving more information very soon. In the meantime, please contact [Pam Cantrell](#) with any questions.

Learning Happenings

Zion Library News: Baseball as a Road to God

A new addition to the Zion library is a book entitled *Baseball as a Road to God* written by John Sexton with Thomas Oliphant and Peter Schwartz. Sexton has a PhD in the History of American Religion and is the President of New York University where he teaches a course with the same name as the book. Each of the book's first nine chapters (Innings) discusses one of "the elements [fans] find in baseball – faith, doubt, conversion, accursedness, blessing – [which are also] associated with the religious experience". In the final chapter (The Clubhouse) Sexton argues that a person who develops a heightened sensitivity to these elements through a love of baseball, might indeed be convinced or reassured that God exists. Even if you find this a bit of a stretch (or if you are not a baseball fan), the book can be enjoyed for its many baseball stories which can be interpreted as spiritual events.

~Rick Brenner

Zion's Wednesday Afternoon Book Group Wednesday, September 13 | 1:30 pm

Looking for a casual, small group, book club with a varied reading list? Join us downstairs in the lounge for conversation. Reading of the book is encouraged but not required.

We generally meet on the 3rd Wednesday of the month, skipping December. (no refreshments served)

Sept 13th - *West with the Night* by Beryl Markham – **Note the change of date.**

Oct 18th - *Katharina and Martin Luther: The Radical Marriage of a Runaway Nun and a Renegade Monk* by Michelle DeRusha

Nov 15th – *Flight of Dreams: A Novel* by Ariel Lawhon

Zion Evening Reading Group Monday, September 18 | 6:45 p.m.

The Zion Woman's Evening Reading will meet for treats and discussion of our first book. Everyone is welcome. We will be choosing the books for this year after the deadline for the Trumpet. Watch the bulletins and the weekly Pocket Trumpet for September information.

Youth Happenings

Zion's Youth Ministry News

Maggie Atkinson is your Go-To-Gal, if you'd like more info about youth events, OR to let her know that you're able to attend!

Text/call 563.349.2313, email maggie@zionlutheran-ic.org or send a carrier pigeon!

Jr High Fun Night!

Friday September 1 | 7:00-9:00 p.m.

Games + Food + Tie-Dye!

All Jr High students AND their friends are invited to join us! We'll provide basic Tees to decorate, but bring extra clothes to color if you'd like! Don't forget a snack to share, and we'll see you in Parish Hall!

Confirmation Class Kick Off!

Wednesday September 13 | 6:45-8:00 p.m.

Calling all 7th & 8th graders! We'll meet in Parish Hall for fun & learning!

Tonight we'll meet your small group leaders, and dive right in!

High School Youth Group Kick Off!

Sunday September 17 | 12:30-2:30 p.m.

(at the Parrott Family's House: 2514 Aaron Dr SE, Iowa City)

Tie-Dye + Lunch Potluck + Ice Cream!

Zion will supply the main entree, white T-shirts, and dye.

You bring friends, extra things to tie-dye, and your favorite potluck side-dish!

Youth & Family Ministry Team Meeting

Monday September 18 | 6:30 p.m., Room 6

LOOKING AHEAD.....

2018 ELCA Youth Gathering

Participant Registration Deadline | Sunday October 1

All youth interested in attending the 2018 Youth Gathering in Houston next summer need to have their \$150 non-refundable deposit and Registration Form submitted to Maggie by Oct 1. Want more info about the Gathering? Don't hesitate to contact Maggie with your questions. Here is a great [video](#) from the last Gathering (Detroit, July 2015) with some highlights, and why we'd LOVE for you to be with us in Houston!

High School Youth Road Trip: College Tour!

Friday, October 6 | 7:30am, All day Event

Hop in the car with Maggie because we're going for a campus visit to Wartburg College in Waverly, IA! We'll leave the Zion parking lot at 7:30am for this all-day event. Cost is just \$5 per person, and all High School students + Parents are invited! We'll attend morning Chapel, meet with Students & Faculty, have a tour and learn about campus life, eat lunch there, and talk with the Admissions office. Registration deadline is Friday September 22.

What's Happening @ Zion

Moms Meet-Up

September 11 & 25

Mom's and kids meet up on Mondays. Throughout September we'll be meeting at North Market Square Park. Pre-schoolers, toddlers, babies – all are welcome! This group meets every other Monday @ 9:30am. This is an open gathering...all are welcome. Questions: Mary Merulla mary@zionlutheran-ic.org.

Men's Ministry Breakfast

Saturday, September 9 | 8:00 a.m.

Bring a friend and meet for conversation and fellowship at Zion in the lower level, Gathering Room.

Prime Timers

Friday, September 15 | 11:30 a.m.

Prime Timers will meet for lunch and fellowship at Monica's in Coralville.

Senior Singles

Monday, September 18 | 11:30 a.m.

Senior Singles will meet for lunch and fellowship at Carols O' Kelly's in Iowa City.

Ladies and Gentlemen of Zion - Interested in Quilting?

Twice a year the quilts created by Zion's Quilting group are displayed, enjoyed and blessed in the sanctuary. Each year those of us that were involved in their creation marvel at the beauty. We know from the comments received from congregants that you too are impressed with the sight. Have you ever considered lending a helping hand to the quilt production? No experience is necessary and we are ready to help with on-the-job training (smile). Even if you aren't too keen on assembling the quilts we need help in many other categories including: cutting strips, sewing bindings, rinsing and drying the new twin sized sheets used for backing, organizing the storage closet (especially important), sewing strips together to create quilt tops at home, ironing wrinkled pieces, selecting and creating a color scheme for a top, cleaning and oiling machines, etc. We hope to see a few new faces on September 6 at 9:00 a.m. in a lower level classroom. There is no audition process nor do you have to have credentials, just show up and we will put you to work.



What's Happening @ Zion

Health & Caring Sunday Sunday, October 8

Sunday, October 8 is Health & Caring Sunday and the Health & Caring Fair with VNA. We will have the laying on of hands (for special blessing) during and after worship services. The Health Fair will include:

- Flu Vaccinations
- Blood Pressure Checks
- Senior Fitness Assessments

Activities for Families and Children to Promote Health & Safety

There will also be Cholesterol Screening for those who have signed up in advance and fasted for 8 hours.



Tuesday, October 17

This tasty Zion tradition will be offered again this fall, so mark your calendars and planners. Advanced tickets will be required, and the popular carry-out option will be offered again. Watch for more details next month! This year's Leadership Team is:

Jim & Cindy Seyfer (Team Leaders)

Mike & Judy Cilek

John and Debbie Grundstad

Bruce & Melanie Hauptert

Brought to You By...

In days gone by, television shows often began or ended with a statement by the advertiser reminding the viewer that this particular program was brought to you by General Mills for instance. If we liked the show, in some small way I suppose we were glad General Mills helped support it.

Zion's permanent Mission Endowment Fund somewhat mirrors those television sponsors. Except rather than TV shows, our Endowment Fund is helping fund or sponsor physical projects at Zion and ministry team projects that advance the mission of Zion.

Zion has been blessed with an Endowment Fund that has the ability to distribute 5% of its balance each year. The 2017 distribution will be up to \$19,300 through a granting process that is now in its fourth year. In the past three years, the Endowment committee has granted over \$55,000. In 2016 for instance, the Chapel project received a grant of \$10,000 and in 2015 the Welcome Center received a grant of \$7000. Ministry teams such as the Alter Guild and the Quilters have also received grants.

So when you walk by the new Welcome Center, for instance being built, please remember that "This Welcome Center" has been partially brought to you by the Zion Endowment.

~David Revier

Outreach Happenings

Lutheran World Relief – All Zion Project of Hope and Caring

Shop for LWR School Kits in August & September

During the months of August & September, we will be collecting donations for School Kits. To the children who receive School Kits, these supplies mean the difference between getting an education or not. Public school is usually free, but in the places where LWR works, even a few required supplies, like pens and paper, may be more than many families can afford. Each School Kit includes:

Four 70-sheet notebooks (280-300 sheets total) of wide- or college-ruled paper approximately 8" X 10½"; no loose-leaf paper

- One 30-centimeter ruler, or a ruler with centimeters on one side and inches on the other
- One pencil sharpener
- One pair of blunt scissors (safety scissors with embedded steel blades work well)
- Five unsharpened #2 pencils with erasers; secure together with a rubber band
- Five black or blue ballpoint pens (no gel ink); secure together with a rubber band
- One box of 16 or 24 crayons
- One 2½" eraser

Pick up your designated kit bag at the back of the sanctuary beginning **Sunday, August 7**. Please **drop off** a completed kit (no other items added) to a **Kit Check Point (KCP)** by **Sunday, October 2**. Kits should remain in the designated bag when left at the KCP. Bags will be reused for future kit projects.

International Women's Club

Zion has agreed to let the International Women's Club (IWC) use our basement facilities on Tuesday and Thursday mornings, 9:00 AM to 11:00 AM, for their English as a Second Language (ESL) classes to begin September 12th. On those mornings, you will see women from up to 40 countries coming and going from their classes, some with preschool children that will be cared for by IWC volunteers in our nursery.

The International Women's Club has been in existence here in Iowa City for over 50 years and is affiliated with International Programs at The University of Iowa. Their purpose has always been to share activities that promote friendship and understanding. The club has over 190 members that participate in a variety of social and educational activities. About 40-80 women attend the ESL classes each year.

If any church women have English or ESL teaching experience and are interested in possible volunteer teaching positions they should contact [Joy Thompson](#), IWC ESL Coordinator, at 319-573-7512. If any women would like to volunteer to help care for preschool children from many cultures (who may not speak English!) please contact [Kathy Fait](#), the IWC Childcare Coordinator, at 319-541-4551.

If women of the church are simply interested in membership in the club, this is also very welcome.

Contact Us

Office Hours:

Monday-Thursday
9:00 a.m.-4:00 p.m.

Friday:

9:00 a.m.-3:00 p.m.

Tel: 319-338-0944

Email: office@zionlutheran-ic.org

Website: www.zionlutheran-ic.org



<http://www.facebook.com/zioniowacity>



<http://www.instagram.com/zioniowacity>

Zion is a Reconciling in Christ Congregation

MINISTERS

All Members

COUNCIL

Randy Willman, President

Diane Baumbach, Vice President

Katie Martin, Secretary

Ed Scheetz, Treasurer

Phyllis Chang

Ken Fate

David Gosse

Amy Little

Matt Seberger

PASTORS

Mark Pries, Senior Pastor

Jennifer Lutz, Associate Pastor