

# News of the Son

Trinity Lutheran Church — Columbia, MO



October  
2020



Last month, our study was a tedious historical vocabulary lesson. The main point: whenever we publicly gather, whether we say “worship,” “service,” “Divine Service,” or “church,” each conveys that in worship it is God who is the giver of His grace and we His recipients. In the Divine Service, we receive grace on account of Christ’s saving work in the hearing of forgiveness (Absolution), hearing God’s Word, the preaching of the Word, and receiving the Sacraments. Since God’s grace is of infinite worth, given freely for our

salvation, our worship is a time and a space set apart from the demands of our vocations as mothers, fathers, sons, daughters, brothers, sisters, employees, or students. “Our worship time is time with the Divine.” In the Divine Service, God spiritually refreshes us. It is truly meet, right, and salutary to receive the means of grace with reverence and joy recognizing that our time together with God is sacred. Reverence in worship is an attitude we see throughout in Scripture, and perhaps in the future we can study this topic.

This month, we consider the Invocation. We hear the pastor invoke, meaning to “call upon,” the name of God as he says “In the name of the Father, and of the Son, and of the Holy Spirit.” This scriptural phrase is a short summary of everything we know about God’s revelation, chiefly that he is eternal and Triune. Gen. 1:1 reads, “In the beginning, God...,” and Rev. 22:13, “I am the Alpha and Omega, the first and the last, the beginning and the end.” Jesus’ baptismal command in Matt. 28:20 is Triune and eternal “I am with you always, to the end of the age.” The *Small Catechism*’s teaching of the Apostles’ Creed quickly recaps the Triune God’s work: creation (Father), redemption (Son), sanctification (Holy Spirit). The Invocation is a call to God to witness that we are gathered in his name (Matt. 18:20) and in his name we offer our prayer, praise, and thanksgiving (Jn. 16:23).

Speaking the Invocation before corporate Confession and Absolution is a more recent development. In the medieval church and following the Reformation, the pastor would say the Invocation in private devotion at the altar before the service began. Then, and even among churches today, Sunday service may start with an Introit. More usual was making the sign of the cross upon oneself when one entered a church (and in fact in many other areas of life, too) as a sign of devotion and personal blessing. It was only later that the words of the Invocation began accompanying making the sign of cross to the whole congregation. The sign of the cross marks the central significance of the sacrificial death of Christ, because it is in this reality the Christian lives, moves, and has being. Luther wrote in the *Small Catechism* to make the sign of the cross when praying upon waking and going to sleep.

Our particular Lutheran heritage gives the Invocation and the sign of the cross a prominent place in worship. In *Lutheran Service Book*, all five settings of the Divine Service contain a rubric (the small red letters indicating an instruction) that says, “A Hymn of Invocation may be sung.” A hymn that invokes the Holy Spirit can be sung before the Invocation because it is by his work that we can worship God through Christ (1 Cor. 12:3, Eph. 2:18). The hymnal also reads, “The sign of the cross may be made by all in remembrance of their baptism.” The Triune name of God is imparted to us in Holy Baptism. In worship we are reminded and continually hear of the promises God began in this saving act, and is actively accomplishing in our lives. The Holy Spirit also calls, gathers, and sanctifies the whole Christian church on earth (*Small Catechism*) and therefore joins us together as members of the body by our baptisms.

The Invocation helps us keep in mind Paul’s words, “Whatsoever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God and the Father by Him” (Col. 3:17). Next time: Confession and Absolution.

Your Servant in Christ,  
*Rev. Joseph M. McCalley*

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**Knowing Christ's Love  
Seeking His Will  
Spreading His Word**

## NUT SALES ~ ORDER NOW!



The Mary Martha Guild is taking orders for nuts through October 19. We are offering an assortment of plain and chocolate-covered nuts, pretzels, raisins, and gummies. All products except party trays come in 16-ounce bags. The nuts and treats are great for baking, snacking, and also make wonderful gifts. Your order will be ready for pickup on November 8. 100% of the profits from our nut sales are used to sponsor various missions that Mary Martha chooses.

### In-Person Orders:

For those attending church services in person, an order form will be included in the *Trinity Weekly News* from October 4-19. Place the order envelope with your payment in the Nut Order box in the Narthex. Orders must be placed by October 19.

### Mail Orders:

For those worshipping in their homes, we invite you to place an order by mail. Mail orders need to be received on or before October 19. Print out this page and complete the order form below. Mail your order form with your payment (checks payable to Mary Martha Guild) to:

Mary Martha Guild  
Trinity Lutheran Church  
2201 Rollins Rd  
Columbia, MO 65203-1433

# Thank You!

Name:		Phone #	
# of Bags	Item	Description	Price
	#1	Jumbo Pecan Halves	\$12.00
	#2	Pecan Pieces Recipe-Ready	\$12.00
	#7	Raw Whole Almonds	\$10.00
	#17	Honey Roasted Peanuts	\$5.00
	#22	English Walnuts, Halves & Pieces	\$10.00
	#32	Cranberry Nut Mix	\$8.00
	#45	Milk Chocolate Almonds	\$9.00
	#48	Butter Toffee Peanuts	\$6.00
	#50	Milk Chocolate Cashews	\$10.00
	#52	Milk Chocolate Pecans	\$11.00
	#55	White Frosted Pretzels	\$6.00
	#60	Sugarless Chocolate Almonds	\$12.00
	#70	Dark Chocolate Almonds	\$10.00
	#71	Dark Chocolate Double Dip Peanuts	\$8.00
	#72	Dark Chocolate Raisins	\$8.00
	#78	Milk Chocolate Peanut Clusters	\$8.00
	#80	Peanut Brittle	\$7.00
	#86	Milk Chocolate Pecan Turtles	\$11.00
	#96	Gummi Bears, 12 Flavors	\$5.00
	#98	32 oz. Party Tray: Chocolate Almonds, Deluxe Mixed Nuts, Chocolate Bridge Mix, Honey Roasted Peanuts, Chocolate Double Dip Peanuts, and Jumbo Cashews	\$20.00
	#99	30 oz. New Party Tray: White Frosted Pretzels, Cranberry Nut Mix, and Chocolate Double Dip Peanuts	\$16.00
Total # of Bags		Amount Paid	\$

*Dear Friends in Christ,*

There are many things in this life besides a virus that cause fear. Some of those fears may drive a person to think that suicide or assisted suicide is the antidote for that fear. Pastor Michael Salemink, Executive Director of Lutherans For Life, has written about ***Eight things you should know about assisted*** suicide, from the pamphlet, “Going Gracefully”:



**Assisted suicide happens when someone helps a person take his or her own life. In an assisted suicide, the patient takes the fatal action.** If anyone else initiates the final act that causes death, it's euthanasia. Voluntarily stopping eating and drinking isn't assisted suicide or euthanasia. It amounts instead to death from starvation or suicide by dehydration (which poses ethical problems of its own).

**Natural death takes place when vital body systems fail due to ailment or age.** Declining ineffective treatments does not constitute assisted suicide, nor does withholding therapies that increase suffering or withdrawing life-supporting machines. Palliative care manages pain and other symptoms alongside or apart from efforts to cure. Hospice care provides pain relief, nourishment, and hygiene, along with companionship and comfort. These measures are effective in almost all circumstances.

**All 50 U.S. states prohibited assisted suicide until 1994. As of 2018, Oregon, Washington, Vermont, California, Colorado, DC and Hawaii (more as of 2020) consent to physician-assisted suicide.** Over 200 bills proposing legalization in more than 35 states have failed.

**Advocates of assisted suicide ignore the risks for complications and coercion.** A median treatment relationship between physician and patient spans only nine weeks to six months, hardly long enough to accurately diagnose conditions or assess mental health (and in fact physicians refer fewer than 5% of cases for psychiatric review). As many as 80% of patients have no health care provider present to witness ingestion (and intervene to alleviate anything that goes wrong). Only 40%-60% of patients have been offered or enrolled in palliative care (and Dutch and Belgian doctors illegally neglect to report up to 50% of cases of assisted deaths).

**Other deaths increase where assisted suicide is legal.** Non-assisted suicide rates spiked 6.3% (14.5% elderly, 50% ages 34-65) during 1999-2010 in Oregon and Washington. Oregon had 10% more allegations and investigations of elder abuse in 2014 than in previous years. One study saw that 20% of family members of friends present at death suffered PTSD (post traumatic stress disorder). Belgium physicians admitted hastening 1.7% of all deaths without explicit request. Quebec doctors began neglecting life-saving efforts after some attempted suicides.

**Assisted suicide inevitable expands.** Such deaths have risen every year in every place where decriminalized. In the Netherlands in 2013, 13.5% of assisted deaths were infants, whereas, originally laws limited it to terminal illnesses, physical pain, and voluntary cases. Now they've been broadened to include chronic conditions, psychological distress, and nonvoluntary cases. Doctors have helped cause death for patients with MS, depression, autism, blindness, and tinnitus. Disabled children, comatose patients, and persons with dementia have been subjected to it also.

**Reasons other than health most influence people seeking assisted suicide.** OR/WA records show 96% most concerned with inability to enjoy activities and 92% loss of autonomy. Only 36% worried about losing control of bodily functions and just 29% inadequate pain control. In Netherlands 7% pursued assisted suicide for tired of living and 13% for cognitive decline. Percentages wanting it for cancer continue to decrease.

**The public and most medical associations oppose it and have serious concerns.** A survey showed 61% of Americans do not favor a doctor prescribing or administering lethal doses. Similar numbers worry it will prompt the depressed to take their own lives and put elderly at risk in nursing homes. Most fear not trusting a doctor who practices it, wrong diagnoses, and its use to cut health care costs. Every major society of medical professionals and disability advocates discourages it.

Trust in God, your true hope in all circumstances,  
Sylvia Glenn

Feel free to call me (573-592-7866) for information or concerns about life issues. For those who have had an abortion, there is a word of hope! "He heals the brokenhearted and binds up their wounds" (Psalm 147:3). For *confidential post-abortion referral, counsel, and reconciliation* contact WORD of HOPE, toll-free (888) 217-8679, [info@word-of-hope.org](mailto:info@word-of-hope.org), or visit [www.word-of-hope.org](http://www.word-of-hope.org).

**SEPTEMBER 15, 2020**  
**BOARD OF DIRECTORS' MINUTES**  
**(Draft Minutes - Yet to be Approved)**

The regular monthly meeting of the Board of Directors was called to order on September 15, 2020 at 7:04 p.m. Attendees included Gary Kespohl (Chairman), Jacque Eckhoff (Secretary), Jim Harms, JoAnn Schoenike, Pastor Brian Thieme, Pastor Joseph McCalley, Charlie Cott, Angel Arnall, Nick Couper, Theresa Yeager, Robert Hall, Annette Kiehne, Chris Bailey and Lou Eggerding.

Pastor Thieme led the opening devotion.

Chairman Kespohl removed "Video for Live Streaming & Sound System" from Old Business. Chris Kespohl does not currently have the second bid in hand. He'll have all bids for the Assembly of Voters meeting on Sunday.

Charlie Cott added "Outside Doors to Gym" to New Business.

Angel Arnall added "Directory" to Announcements.

Angel Arnall moved to approve the Meeting Agenda with these changes; seconded and approved.

Angel Arnall moved to approve the Consent Agenda, including August 11, 2020 Board of Directors Minutes; seconded and approved. The Consent Agenda meeting minutes and reports are filed in the Congregation Secretary's notebook.

The following are summaries of the reports, with the name of the board representative at the Board of Directors meeting listed:

**PASTORS' REPORTS** - Pastor Thieme & Pastor McCalley  
Membership Changes (Information Only):

Out: None

In: Baptism of Lincoln Ray Larson on 9/12/2020

**FINANCIAL SECRETARY** - JoAnn Schoenike

For the month of August, the Regular Envelope collections are 114.7% of the anticipated monthly amount. Loose Plate collections are 173.65% and Sunday School are 0%. The Total Monthly collections are 115.64% of the monthly anticipated amount of \$38,535.10. The Total Year to Date collections through the end of August are 107.43% of the anticipated amount of \$321,716.63.

**BOARD REPORTS:**

**CHRISTIAN EDUCATION** - No Rep. Present

No report filed.

**GSLS** - See BOD packet for financial report.

**EARLY CHILDHOOD ED.** - Theresa Yeager

Fall enrollment is down due to COVID: CPS options and stable groups. There is still a need for one Pre-K teacher, 2-day Kitchen Assistant and afternoon staff. Pastor McCalley will take over chapel at the beginning of the fall semester. TLCLC was issued a new license to operate that will expire on 8/31/21. New law passed that changes the way licenses will expire. There will be more information to come on this subject. Atkins was hired for playground lawn care, new wipe

boards for Pre-K classes have been received, and foundation repair on 2/3 year old end of the building has been completed.

**ELDERS** - No Rep. Present

No report filed.

**EVANGELISM** - Robert Hall

No report filed.

**SOCIAL MINISTRY** - Angel Arnall

No report filed.

**STEWARDSHIP & FINANCE** - No Rep. Present

No report filed.

**TLC ENDOWMENT FUND** - Nick Couper

See BOD packet for complete report.

**TRUSTEES** - Charlie Cott

No report filed.

**YOUTH** - Chris Bailey

No report filed.

**COMMITTEE REPORTS:**

**EXECUTIVE COMMITTEE:** No report filed.

**TREASURER'S REPORT** - Jim Harms

August's Church income was \$47,994 with a year-to-date income for the period ending August 31, 2020 at \$377,511 (69.67% of the years \$541,875 budgeted income). August's Church expenditures was \$42,013 with a year-to-date expense total for the period ending August 31, 2020 at \$265,392 [53.78% of the years \$493,439 budgeted expenditures adjusted for Acct 519 - Pastor Contingency expenses (\$541,875 budget - \$48,436)]. The Church's year-to-date income over expenditures was \$112,119.

August's Learning Center income was \$49,021 with a year-to-date income for the period ending August 31, 2020 at \$371,794 (50.79% of the years \$732,000 budgeted income). August's Learning Center expenditures were \$52,781 with a year-to-date expense total for the period ending August 31, 2020 at \$415,646 (56.78% of the \$732,000 annual expenditure budget). Learning Center's year-to-date income over expenditures was a negative **(\$43,852)**.

Combined (Church and Learning Center) income over budgeted expenditures totaled \$68,267. However, this is reduced to a negative amount **(\$3,665)** after \$71,932 was paid in BOD & AOV approved expenditures.

Net operating cash available again decreased this last month to \$131,131. COVID-19 and AOV/BOV Motions/Approvals has greatly reduced the church's available cash to cover its day to day operations. At the end of August \$49,839 is readily available in the checking account when you exclude \$125 Petty Cash and \$81,166 of Money Market Reserves.

On April 14, Trinity received a \$109,500 SBA Paycheck Protection Program (PPP) forgivable 1% loan. These funds are being held in the Designated Accounts. Plan to apply to SBA this month for the loan to be forgiven.

August 31 Dedicated Accounts total \$402,308 which includes the \$109,500 PPP loan and \$205,000 Joan Quilling Estate Disbursement. Excludes the GSLS \$144,000 reserve held at

LCEF. Adjusted for (\$183.51) Lutheran Witness. Adjusted for (\$50.29) Books Ordered Mbrs.

August 31, 2020: Lutheran Church Extension Funds accounts total \$670,667. July 31, 2020 TLC LCMS Foundation Endowment Funds account value was \$103,767. Acct 995.1 TLC BOD/AOV App: \$2,111 expenses (\$1,318.20 - 4 wooden sanctuary chairs; \$408.87 - Lent lite supper; and \$384 - AOV meal) \$205,000 was disbursed to TLC from the Joan Quilling estate and shown in Designated Account 897.45. Funds can only be used for the specific purpose of improving or upgrading the facilities, educational programming, technology and enhancing personnel performance. A small final disbursement/settlement is forthcoming. Angel Arnall moved to approved the Treasurer's Report; seconded and approved.

OLD BUSINESS: None

NEW BUSINESS:

Together in Missions

Missouri District Nominations Elders approved the following slate of District nominations: District President - Rev. Dr. R. Lee Hagan First Vice President - Rev. Brian Thieme & Rev. Kristopher Morris Circuit Visitor - Rev. Kent Pierce \*Rev. Pierce is unable to now. Pastor Thieme recommended Rev. Joshua Ketelsen. Charlie Cott moved to recommend the slate of nominations; seconded and approved.

Request for Building Design Funds Lou Eggerding went over the request from the Building Committee in the BOD packet. Charlie Cott moved to approve \$15,800 in additional funds to complete the design for a lower-level entrance into the church basement; seconded. Discussion. It needs to be made clear to the AOV that the overall total needed for the design is \$25,800. \$10,000 remains from the original design authorization, so a net of \$15,800 additional is needed to complete the design. Approved.

Outside Doors to Gym (Trustees) Charlie Cott reported that the Trustees are replacing the double doors on the East side of the gym. Cost will be approximately \$4600.

Plan of Action (TLCLC Wage Adjustments) See Handout #1. Theresa Yeager moved to accept the TLCLC Wage Schedule proposed for January 1, 2021; seconded. Discussion. The BOECE should prepare their 2021 Budget with the proposed Wage Schedule. BOD does not need to approve at this time. Theresa Yeager withdrew the motion and Angel Arnall withdrew the second.

Plan of Action (Debt Forgiveness) See Handout #2. Jim Harms moved to forgive the \$173 tuition debt from May 2019 to TLCLC; seconded and approved.

ANNOUNCEMENTS:

Directory Angel Arnall reported the proof came late last week. She made minor adjustments and returned it.

The next Board of Directors meeting will be held on October 13, 2020.

Jim Harms needs 2021 Board Budgets by October 1, 2020.

October BOD start time will be 6:00 PM to include the Budget Meeting.

The next Assembly of Voters meeting will be held on September 20, 2020 in the Sanctuary.

Charlie Cott moved to adjourn at 8:12 PM & Pastor McCalley led the group in closing devotion.

Jacque Eckhoff, Secretary

**SEPTEMBER 20, 2020  
ASSEMBLY OF VOTERS' MINUTES  
(Draft Minutes - Yet to be Approved)**

The regular meeting of the Assembly of Voters was called to order on September 20, 2020 at 12:00p.m. Attendees included Gary Kespohl (Chairman), James Harms (Treasurer), Debbie Harms, Phil Glenn, Sylvia Glenn, Warren Harms, Ron Barrett, Barbara Barrett, Lorelee Adam, Dennie Haubein, Patti Haubein, Pete Easterhaus, Theresa Greer, Ken Greer, Carol Squires, Tom Myers, Karen Niederjohn, Carol Morrison, Pat Campbell, Laura Grise, John Frerking, Mary Frerking, Nick Couper, Norbert Pierson, Marian Kueck Pierson, Norma Keil, Lou Eggerding, Chris Kespohl, & Rev. Joseph McCalley.

Pastor McCalley led the opening devotion (LSB 861 Verse 1). Chairman Kespohl requested that Old Business be moved to the front. Ron Barrett moved to move Old Business to front of agenda; seconded and approved.

Phil Glenn moved to approve the agenda; seconded and approved.

Ron Barrett moved to approve Assembly of Voters Minutes of June 16, 2020; seconded and approved.

OLD BUSINESS:

Presentation of Audio/Visual Equipment for Livestreaming and Sanctuary Sound System Chris Kespohl presented a proposal recommended by the Audio/Visual Committee that addressed the current situation at TLC along with its needs/wants:

- † Permanent video capturing equipment and ability to broadcast live to TLC's website.
- † Remove and replace 20+ year old audio system, speakers and microphones, etc.
- † Replacing the audio system with online broadcast equipment essential.

Board of Elders recommended Live Streaming at TLC. Integration of monitors required. Pat Campbell moved that BOD be given the authority with Audio/Visual Committee consultation to spend up to \$50,000 to replace the sanctuary audio system and install a new video system. Funds to come from the Joan Quilling Trust Designated Account; seconded and approved.

PASTOR'S REPORT: Report on membership changes (information only):

In: Baptism of Lincoln Ray Larson on September 12, 2020 Confirmed August 16, 2020: Matthew Frerking, Chloe Gibson, Emma Gooch, Josie Kespohl, Aubri Linneman, J.R. Littell, Morgyn Smith, Shea Smith, Austin Starbuck, Sophia Thompson

Out: Lakieda Reeder, transfer to Family of Christ, Ashland, MO

#### FINANCIAL SECRETARY'S REPORT:

*[Editor's note: Please see the Financial Secretary's report to the Board of Directors on page 4 of this newsletter.]*

Ron Barrett moved to approve the Financial Secretary Report; seconded and approved.

#### TREASURER'S REPORT -

*[Editor's note: Please see the Treasurer's report to the Board of Directors on pages 4-5 of this newsletter.]*

Mary Frerking moved to approve the Treasurer's Report; seconded and approved.

BOARD REPORTS: Monthly reports for June, July, August, and September BOD are filed in Congregation Secretary Notebook. Following overviews are summaries:

CHRISTIAN EDUCATION: There will be no VBS this Summer. The BOCE is hoping to hold a VBS weekend this Fall. The Board is wanting to purchase a projector and screen to be used by the Sunday School/Confirmation classes. They would like to work with the Technology Committee before purchasing either item. Rally Sunday was held September 13, 2020. The BOCE will be looking for a full slate of new members for the upcoming year.

EARLY CHILDHOOD EDUCATION: Fall enrollment is down due to COVID: CPS options and stable groups. There is still a need for one Pre K teacher, 2-day Kitchen Assistant and afternoon staff. Pastor McCalley will take over chapel at the beginning of the fall semester. TLCLC was issued a new license to operate that will expire on 8/31/21. New law passed that changes the way licenses will expire. There will be more information to come on this subject. Atkins was hired for playground lawn care, new wipe boards for Pre-K classes have been received, and foundation repair on 2/3 year old end of the building has been completed.

ELDERS: No report filed

EVANGELISM: The Board of Evangelism is now fully staffed. The Sunday morning Fellowship Hour of coffee and donuts has been cancelled until the issues around the pandemic have been resolved.

PAROCHIAL EDUCATION: The remaining \$3,207.20 was split \$1,603.60 between Campus and Trinity.

SOCIAL MINISTRY: No report filed.

STEWARDSHIP AND FINANCE: No report filed.

TRINITY LUTHERAN CHURCH ENDOWMENT FUND: See AOV packet page 25.

TRUSTEES: No report filed.

YOUTH: The Board purchased a Cricut machine. Lisa Mefrakis was nominated and BOD approved to fill a spot in the Board.

#### COMMITTEE REPORTS:

EXECUTIVE COMMITTEE: No report filed.

KITCHEN COMMITTEE: See AOV packet page 26.

STEPHEN MINISTRY: See AOV packet page 27. TLC now has ten commissioned Stephen Caregivers! Elke Beltz, Theresa Yeager, Patty Smith, Mindy Cherrington,

Debbie Antel, Joanna McDowell, Barbara Barrett, Laura Grise, Jessica Murphy, and Larry McCoy.

Mid-meeting Devotion (LSB 861 verse 2)

#### NEW BUSINESS:

Architect Funds Request: Lou Eggerding presentation. Pat Campbell moved that \$25,800 be allocated from account 995.2 TLC Architect: \$10,292.24 plus additional funds for an architect design/engineer study to complete the design for a lower-level entrance in the church basement; seconded and approved.

Nominating Committee Members: Carey Smith and Debbie Derendinger elected by ballot. John Frerking moved ballots be destroyed; seconded and approved.

Sanitizer for TLCLC Kitchen: Phil Glen moved to approve up to \$7,500 to replace the TLCLC kitchen sanitizer when trustees determine replacement necessary: seconded and approved.

Missouri District Nominations: Dennis Haubein moved approval of the below slate; seconded and approved.

a. President - Rev. Dr. R. Lee Hagan

b. First Vice President - Rev. Brian Thieme & Rev. Kristopher Morris

c. Circuit Visitor - Rev. Joshua Ketelsen.

#### ANNOUNCEMENTS:

Stewardship Sunday will be October 4/5, 2020.

The next Board of Directors meeting will be held October 13, 2020.

The next Assembly of Voters meeting will be November 15, 2020.

Information on Board of Directors' Actions (No action by AOV).

Motion made to adjourn at 1:45PM; seconded and approved.

Pastor McCalley led the group in prayer and closing devotion (LSB 861 verse 3).

James Harms for Jacque Eckhoff, Secretary

Board of Directors reports and agenda items are due to the Church Office by noon on Friday, October 9, 2020.

The Board of Directors will meet Tuesday, October 13, 2020 at 6:00 p.m. in the Fellowship Hall.

The Assembly of Voters will meet Sunday, November 15, 2020 at 12:30 p.m. in the Sanctuary.

## PANDEMIC FATIGUE?

Chances are great that every single one of us is suffering from pandemic fatigue – the mental and emotional exhaustion that comes with the ongoing disruptions, stresses, and challenges we are currently facing. Your Stephen Caregivers would like to share some encouragement in that regard:

### Take care of yourself

- Follow community health guidelines
- Nourish your body and your soul daily
- Engage in daily Bible study and prayer
- Get restful sleep – not too little and not too much
- Engage in positive activities and limit negative influences
- Avoid unhealthy coping habits like excessive eating or drinking
- Stay informed but avoid worrying about national news and politics
- Control what you can and let the rest roll
- Accept uncertainty with serenity

### Connect with others

- Telephone a different church member at least once a week
- Share coping strategies to help get through this trying time in our lives
- Empathize with and encourage one another
- Write and mail a note to a friend

### Try something new

- Start a new tradition
- Explore new opportunities to be creative
- Keep a journal of your feelings, activities, words of wisdom, etc.
- Tackle a more difficult crossword puzzle or project
- Explore a community park and try to identify the trees and flowers

*Bear one another's  
burdens, and in this way you  
will fulfill the law of Christ.  
Galatians 6:2*

Whether you would like to talk about pandemic fatigue or other problems you are facing, the ten members of our first team of Stephen Caregivers are ready to listen, care, encourage, and provide emotional and spiritual support. They will meet with you privately by phone, by video chat, or in person when it is safe to do so. Having a Stephen Caregiver is free and completely confidential. If you think this might be helpful to you or someone you know, please contact Pastor Thieme or one of the other leaders.



In Christ,  
Your Stephen Ministry Leaders  
Pastor Brian Thieme: 573-445-2112 or [revthieme@trinity-lcms.org](mailto:revthieme@trinity-lcms.org)  
Larry McCoig (Elder): 660-247-3026 or [lmomc@yahoo.com](mailto:lmomc@yahoo.com)  
Joanna McDowell: 573-881-4138 or [mcdowellfamily@centurytel.net](mailto:mcdowellfamily@centurytel.net)  
Debbie Antel: 573-819-3140 or [debbieantel@gmail.com](mailto:debbieantel@gmail.com)



## MyAnalytics

As an organization, the LCMS uses the Microsoft suite of solutions to keep us on task, organized, and in sync with one another. Weekly, I get an automated "MyAnalytics" email that I come thiiiiis close to deleting immediately, but it turns out they're chock full of enlightening stats. Hence...

### 5 Insights into My Work Habits

1. I had 12 "quiet days" (no activity between 7 am and 6 pm) in August.
2. My calendar is typically < 30% booked at the start of each week (but I send 31% of meeting invites with < a day's notice).
3. I emailed/chatted/met with 61 people in the past 4 wks. (302 in the past 12 mos.).
4. I spend about 15% of my time (8.5 hrs./wk.) in meetings.
5. I sent 194 and read 463 emails in the past 4 wks.

(If you received a hard copy of this and would like to help me be green and save on postage, please send an email to [erin.mackenzie@lcms.org](mailto:erin.mackenzie@lcms.org).)

### I Hear Ya, Buddy

Many times in a familiar Scriptural account, something new jumps out at me. I forget about other, more obscure accounts until re-reading them jogs my memory. Scripture is static, but our volatile circumstances mean the lens through which we read it changes. I remember exactly where I was along the path at the botanical garden recently, with my Bible reading app pulled up on my iPhone, when I came to Ezekiel 3:15 and stopped short.

Allow me to set the stage. God uses a marvelous vision (winged creatures! wheels with eyes!) to call Ezekiel to preach judgment for rebellion—and later restoration—to his own, exiled people. Chapter three opens with God exhorting Ezekiel to preach exactly as instructed, regardless of his listeners' receptivity. Then, an earthquake rumbles as Ezekiel is lifted up in the Spirit and brought into his target audience's midst on the banks of the Chebar canal.

The prophet then confesses:

*And I sat there overwhelmed among them seven days.*

A guy with a book of the Bible named for him spent a full week going *I can't EVEN*. I hear ya, buddy, especially of late. But Ezekiel didn't stay there. He got up. He preached. He followed some bazaar-sounding instructions that involved laying on his side, baking barley cakes over cow dung, and digging through walls. He heeded God's call, and God used him mightily.

I feel as though I haven't had time to sit anywhere for any length of time. Rather, God has used these and other passages from His Word, along with the reassurances and intercessions of so many others, to keep me going when what's asked of me looms large. He has called me to this work, and He will use *me* mightily as I heed the voice of that call.





### Praises and Petitions

1. Thanksgiving for a permanent pastor for Safe Harbour Lutheran Church (Cayman Islands): the Rev. Gerald Paul and wife Heidi.
2. Thanksgiving for the 9/20 ordination of Rev. Guillermo Levya, a CMSCR graduate, at Iglesia Luterana Todos los Santos in Guadalajara, Mexico.
3. Thanksgiving for the faithful service of the DiLiberto family (PR), transitioning to a call in the US this month.
4. For the Fritzler family at the loss of Rev. Sergio's mother, Edith.
5. For the LCMS Board of International Mission and its 9/24-25 meeting.

### STAY and SEE

Conversations about when and how LAC can responsibly host in-person volunteers again are swirling. Until that day comes, I'm beyond thrilled to share an opportunity to **STAY** at home (even in your PJs...no judgment) yet **SEE** what God is doing in the DR. You heard right—I'm helping pilot a 100% online mission "trip" **November 18-22, 2020**. Weekday evening and weekend interactive Zoom sessions will highlight the various facets of the Church's work here through live presentations, virtual tours, cultural exploration, and plenty of facetime with missionaries from all walks of life.

This is for **YOU** if you've ever desired a deeper understanding of my role on the field; would relish an immersive experience but are unable to travel for health, economic, or other reasons; or are seeking a stepping stone on the path to possible short- or long-term missionary service in the future.

Head to [lcms.org/servenow](https://lcms.org/servenow) to sign up!

Top to bottom: Me with baby Inés and her beautiful mamá, Yoxa; the inedible *higüero* (calabash), on full display at the botanical garden these days, is often hollowed out and used to make things like musical instruments, vessels, and home décor; the back row at the seminary opening service on 9/6—future seminarians?!

### Home Service Corner

Due to COVID-19, my home service plans are on pause indefinitely.



### Quote of the Month

"Play is the highest form of research." —Albert Einstein

To support the LCMS through me, you may give a tax-deductible gift...

- **online**, securely from any device: [lcms.org/givenow/mackenzie](https://lcms.org/givenow/mackenzie);
- by **calling** a donor care representative: 1-888-843-5267; or
- by **sending a check** (with "Mackenzie/Latin America" on the memo line) to:
  - ⇒ LCMS, PO Box 66861, St. Louis, MO 63166-6861; or
  - ⇒ Mission Central, 40718 Highway E 16, Mapleton, IA 51034.



# OCTOBER

## Birthdays & Anniversaries

<b>2</b> Sarah Arnall	<b>12</b> Cana Provost	<b>23</b> Ron Barrett	Lucas & Lisa Stockhorst.....Oct. 5, 2013
<b>3</b> Judy Grant Tobi McCool Donald Scharlott Adam Schaumburg	<b>13</b> Adrienne Martin Marilyn Simmons	Abby Berendzen Izzy Berendzen Sue Ellen Morris	Marty & Sherry Wohlgemuth.....Oct. 5, 1996
<b>4</b> Theresa Greer	<b>14</b> Chelsea Browner Mary Raisch Zach Schulte	<b>24</b> Jayce Earnhart Lawrence Propp, Jr.	Don & Debbie Cameron.....Oct. 7, 1989
<b>5</b> Jean Crowson Dana Rakers	<b>15</b> Michael Antel Donna Pfeiffer Barbara Schuette	<b>26</b> Jeff Dickes Marvin Koop Don Malson	Tim & Joni Schaumburg.....Oct. 10, 1981
<b>6</b> Hayden Fick Amanda Stine	<b>16</b> Barbara Barrett	<b>27</b> Kaleb Burns Daniel Hartman Sarah Thieme	Dennis & Carol Weinhold .....Oct. 13, 1984
<b>7</b> Nick Cook Carly Samuel	<b>17</b> Buck Katt Marli Yoder	<b>28</b> VeNora Klussman Susan Malson	Jeff & Callie Dickes.....Oct. 15, 2016
<b>8</b> Dave Cherrington	<b>18</b> Debbie Cameron Michelle Gastler	<b>29</b> Jessica Murphy	Richard & Judy Grant .....Oct. 16, 1982
<b>10</b> Lori Dickes Sierra Grimm Nathan Ousley Susan Reynolds	<b>19</b> Marley Escamilla Dianne Jeide	<b>30</b> Pete Easterhaus Myra McCoig	John & Mary Frerking .....Oct. 16, 1999
<b>11</b> Joey Patrick Melissa Remer-Phifer Matthew Schuster	<b>20</b> Olivia Bailey		Dave & Suzanne Hart.....Oct. 17, 1978
	<b>22</b> Aileen Gannon Paul Walz		Patrick & Melissa Fitzgerald.....Oct. 20, 2012
			Randy & Keri Thoroughman.....Oct. 20, 2006
			Carlos & Barb Sanchez.....Oct. 21, 1995
			Travis & Karen Provost .....Oct. 22, 2011
			Rev. Brian & Sarah Thieme .....Oct. 25, 1997
			Richard & Tammy Mangold .....Oct. 26, 2002
			Mike & Tawnya Samuel .....Oct. 27, 2007
			Christian & Teri Cantwell.....Oct. 29, 2005



### LIFE TEAM UPDATE



The Life Team has been meeting regularly since June. We continue to work on our homebound project which involves phone calls and cards for those who can no longer join us in fellowship at church. We also held a livestreaming event on September 26 from Focus on the Family, and we hope if you did view it with us, that you were able to watch from home. We held a voter registration drive in September, and we also made available leaflets from LFL entitled "Abortion as an Election Issue." If you did not have a chance to get a leaflet, contact Phyllis White at [bandp@socket.net](mailto:bandp@socket.net), and one will be mailed to you. We also finally got our license to show the movie "Unplanned," and we are making plans to show it in the spring.

Blessings to all, the Life Team



# October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>27</b> 8a Worship Service 930a Sunday School 1030a Worship Service 3p Sr. Youth 330p Pickleball 6p JCC	<b>28</b> 6p Worship Service	<b>29</b> 6p Stephen Ministry Training	<b>30</b> 845a TLCLC Chapel 5p Pickleball  REV. MCCALLEY'S DAY OFF	<b>1</b> 630a Men's Bible Study 845a TLCLC Chapel 1100a Chapel w/ Communion @ Lenoir Woods	<b>2</b> REV. THIEME'S DAY OFF	<b>3</b>
<b>4</b> 8a Worship Service w/Communion 930a Sunday School 1030a Worship Service w/ Communion 3p Sr. Youth 330p Pickleball 6p JCC	<b>5</b> 9a Bible Study 430p Special Worship Service w/ Communion 6p Worship Service w/Communion	<b>6</b>	<b>7</b> 845a TLCLC Chapel 5p Pickleball  REV. MCCALLEY'S DAY OFF	<b>8</b> 630a Men's Bible Study 845a TLCLC Chapel	<b>9</b> REV. THIEME'S DAY OFF	<b>10</b>
<b>11</b> 8a Worship Service 930a Sunday School 1030a Worship Service 3p Sr. Youth 330p Pickleball 6p JCC	<b>12</b> 9a Bible Study 6p Worship Service	<b>13</b> 6p Vesper Guild 7p Bd of Directors	<b>14</b> 845a TLCLC Chapel 930a Mary Martha Guild 5p Pickleball  REV. MCCALLEY'S DAY OFF	<b>15</b> 630a Men's Bible Study 845a TLCLC Chapel 1100a Chapel w/ Communion @ Lenoir Woods	<b>16</b> REV. THIEME'S DAY OFF	<b>17</b>
<b>18</b> 8a Worship Service w/Communion 930a Sunday School 1030a Worship Service w/ Communion 3p Sr. Youth 330p Pickleball 6p JCC	<b>19</b> 9a Bible Study 430p Special Worship Service w/ Communion 6p Worship Service w/Communion	<b>20</b> 6p Stephen Ministry Training	<b>21</b> 845a TLCLC Chapel 5p Pickleball 530p Life Team  REV. MCCALLEY'S DAY OFF	<b>22</b> 630a Men's Bible Study 845a TLCLC Chapel 6p Bd of Elders	<b>23</b> REV. THIEME'S DAY OFF	<b>24</b>
<b>25</b> 8a Worship Service 930a Sunday School 1030a Worship Service 3p Sr. Youth 330p Pickleball 6p JCC	<b>26</b> 9a Bible Study 6p Worship Service	<b>27</b>	<b>28</b> 845a TLCLC Chapel 5p Pickleball  REV. MCCALLEY'S DAY OFF	<b>29</b> 630a Men's Bible Study 845a TLCLC Chapel	<b>30</b> REV. THIEME'S DAY OFF	<b>31</b>

TRINITY LUTHERAN CHURCH  
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**WORSHIP SERVICE TIMES:**

**SUNDAY 8:00 A.M. & 10:30 A.M.**

**MONDAY 6:00 P.M.**

**BIBLE STUDY & SUNDAY SCHOOL:**

**SUNDAY 9:15 A.M.**

**PHONE: 573-445-2112**

**FAX: 573-445-4078**

**EMAIL: CHURCH@TRINITY-LCMS.ORG**

**WEBSITE: TRINITY-LCMS.ORG**

**ARTICLE SUBMISSIONS**

Items for the monthly *News of the Son* are due to the church office by noon on the 25th of the month (or the previous Friday if the 25th falls on a weekend).

Announcements for the *Trinity Weekly News* are due to the church office by noon each Thursday. Announcements of 75-100 words are preferred.

**Dear Church Family,**

**Please contact the Church Office when:**

- a member of your family is admitted to the hospital so visits can be made
- someone you know is very ill or has passed away
- your class, board, or group would like to use the church for a meeting or event so it can be scheduled on the church calendar
- your contact information or address changes
- a new baby arrives in your family
- a member of your family leaves home for college, joins the military, or is getting married
- you would like to have a member call you to visit or assist you in some way
- you have a prayer request
- you would like to share your time and talents
- you feel the church can assist you in any way