Trinity Evangelical Lutheran Church

"A family where Christ is Head and the entire congregation are ministers."

Rev. Dr. Matthew Prince ~ Vacancy Pastor Jana Kuenzli ~ Director of Music

the WISEstill SEEKHIM

6001 Granby Street Norfolk, VA 23505 757-489-2551 www.trinitylutherannorfolk.org



If you have a smart phone or tablet computer you can scan this code and the complete Order of Worship will appear on your screen.

WiFi Password – HelloFriend

Good Morning! We welcome you today as a part of God's family here at Trinity! We hope that your experience here is meaningful and will be lasting.

Trinity is a liturgical Lutheran church using the Divine Service as written in the Lutheran Service Book. Today's Divine Service is printed for you in this bulletin. Today's service is being live streamed to YouTube and will be available later in the day on Trinity's Facebook page and Website. The receiving of communion will not be recorded to preserve the sanctity of the sacrament. During this time, the recording will be directed to the stained-glass window above the altar so communion hymns can still be shared. By entering the service, you consent to the video recording to be used for live streaming, inclusion on our web site and Facebook, and/or any other purpose by Trinity Evangelical Lutheran Church.

Visitors – We are so happy you are joining us for Worship today. If this is your first visit at Trinity, please take a moment to complete the Visitor Card found in front of you in the pew. Then place the card in the Offering Plate as it is passed during the service.

PRAYERS HAVE BEEN REQUESTED FOR – Flo and Richard Ball, Janet Eddy, Chuck Edsall, Pastor Charles Froehlich, Pat Gregory, Terry Ingmire, Jan Knickelbein, Julie and Sam Locklear, Mary Ann Medlin, Bob and Carol Petrie, Sherrie Schirmer, Boyd Sylvester, and Linda Vernick.

HOLY COMMUNION – In the Sacrament of Holy Communion our Lord Jesus comes to us with **His very body and blood** to eat and to drink **for the forgiveness of sins** and **to strengthen our union with Him and with one another**. He invites to His table those who trust His words, **repent of all their sin** and forgive and love one another as He forgives and loves us.

Because those who eat and drink our Lord's body and blood unworthily do so to their great harm and because **Holy Communion is a confession of the faith** which is confessed at this altar, any who are not yet instructed or who hold a confession differing from that of this congregation and the LCMS, and yet desire to receive the Sacrament, are asked to **speak with the Pastor before communing**.

For further study, see Matt. 5:23ff, 10:32ff, 18:15-35, 26:26-29; Acts 2:38, 42; 1 Cor. 10:16, 11:17-34

Other Christians and children who have not completed instruction may come forward, cross their arms over their chest and receive a blessing. **During distribution, the Common Cup will be offered first followed by the Individual Cup.** For those who prefer it for any reason, the cups in **the center of the tray contain a grape juice option**. Please let the pastor know if you need a **Gluten Free wafer**.

(Before communing, we ask that first time guests and visitors please speak with the Pastor.)

	Today's Worship Participants
Greeter	Orry Watts
Ushers	Errol Jennings and Anne Starke
Lector	Carroll Smith
Communion Assistant	Roger Medlin
Video Stream	Dave Petri
Host/Hostess	LWML Bake Sale
	Participants for Next Sunday
Greeter	John Malone
Ushers	TBA
Lector	Boyd Sylvester
Communion Assistant	Dave Petri
Video Stream	Kevin Heckman
Host/Hostess	LWML

The Fourth Sunday after the Epiphany January 28, 2024 **Divine Service Setting One Organ Prelude** From Heaven On High the Angels Came Luther Welcome and Announcements **Call to Worship** Stand and face the Processional Cross (rear of the Church) **Processional Hymn** Sing Praise to God, the Highest Good LSB 819 God, the 1 Sing high - est good, The au-thor of praise to cre -2 What God's al - might - y pow'r has made, In mer - cy He is 3 We sought the Lord in our dis-tress; O God, in mer cy shall for - sake His flock, His cho-sen 4 He nev - er gen er -5 All who con - fess Christ's ho - ly name, Give God the praise and tion, The God of love who der - stood un а ning shade keep ing. By morn - ing glow or eve -Our Sav - ior hear us. saw our help - less - ness their rock, tion; He is their ref uge and a glo ry. Let all who know His pow'r pro - claim Our need for His sal - va tion. With heal-ing balm our -His eye is nev er sleep ing. With - in the king - dom And came with peace to cheer us. For this we thank and with a Their peace and their sal - va tion. As moth - er's loud the won - drous sto Cast ev - 'ry i - dol A _ ry. souls He fills And 'ry faith less stills: ev -mur mur His might of All things are just and good and right: praise the Lord, Who is by one and all a - dored: He cho ten der hand, leads His own, His band: sen throne, For God is God, and He a - lone: from its То God all praise and glo ry! glo То God all praise and ry!

Text: Johann Jacob Schütz, 1640–90; (sts. 1–3, 5): tr. Frances E. Cox, 1812–97, adapt.; (st. 4): tr. Catherine Winkworth, 1827–78, adapt. Tune: Melchior Vulpius, c. 1570–1615 Text and tune: Public domain

Confession and Absolution

The sign of the cross may be made by all in remembrance of their Baptism.

- \mathbf{P} In the name of the Father and of the + Son and of the Holy Spirit.
- **C** Amen.
- \mathbf{P} If we say we have no sin, we deceive ourselves, and the truth is not in us.
- **C** But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness.

Silence for reflection on God's Word and for self-examination.

- **P** Let us then confess our sins to God our Father.
- **C** Most merciful God, we confess that we are by nature sinful and unclean. We have sinned against You in thought, word, and deed, by what we have done and by what we have left undone. We have not loved You with our whole heart; we have not loved our neighbors as ourselves. We justly deserve Your present and eternal punishment. For the sake of Your Son, Jesus Christ, have mercy on us. Forgive us, renew us, and lead us, so that we may delight in Your will and walk in Your ways to the glory of Your holy name. Amen.
- Almighty God in His mercy has given His Son to die for you and for His sake forgives you all your sins. As a called and ordained servant of Christ, and by His authority, I therefore forgive you all your sins in the name of the Father and of the + Son and of the Holy Spirit.
- **C** Amen.

Service of the Word

Introit

C Many are the sorrows of the wicked,

but steadfast love surrounds the one who trusts in the LORD.

Blessed is the one whose transgression is forgiven,

whose sin is covered.

Blessed is the man against whom the LORD counts no iniquity,

and in whose spirit there is no deceit.

I acknowledged my sin to you, and I did not cover my iniquity;

I said, "I will confess my transgressions to the LORD," and you forgave the iniquity of my sin.

Therefore let everyone who is godly offer prayer to you at a time when you may be found;

surely in the rush of great waters, they shall not reach him.

You are a hiding place for me; you preserve me from trouble;

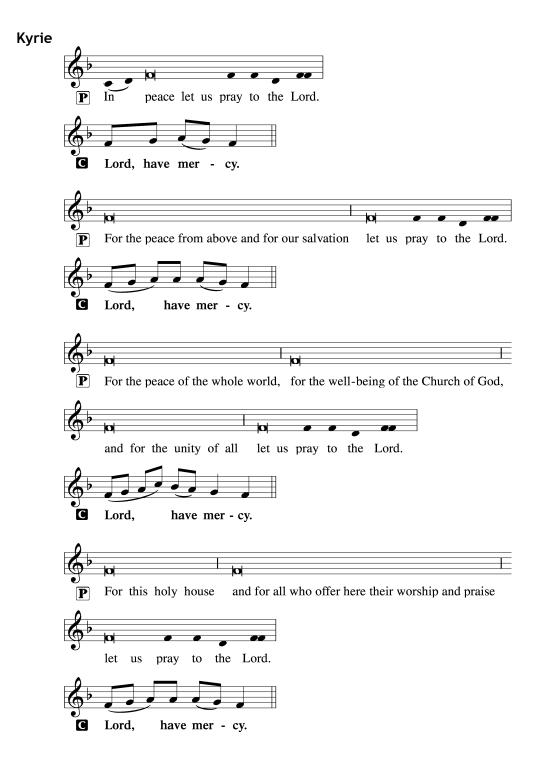
you surround me with shouts of deliverance.

Glory be to the Father and to the Son

and to the Holy Spirit;

as it was in the beginning,

is now, and will be forever. Amen.





Salutation and Collect of the Day

- **P** The Lord be with you.
- **C** And also with you.
- **P** Let us pray.

C Almighty God, You know we live in the midst of so many dangers that in our frailty we cannot stand upright. Grant strength and protection to support us in all dangers and carry us through all temptations; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Sit

Old Testament Reading

Deuteronomy 18:15–20

¹⁵"The LORD your God will raise up for you a prophet like me from among you, from your brothers—it is to him you shall listen—¹⁶just as you desired of the LORD your God at Horeb on the day of the assembly, when you said, 'Let me not hear again the voice of the LORD my God or see this great fire any more, lest I die.' ¹⁷And the LORD said to me, 'They are right in what they have spoken. ¹⁸I will raise up for them a prophet like you from among their brothers. And I will put my words in his mouth, and he shall speak to them all that I command him. ¹⁹And whoever will not listen to my words that he shall speak in my name, I myself will require it of him. ²⁰But the prophet who presumes to speak a word in my name that I have not commanded him to speak, or who speaks in the name of other gods, that same prophet shall die.'''

- **L** This is the Word of the Lord.
- **C** Thanks be to God.

Gradual

С

Praise the LORD, all nations! Extol him, all peoples! For great is his steadfast love toward us, and the faithfulness of the LORD endures forever. Ascribe to the LORD the glory due his name; bring an offering, and come into his courts!

Epistle

1 Corinthians 8:1–13

¹Concerning food offered to idols: we know that "all of us possess knowledge." This "knowledge" puffs up, but love builds up. ²If anyone imagines that he knows something, he does not yet know as he ought to know. ³But if anyone loves God, he is known by God.

⁴Therefore, as to the eating of food offered to idols, we know that "an idol has no real existence," and that "there is no God but one." ⁵For although there may be so-called gods in heaven or on earth—as indeed there are many "gods" and many "lords"— ⁶yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

⁷However, not all possess this knowledge. But some, through former association with idols, eat food as really offered to an idol, and their conscience, being weak, is defiled. ⁸Food will not commend us to God. We are no worse off if we do not eat, and no better off if we do. ⁹But take

care that this right of yours does not somehow become a stumbling block to the weak. ¹⁰For if anyone sees you who have knowledge eating in an idol's temple, will he not be encouraged, if his conscience is weak, to eat food offered to idols? ¹¹And so by your knowledge this weak person is destroyed, the brother for whom Christ died. ¹²Thus, sinning against your brothers and wounding their conscience when it is weak, you sin against Christ. ¹³Therefore, if food makes my brother stumble, I will never eat meat, lest I make my brother stumble.

L This is the Word of the Lord.

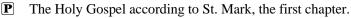
C Thanks be to God.

Stand



Holy Gospel

Mark 1:21–28





²¹They went into Capernaum, and immediately on the Sabbath [Jesus] entered the synagogue and was teaching. ²²And they were astonished at his teaching, for he taught them as one who had authority, and not as the scribes. ²³And immediately there was in their synagogue a man with an unclean spirit. And he cried out, ²⁴"What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God." ²⁵But Jesus rebuked him, saying, "Be silent, and come out of him!" ²⁶And the unclean spirit, convulsing him and crying out with a loud voice, came out of him. ²⁷And they were all amazed, so that they questioned among themselves, saying, "What is this? A new teaching with authority! He commands even the unclean spirits, and they obey him." ²⁸And at once his fame spread everywhere throughout all the surrounding region of Galilee.

P This is the Gospel of the Lord.



Children's Message

Entrust Your Days and Burdens Hymn of the Day LSB 754 1 En - trust dens To God's most lov - ing your days and bur 2 Re - 1 yGod your Sav ior And find your life on se 3 Take heart, And do be dis have hope, my spir it, not -4 Leave all to His di rec tion: His wis - dom rules for you while hand: He cares for rul ing The Make That cure. His work your foun da tion mayed; God helps in ev - 'ry tri al And you In ways to rouse your won der At h 4 sky, the the land. For He who guides the sea. dure. No ious thought, no work en anx your may -makes you fraid. A wait His time un а _ with all His love can do. Soon He. His prom - ise h Will pests A long their thun - d'rous ways tem _ No self tor - ment - ing care Can wor ry, Through dark Un pa tience est hours of night With Will keep ing, won der - work - ing pow'rs find guide all your days. for you а path - way And you win vor; your Fa - ther's fa -His heart is moved by prayer. lights til the sun you hoped for De ger sight. your ea ban - ish from your spir - it What gave vou trou - bled hours. 5 O blessèd heir of heaven. 6 Our hands and feet, Lord, strengthen; You'll hear the song resound With joy our spirits bless Until we see the ending Of endless jubilation When you with life are crowned. Of all our life's distress. In your right hand your maker And so throughout our lifetime Will place the victor's palm, Keep us within Your care And you will thank Him gladly And at our end then bring us To heav'n to praise You there. With heaven's joyful psalm.

Text: Paul Gerhardt, 1607–76; (sts. 1–5): tr. F. Samuel Janzow, 1913–2001, alt.; (st. 6): tr. Lutheran Service Book, 2006 Tune: Stephen R. Johnson, 1966, Tune: © 2002 Stephen R. Johnson. Used by permission: LSB Hymn License no. 110005340

Sermon

Stand

Apostles' Creed

C I believe in God, the Father Almighty, maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life ++ everlasting. Amen.

Sit

Offering Loose coins directly support LCMS families studying for the ministry through Coins for Christ.

Members, Returning Visitors and Active Guests –

Please take this time to sign-in the Welcome Book found at the end of your pew.



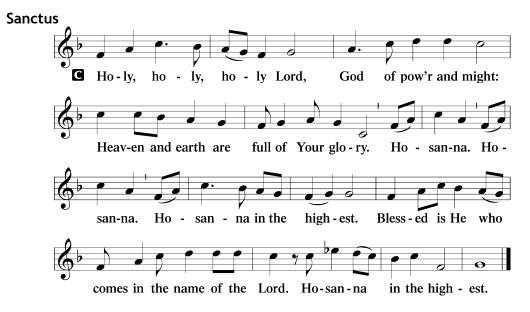
Prayer of the Church

- **P** Lord, in your mercy...
- **C**hear our prayer.

Service of the Sacrament

Preface

- **P** The Lord be with you.
- **C** And also with you.
- **P** Lift up your hearts.
- **C** We lift them to the Lord.
- **P** Let us give thanks to the Lord our God.
- **C** It is right to give Him thanks and praise.
- ▶ It is truly good, right, and salutary that we should at all times and in all places give thanks to You, holy Lord, almighty Father, everlasting God, through Jesus Christ, our Lord; for what had been hidden from before the foundation of the world You have made known to the nations in Your Son. In Him, being found in the substance of our mortal nature, You have manifested the fullness of Your glory. Therefore with angels and archangels and with all the company of heaven we laud and magnify Your glorious name, evermore praising You and saying:



Prayer of Thanksgiving

Blessed are You, Lord of heaven and earth, for You have had mercy on those whom You created and sent Your only-begotten Son into our flesh to bear our sin and be our Savior. With repentant joy we receive the salvation accomplished for us by the all-availing sacrifice of His body and His blood on the cross.

Gathered in the name and the remembrance of Jesus, we beg You, O Lord, to forgive, renew, and strengthen us with Your Word and Spirit. Grant us faithfully to eat His body and drink His blood as He bids us do in His own testament. Gather us together, we pray, from the ends of the earth to celebrate with all the faithful the marriage feast of the Lamb in His kingdom, which has no end. Graciously receive our prayers; deliver and preserve us. To You alone, O Father, be all glory, honor, and worship, with the Son and the Holy Spirit, one God, now and forever.

C Amen.

The Words of Our Lord

P Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, He broke it and gave it to the disciples and said: "Take, eat; this is My +→ body, which is given for you. This do in remembrance of Me."

In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying: "Drink of it, all of you; this cup is the new testament in My H blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

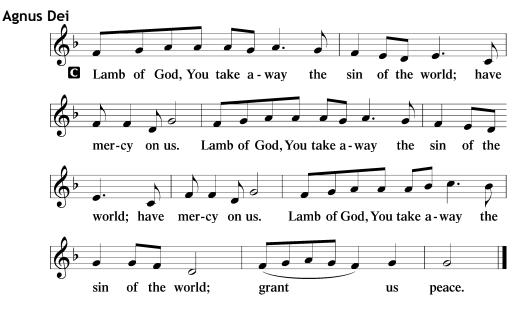
- P As often as we eat this bread and drink this cup, we proclaim the Lord's death until He comes.
- **C** Amen. Come, Lord Jesus.
- P O Lord Jesus Christ, only Son of the Father, in giving us Your body and blood to eat and to drink, You lead us to remember and confess Your holy cross and passion, Your blessed death, Your rest in the tomb, Your resurrection from the dead, Your ascension into heaven, and Your coming for the final judgment. So remember us in Your kingdom and teach us to pray:

Lord's Prayer

C Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven; give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory forever and ever. Amen.

Pax Domini

- **C** Amen.



Sit

Please respect the time of silence at the beginning of the Eucharist before the Distribution Hymns are begun. While this is time for some to commune it is also a time for introspection and helps quiet our imagination, our worries and our toils so as to join our hearts to the prayers and be fully attentive to whatever the Holy Spirit should inspire in us. This silence is an active, not a passive disposition. This form of interior silence does not impede, and indeed favors, full and active participation in those parts of the celebration where the community is united in acclamation and song, for each person is more fully aware of what he or she is doing.

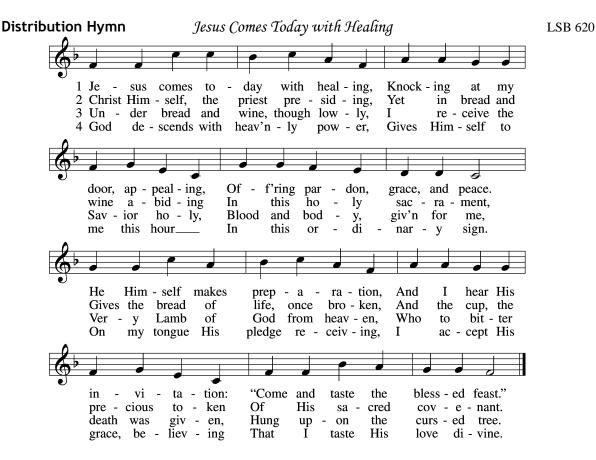
Distribution

The body and blood of Christ are distributed to those who come to receive.

The Common Cup will be offered first followed by the Individual Cup.

In dismissing the communicants, the following is said:

- The body and blood of our Lord Jesus Christ strengthen and preserve you in body and soul to life everlasting. Depart + in peace.
- C Amen.



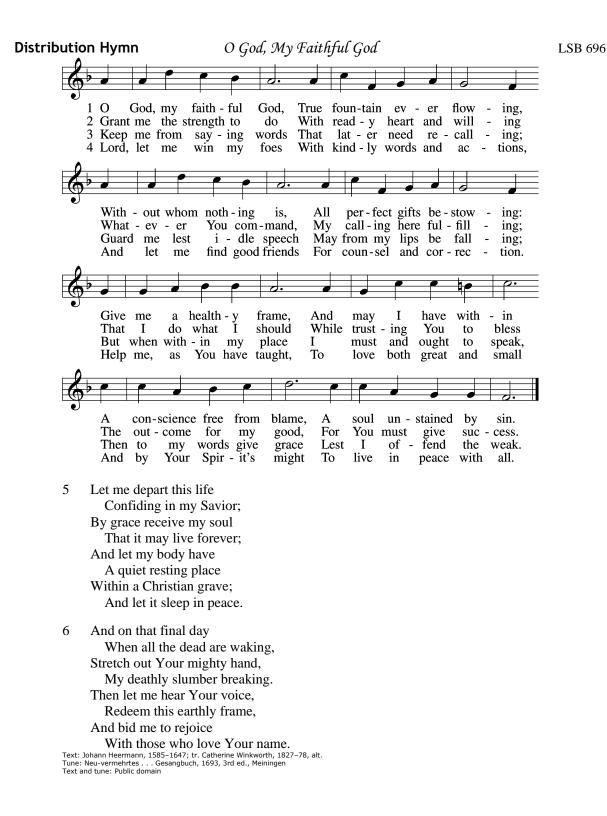
- 5 Let me praise God's boundless favor, Whose own feast of love I savor, Bidden by His gracious call.
 Wedding garments He provides me, With a robe of white He hides me, Fits me for the royal hall.
- 6 Now have I found consolation, Comfort in my tribulation, Balm to heal the troubled soul.

God, my shield from ev'ry terror,

Cleanses me from sin and error,

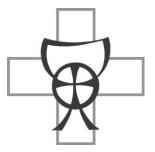
Makes my wounded spirit whole.

Text: Heinrich Puchta, 1808–58; tr. David W. Rogner, 1960 Tune: Johann Löhner, 1645–1705; adapt. Johann Balthasar König, 1691–1758 Text: © David W. Rogner. Used by permission: LSB Hymn License no. 110005340 Tune: Public domain

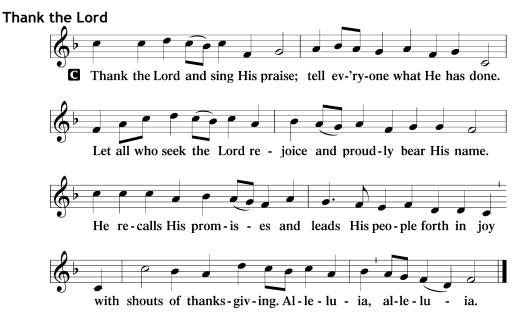




Text and tune: Public domain



Stand



Post-Communion Collect

- **P** Let us pray.
- C We give thanks to You, almighty God, that You have refreshed us through this salutary gift, and we implore You that of Your mercy You would strengthen us through the same in faith toward You and in fervent love toward one another; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

Benediction

The Lord bless you and keep you. The Lord make His face shine on you and be gracious to you. The Lord look upon you with favor and + give you peace.

C Amen.



Sharing the Peace of Christ

- **P** Go in peace and serve the LORD.
- **C** Thanks be to God.

Following the service, the people may greet one another in the name of the Lord, saying, "Peace be with you," as a sign of reconciliation and of the unity of the Spirit in the bond of peace (Matt. 5:22–24; Eph. 4:1–3).

Organ Postlude

Triune God, Be Thou Our Story

arr. Kohrs

Acknowledgments - Divine Service, Setting One from Lutheran Service Book. Reprinted with permission. Unless otherwise indicated, all scripture quotations are from *The* Holy Bible, English Standard Version, copyright © 2001 by Crossway Bibles, a division of Good News Publishers. Used by permission. All rights reserved. Created by Lutheran Service Builder © 2024 Concordia Publishing House.

Song Lyrics used by permission: LSB Hymn License no. 110005340 Permission to podcast/stream the music in this service obtained from ONE LICENSE, License #737798-A. All rights reserved.

Annual Giving/Financial Statements for 2023 are available in the Welcome Center today. Please pick up your statement to help us save on postage. If you have any questions, please contact Anne in the Church Office at 757-489-2551.

LWML BAKE SALE - Please stop by the Welcome Center after the Worship Service and pick up something to help support Rachel and Susan Prince's Team on their mission trip to the Dominican Republic through Greenbrier Christian Academy.

In preparation for our new 2024 Church Directory - If your picture is out of date or missing, please see Patty Malone after service to have a picture taken. Also, if there are changes to be made to your contact information, please let the Church Office know.

LWML News - Love Boxes for our deployed military and college students will be packed on Saturday, February 3rd at 10:00 am. If you have a student currently attending college or a deployed military member in your immediate household, please let the Church Office know, along with any address changes so that they can be added to our listing. Presently we have three known college students.

Our Shrove Tuesday Pancake Supper will be held on Tuesday, February 13th from 5:30 to 7:00 pm! Many hands make for light work. We will need volunteers to help with the preparation (4:00-5:30 pm), serving (5:30-7:00 pm) and clean-up (6:30-7:30 pm). Sign-up sheets can be found in the Welcome Center for volunteers and to let us know you plan on attending. A free-will offering will be collected to support LWML missions and Trinity's MTFF. Please plan to join us for this fellowship opportunity as we prepare for Lent with a meal of pancakes, sausage, bacon, and baked apples.

ASH WEDNESDAY WORSHIP SERVICE, February 14th at 7:00 pm. Please join us for this Service as we begin our Lenten time of the Church Year. In effect, the Ash Wednesday Service sets the scene for the forty days of reflection to follow. As is our custom, during the evening service ashes are placed by the pastor on the foreheads of worshipers in the sign of the Cross. In this act we are reminded that we are human and therefore will ourselves return to dust. Ash Wednesday allows us not to retreat from life, but to begin to once again recognize the profound gift of grace and new life that we find in Jesus. It is a way of recognizing that the love of God is real and the beginning of a meaningful life.

Soup Suppers will be held prior to our Lenten Wednesday night services. Hostesses and Soup Providers (6-8 quart pot and 2 loaves of French or Italian style bread) are needed. Sign-up sheets will be posted soon. Soup and bread will be served from 5:30 - 6:30 pm. Lenten Services will begin at 7:00 pm.

Welcome Center – Have you been enjoying the coffee, snacks and fellowship in the Welcome Center on Sunday mornings? This is all done under the hat of LWML. Each Sunday we are looking for Welcome Center Hostesses to bring a snack by signing up on the Hostess Sheet in the Welcome Center. The Hostess is responsible for setting up and cleaning up the food table. The first Sunday of each month is handled by a representative of the LWML in recognition of that month's birthdays. The LWML supplies: coffee, sugar, creamer, stirrers, plates, cups and napkins. Donations for the Snack/Coffee Fund are gladly accepted in the container by the coffee pots.

THIS WEEK AT TRINITY

Sunday, January 28 th	Fourth Sunday after the Epiphany	
	Sunday School/Adult Bible Class	9:00 am
	Communion Worship Service	10:00 am
	LWML Bake Sale	Following Worship
	Usher Training	Following Worship
Monday, January 29 th	Bowling League	6:30 pm
Thursday, February 1 st	Ladies Bible Study	11:30 am
	Men's Bible Study	6:30 pm
Saturday, February 3 rd	LWML Love Box Packing	10:00 am
Sunday, February 4 th	Fifth Sunday after the Epiphany	
	Sunday School/Adult Bible Class	9:00 am
	Communion Worship Service	10:00 am

Scriptures for February 4th

Isaiah 40:21-31 ~ 1 Corinthians 9:16-27 ~ Mark 1:29-39

Sunday, January 21, 2024 Worship Attendance - 75 General Offerings - \$6,626.66



In the event of inclement weather please visit our website at www.trinitylutherannorfolk.org and our Facebook page at TLCNorfolk for announcements concerning any cancellations. Notifications will also be sent by email to those with an email address on file and by phone to those who do not. Please do not rely on the notice being posted on the local news networks.