

## **New Edition of GriefShare – Week 11**

The 11<sup>th</sup> session, titled "Stuck in Grief" helps participants learn how to get unstuck, and how to avoid getting stuck. They'll discover:

- Being “stuck” in grief is not about time; it’s about not taking steps toward healing.
- Being stuck results from negative thought patterns.
- Bible reading & prayer defend against wrong thinking.

GriefShare is a bible-based support group for people who are grieving the death of a loved one. Each GriefShare session includes a 30-minute video, small group discussion, and participant guide study. There is a \$20 suggested donation, which covers the cost of all materials. To register, please visit **[www.griefshare.org](http://www.griefshare.org)** or text Deaconess Janet Nicol at **614-561-7411**.

If you are still struggling with or have questions about your grief, we encourage you to check out this **NEW** edition of GriefShare.