

## **New Edition of GriefShare – Week 7**

The 7<sup>th</sup> session, titled "Regrets" helps participants find freedom from troubling thoughts of regret. They'll discover:

- The importance of challenging your "if onlys."
- Better things to focus your thoughts on.
- God's response to your regrets.

GriefShare is a bible-based support group for people who are grieving the death of a loved one. Each GriefShare session includes a 30-minute video, small group discussion, and participant guide study. There is a \$20 suggested donation, which covers the cost of all materials. To register, please visit **[www.griefshare.org](http://www.griefshare.org)** or text Deaconess Janet Nicol at **614-561-7411**.

If you are still struggling with or have questions about your grief, we encourage you to check out this **NEW** edition of GriefShare.