

## GriefShare – Week 7

The 7<sup>th</sup> week session is titled, “**Guilt and Anger.**” This session explores how to deal with false guilt, how to grieve conflicted relationships, and how to handle grief-related anger. **Please note: we will NOT meet on Maundy Thursday, April 18.**

If you are grieving the death of a loved one, you are welcome to join us for any of the fall sessions held on Thursday evenings from 6:00 – 8:00 pm in the former Plain City Elementary School building (classroom #110 near the lobby), located at 340 W. Main Street in Plain City. To register, please call Janet at **614-561-7411**.