

**ST. MARK'S PRESCHOOL - NUT-FREE SAFE SNACK LIST**

**APPROVED LIST BY CATEGORY- 2014/2015**

(REVISED 8/2014)

**DAILY - FRUITS & VEGETABLES (\*Preferred)**

\*Fresh Fruit—Original store packaging  
Not precut or pre-washed  
\*Fresh Veggies—Original store packaging  
Baby carrots, celery sticks – etc.  
Kraft Ranch Dressing for Dip (Optional)  
DelMonte Fruit Cups –  
Cherry Tropical Fruit; Mandarin Orange; Mixed Fruit;  
Strawberry, Bananas and Peaches  
Dole Frozen Mixed Fruit  
Dole Frozen Strawberries  
Dole Pineapple Chunks  
Motts Apple Sauce –  
Cinnamon or Original  
Motts Ice Bars –  
Berry Delight; Country Apple; Summer Strawberry  
Sun Maid Raisins

**OCCASIONAL – DAIRY/GRAIN**

Dannon Danimals Surprise Sprinkles Yogurt  
Dannon Danimals Yogurt Drinks  
Frigo String Cheese  
Keebler Ice Cream Cups  
Kraft American Singles  
Kraft Cheese Cracker Cuts  
Kraft Mozzarella Cheese Sticks  
Kraft Snackable Cheese  
Market Pantry Cheese –  
Colby Jack Cheese Bars; Mild Cheddar Cheese Bars;  
Mozzarella Double Twist Bars;  
Mozzarella String Cheese  
Yoplait GoGurt  
Yoplait Trix Yogurt  
Bagel Bites-Three Cheese  
Orville Redenbacher's Popcorn –  
Butter; Light Butter Popcorn;  
Smart Pop Butter  
Pop Secret –  
Homestyle Popcorn; Light Butter Popcorn  
Frito Lay Rold Gold Pretzels –  
Braided; Rods; Sticks; Twists  
Jays Pretzels –  
Butter Minis; Minis; Stix  
Keebler Club Crackers-Original  
Keebler Club Snacks Sticks-Original)  
Kellogg's Nutri Grain Bars –  
Apple Cinnamon; Mixed Berry; Raspberry; Strawberry  
Kraft-Handi-Snack –  
Breadsticks'n Cheese; Mister Salty Pretzels'n Cheese;  
Ritz Crackers'n Cheese  
Cheese Nips Crackers

**OCCASIONAL – DAIRY/GRAIN**

Nabisco Graham Crackers –  
Cinnamon; Original Honey Maid  
Nabisco Graham Sticks –  
Cinnamon; Honey  
Nabisco Ritz Crackers  
Nabisco Triscuits-Original  
Nabisco Wheat Thins –  
Harvest Five Grain; Honey Multi-Grain; Original  
Pepperidge Farm Goldfish Crackers –  
Cheddar; Colors; Original; Parmesan; Pretzel;  
Whole Grain; X-tra Cheddar  
Quaker Rice Cake Snacks –  
Apple Cinnamon; Bar-B-Que; Caramel; Ranch  
Sunshine Cheese-it Crackers –  
Original; White Cheddar  
Tostitos Mild Salsa  
Tostitos Tortilla Chips –  
Bite Size; Restaurant Style  
Town House Flip Sides Pretzel Crackers Cheddar

**BEVERAGES**

100% Fruit Juice is required by DCFS  
(a variety of flavors/blends are encouraged)  
100% Frozen Concentrate Juice  
(better than juice boxes)  
Milk

**BIRTHDAY TREATS ONLY**

Breyers All Natural Pure Fruit Frozen Fruit Bars  
Breyers All Natural Pure Fruit Frozen Swirl Bars  
Breyers Ice Cream –  
Vanilla; Vanilla and Orange Sherbet  
Deans Sherbet –  
Orange; Rainbow; Raspberry  
Deans Sundae Cups –  
Orange Sherbet; Strawberry Swirl; Vanilla  
Edy's Fruit Bars (No Sugar Added)  
Market Pantry Push Treats –  
Orange Sherbet; Cotton Candy Sherbet  
Meijer French Vanilla Ice Cream  
Meijer Golden Vanilla Ice Cream  
Meijer Orange Twist  
Meijer Rainbow Sherbet  
Popsicle Brand Creamsicles –  
Orange; Raspberry  
Popsicle Brand Popsicles –  
Cherry; Grape; Orange  
Entenmann's Little Bites Blueberry Muffins  
Nabisco Nilla Wafers  
Nabisco Teddy Grahams –  
Cinnamon; Honey

Due to D.C.F.S. regulations, prepackaged snacks must be brought. Whole fruit is allowed and encouraged. We ask that you to try to provide as SIMPLE and HEALTHY SNACKS as possible. We provide paper goods. You provide snack and drink for your child's entire class. Thank you for your cooperation!