



Listen
 Passages explored & memory verse

Obey
 My action plan for this week:

Explore
 Meaning & Message

Connect
 Believe & Become

Meditate
 Each day reread God's word and write down thoughts and ideas.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Reflect
 How have I seen God at work in my life this past week? How have I grown in my faith?