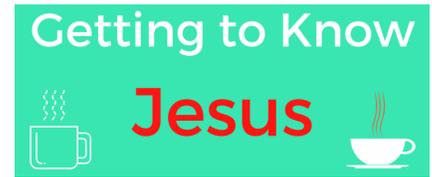


Getting to Know Jesus – Lesson 9



Getting to Know Jesus through the Lord's Supper

Read p.117-125.

What is the Lord's Supper?

Since Jesus first instituted the Lord's Supper (or Communion) on the night before his death, Christians around the world have participated in the practice of Holy Communion. There is a mystery and significance to communion that makes it worthy of additional study and instruction.

Communion is bread and wine connected with God's Word and brings us grace and forgiveness. Jesus instituted the Lord's Supper on the night before his death, at the Last Supper.

Beliefs About Communion

In the Christian church, there are 3 different views about Communion.

The Catholic church believes that the bread and wine of communion turn into the body and blood of Jesus, also called transubstantiation.

The second belief is a symbolic view of communion, held most by Reformed, Protestant, and Evangelical churches. These churches often practice open communion, where anyone is welcome, and many use grape juice instead of wine.

The third view is real presence. This view is held by the Lutheran church and is called real presence. This teaching asserts that Jesus is physically present in, with, and under the bread and wine.

Personal Reflection Questions

1. Read over the following Bible passage two times. Reflect on the words and consider what God is saying to you through them.

Now as they were eating, Jesus took bread, and after blessing it broke it and gave it to the disciples, and said, "Take, eat; this is my body."²⁷ And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you,²⁸ for this is my blood of the^[a] covenant, which is poured out for many for the forgiveness of sins.

Matthew 26:26-28

2. Reflect on your personal practice of taking communion. How do you prepare for communion? How has it been meaningful in your life?

Group Discussion Questions

1. How close is your family? How open are you about your love and affection for each other?
2. Read Matthew 26:26-29 and I Corinthians 11:17-34. Why do you think Paul is so concerned about people participating in the Lord's Supper without proper respect and reverence?
3. Why do you think Jesus gave us a meal (food) as one of the most sacred acts for Christians to do regularly?
4. What do you do to prepare for the Lord's Supper? How do you focus on the meaning of the Lord's Supper during worship?

Study: Closing Questions

1. Which chapter was the most interesting or meaningful for you?
2. What have you learned about Jesus through this study?