



HERE'S WHAT'S HAPPENING IN SUNDAY ADULT BIBLE STUDY...

**LIFE AT ITS BEST —
A Life of Service**

We demonstrate our love by serving others happily in a capacity that may not be our first choice. (For example, giving up a free afternoon to help a friend move.) We must be able to make our interests secondary to serving others.

When our works of service are done for God's glory, we are no longer responsible for the outcome of our work. Listen and follow God's instructions; He will complete the mission as He sees fit.

- God's love is seen through us as we are empowered to do His work. A Christian servant is one who:
- Serves with vulnerability
- Serves to honor God
- Serves joyfully
- Serves in the energy Christ gives
- Serves with humility
- Serves with honesty

The above list was taken from "Living Wisely in an Unwise World" by Ronald and Phyllis Chewing. To find out more, join the adult Bible study on Sunday at 10:15 am.

AUGUST

WORSHIP SCHEDULE

SATURDAY EVENING—6:00 pm

SUNDAY MORNING —9:00 am

HOLY COMMUNION—August 5 and 6; 19 and 20

BIBLE STUDIES, CLASSES and ETC...

EDUCATION HOUR FOR ALL AGES

Sunday following the 9:00 am service

LADIES MONDAY NIGHT BIBLE STUDY

August 7—6:30 pm. We will discuss chapter three from "A Case for Miracles" by Lee Strobel. Questions? Contact Mindy Braun at 608-792-9238.

CASUAL CONVERSATION with Pastor Mark and Marilyn Kolander

The first Tuesday of the month from 9:30—11:00 am (August 1, September 5, October 3, November 7 and December 5). Stop by the Narthex for casual conversation, encouragement, sharing of ideas and tasty baked treats!

BOOK of REVELATION BIBLE STUDY—Led by Pastor Mark Kolander

The following Tuesdays from 6:00 — 7:30 pm (August 22 and 29; September 5, 19 and 26; October 3, 17, 24 and 31; November 7, 14 and 21).

WOMEN'S BIBLE STUDY

Wednesday—9:30 am

MEN'S BIBLE STUDY

Thursday—8:45 am *(time change for summer)*

HS YOUTH and BIBLE STUDY

Wednesday—6:30 pm

***See page 5 for information on upcoming Life Skills Workshops.**

ONGOING MINISTRY MEETING SCHEDULE

DEAF MINISTRY—Interpreter for Sunday worship on the first and third Sunday of the month when communion is served. *(Verify schedule with Deaf Ministry.)*

COUNCIL — Tuesday, August 15 at 6:30 pm

EDUCATION— Tuesday, August 1 at 6:30 pm in the chapel

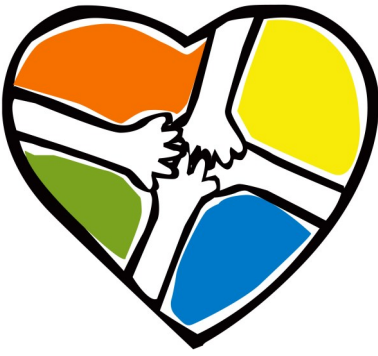
ELDERS — Tuesday, August 22, at 6:00 pm

FELLOWSHIP— No August meeting. See you Wednesday, September 13.

LWML—Monday, August 21 at 1:00 pm

TRUSTEES—Thursday, August 10, at 5:30 pm

Schedules subject to change. Check the church bulletin, Facebook, Website or Weekly Update for updates.



IS GOD CALLING YOU TO SERVE?

HOW CAN YOU HELP?

Look no further! Your help is needed here—right now

GREETERS

Say "Hello" to people—members and non-members—who are joining us for worship

Greet people prior to the service. Following the service invite visitors to fill out a Connect Card and to pick up a "Goodie Bag". To volunteer, sign up on the clipboard at The Welcome and Opportunity Center.

PROJECTOR

Advance the projector slides during the church service

To volunteer contact an Elder

COUNT OFFERING

Record the offering or help assist, organize and count funds.

To volunteer contact Betsy Jessie at betsylou13@hotmail.com

SUNDAY REFRESHMENTS

Provide treats, coffee and fellowship

Sign up sheet at The Welcome and Opportunity Center.

USHERS

Help people get to where they are going

To volunteer contact an Elder

BOOK TALK

MEET WITH BOOK LOVERS FOR TALK AND TREATS

Tuesday, August 22 at 11:00 am at Panera
"Firekeeper's Daughter" by Angeline Boulley

CANCER SUPPORT GROUP

Monday, August 7 at 6:00 pm
Contact Shawn Mahoney at 608-797-1927

EDUCATION MINISTRY

ASSISTS WITH THE SPIRITUAL NEEDS

VBS—"KEEPERS of the KINGDOM"—Tuesday through Thursday, August 8-10 from 5:00—7:30 pm. A meal will be served at 6:00 pm. In addition, the first lesson of VBS will be taught during Education Hour on Sunday, August 6; the last lesson will be taught on Sunday, August 13. Parents are invited to attend VBS with their children! Register using QR code on page 7.

Education Contact: Hanni Cowley at 608-863-6767 | hannicowley@yahoo.com

FELLOWSHIP MINISTRY

CONNECTS PEOPLE THROUGH FUN, FOOD and FELLOWSHIP

AN EVENING AT LE CHATEAU—Plans are underway to set up a date and time in September to enjoy the ambiance and fellowship of this lovely restaurant. There will be a sign-up sheet to see how many are interested in attending. This will be a BYO meal and drinks.

"2ND SATURDAY MEAL" August 12 following the 6:00 pm Saturday service.

IN JULY WE....

KAYAKED, ATTENDED "MOON TUNES" and ENJOYED FELLOWSHIP!

KAYAK—THERE'S STILL TIME!

Available dates: Saturday, August 5 at 10am w/picnic afterwards and August 10 at 10am. Rent a kayak for \$10 per kayak (numbers are limited) or bring your own equipment. Questions? Please contact Dawn Heiden at 608-790-2014.



Eight people enjoyed an evening of music at **MOON TUNES** at Riverside Park. A 'shout out' was given to Shepherd of the Hills by the event coordinator!

**Sign up for all events at
The Welcome and Opportunity Center**

HUMAN CARE MINISTRY

SERVES THE NEEDS OF OUR CHURCH FAMILY AND OUR COMMUNITY

**Will you
save me if
I pretend
to be a
puppy?**

Paid for by Wisconsin Right to Life - La Crosse



PRO-LIFE BILLBOARDS—From August 7 to September 3 the La Crosse Chapter of Wisconsin Right to Life will be sponsoring four pro-life billboards that will be displayed in the La Crosse area. Keep an eye out for them and report back when you see one!

BEREAVEMENT PROGRAM—Thursday August 17, 24 and 31st; September 7, 14, 21 and 28, October 5, 12 and 19 at Prince of Peace Lutheran Church, 21 North Hill St, La Crescent. The goal of these sessions is to educate and support those who are struggling with grief. This program will be facilitated by counselors and nurses and is free and open to anyone. To register or for more information, call Bonnie at Crucifixion Church 507-895-4720

REDUCE FALLS! - Tuesday, August 22 from 9:00—11:00 am in the lower level Education Center at Gundersen Clinic—Onalaska. This clinic is designed to help people age 60 and older to help them build their confidence to reduce falls as they walk. Cost is \$15 and refreshments will be provided. Sign up by call 608-775-3054.

PRAYER CHAIN: to submit a request (or to join the prayer chain) please contact Sharon Ryan at sryan6731@gmail.com or 608-526-6731, or the church office.

ONALASKA FOOD PANTRY—August request—Cleaning products: all purpose, laundry, etc. Donations may be left on the shelves located across from The Welcome and Opportunity Center.

THE PIECE MAKERS will not meet during the summer. Stay tuned for updates.

Human Care Contact: Sue Mravik at suemravik@gmail.com

LIBRARY NEWS

RESOURCES TO ENHANCE GOD'S TEACHINGS

MAYO CLINIC HEALTH NEWSLETTER—Topics include: kidney stone relief, Lyme disease warning signs and new treatment for vertebral compression fracture. A special report focuses on foot health (bunions, toenail fungus, ingrown toenails, hammertoe and diabetes foot care).

STEWARDSHIP MINISTRY—From The LCMS stewardship Ministry

SHARING YOUR TIME AND TALENTS

DEFINE YOUR LIFE BY HOW YOU LIVE

Winston Churchill reportedly said that “we make a living by what we get, but we make a life by what we give.” According to Churchill, our lives are defined not by what we have gotten, but by what we give away.

Our Lord’s life is defined in this way. He gave completely of Himself for us. He became man for us. He taught the truth of God’s Word. He healed those with many and various diseases. He died the death that we deserved for our sins. He gave of Himself in order to save us from sin, death and hell. And so it is that by giving completely of Himself, He got for Himself us, making us citizens of His eternal kingdom by grace.

As it was for Jesus, so it also is for us. We get more from giving than we do from simply getting. For giving softens our hearts and frees us from the grip which the worries of this world and making a living has on us. For when we are

singularly focused on making a living, we are singularly focused on what we get. That mindset begins to bleed into all areas of our lives — our relationships with friends and family, with neighbors and coworkers, and with the Lord. It shifts our focus from asking the question, “How can I be a friend, family member, neighbor and servant to others,” to asking the question, “What have they done for me lately?” We become more selfish instead of selfless.

But when we give, we do not have less, we do not become less; rather, we have more and become more. When we give, we join in the bond of friendship and family, the bond of service to those around us out of love for them. And love is the fulfillment of the Law. It is the nature of God Himself, for God is Love. Thus, we are participating in the divine nature. As Jesus said, “It is more blessed to give than to receive” (Acts 20:35).

CHURCH COUNCIL NEWS FOR JULY 18, 2023

TREASURERS AND FINANCIAL STEWARDSHIP REPORT

Year-to-Date: Total Ministry Support Received---\$224,472. Total Ministry Expense---\$240,005. Total Ministry Support Received/Budget---90%. Total Ministry Expense/Budget---79%. Mortgage Principle Paid=\$18,244. Budgeted=\$15,431. Extra Debt Paid=\$2,813.

DISCUSSION REGARDING ONE VS. TWO SERVICES

The decision was made to call a Voter's meeting in August to have the voters decide which way to go regarding 1 or 2 services for Sunday Morning church worship beginning in September. This vote will be abiding by our Constitution. There will also be two other topics on the agenda for the upcoming voters meeting.

BY-LAWS UPDATE

John Berg reported that the committee is continuing to work on this and they are now talking to some of the Boards to get their input. There are many topics to sort out and they want to do the very best they can on the final product. John is hopeful this will be done by the end of August. It will not be ready for the upcoming voters meeting.

GENESIS PROJECT UPDATE

Their first task is to create a brochure with information regarding the collection of a Community Survey. The Community Survey process will be kicked off at SOTH on July 30th during the picnic after Bible study. Members of each congregation are also asked to complete their own survey either on line or on forms available at the office.

SUMMER MUSIC GROUP

Kay Conzemius reported that a group (not choir) will be singing for the services on the last Sunday of the months of July and August.

CHIME AREA LIGHTING UPDATE

is now installed.

INSURANCE HAS CHANGED

American Family will no longer be providing our church's insurance, other than workers Comp. Our New insurance is with Church Mutual.

STAINED GLASS WINDOW UPDATE

This project is currently being worked on, and the generous donor is much appreciated.

VBS NEWS

The education committee are currently recruiting people to help with various areas of the programs and activities. There has been lots of advertising in the community, and the meals to be served are planned and will be purchased.

PRESCHOOL

The floors are done. They are giving the surveys to former families that go back for several years who could better answer the questions.

HUMAN CARE

they are hoping to start several new support groups in our church. One would support relatives of young people who are transitioning or have transitioned (transgender), and help the family to deal with this change. They are also looking at starting a grief support group at SOTH.

OUTPOST MINISTRY PROGRAM

They will be at SOTH on October 14th from 1 to 4:30. They will speak specifically to families who are facing the challenges of transgenderism. This program will be open to church members and to sister churches.

SATURDAY EVENING SERVICES

A motion was made, seconded, and carried that effective September 1st, Saturday Evening Services will no Longer Be cancelled, with one exception, being Easter Saturday Evening.

PATRIOTIC FLOWERS

These are gift tags in the "garden display" in the Narthex for a Baby Shower for Military Families. Please consider choosing one or more, purchase the item on the gift tag and return your unwrapped donation (with the tag attached) to the Narthex. All items will be distributed at an area wide Military Family Baby Shower. Items are due by July 31st.

Submitted by Carolyn Bey

STEWARDSHIP THOUGHTS...

Matthew 14:30 – "But when he saw the wind, he was afraid, and beginning to sink he cried out, 'Lord, save me.'"

The world really is a scary place, with natural disasters, disease, terrorism and a hundred other things. But where do we place our hope, our trust, our *vision*? Where do we look for aid and comfort? When Peter's eyes were on the Lord, he had confidence. When he turned to look at his problems and took his eyes off the Lord, he fell apart. Sometimes God's call to support the work of His church with our offerings makes us nervous. But put your eyes back on your Lord, trust Him, follow His Word and all really will be well.

Shared from the LCMS Stewardship

YOUTH MINISTRY

EVENTS, PROGRAMS and OPPORTUNITIES TO KEEP STUDENTS CONNECTED



ADULTHOOD

**BASIC BUDGETING - THURSDAY, SEPTEMBER 21
6:00 - 7:30 pm | Holmen Community Center**

Learn effective strategies for managing your money

Gain skills that will help you get your life on track.

Sponsored by Shepherd of the Hills Lutheran Church - Onalaska



Scan to register

Workshop led by **TODD TRAUTMAN**

is a Financial Advisor with Thrivent who, for the past 25 years has helped people save and wisely spend the financial resources with which they have been entrusted. Living within your means and having a plan for every dollar earned is key to long term financial wellness. Todd will help you create a budget based on your income while learning consistent money management strategies on how to share, save and spend your wealth for long term financial peace.

ALL WORKSHOPS ARE FREE AND OPEN TO THE PUBLIC.

Part of becoming an adult is taking responsibility for yourself. Are you prepared for all that God has planned for you? Need more information? Refer to "The Bible" given to you by God. **BE INFORMED. BE SMART. BE MORE CONFIDENT.**

COMING IN 2024...

January—Stress & Time Management

March—Personal Hygiene

June—Basic Car Maintenance



CONFIRMATION KAYAK—SAVE THE DATE!

Saturday, August 26 at 3:00 pm

Kayak the La Crosse River from West Salem to Veterans Park. This event is open to students grades six through eight who will be enrolled in Fall confirmation classes. Picnic at Veteran's Park following kayaking. More information about this event will be sent to confirmation families.

Wear casual clothes (that you don't mind getting wet), bring a water bottle, sun glasses or hat and a towel.

Kayaks, paddles and life jackets will be provided. This event is FREE!

MAIN STREET LIVING—JULY SCHEDULE

August 6

10:00 am—“No Laughing Matter”

A woman must learn to deal with her past in order to help someone else in her present.

10:30 am—“Into Jesus’ Hands” - based on Matthew 14:13-21

Presented by Rev. David Weber, pastor at St. Matthew Church in Warrens

August 13

10:00 am—“My Husband, My Sorrow”

A man and woman must deal with whether they should consummate an adulterous affair.

10:30 am—“Jesus said, ‘Come’” - based on Matthew 14:22-33

Presented by Rev. David Baumgarn, pastor at Shepherd in Onalaska.

August 20

10:00 am—“The Cup”

The dilemma a trucker faces when a good friend dies trying to protect him.

10:30 am—“You Can’t Food Me!” - based on Matthew 15:21-28

Presented by Rev. Bert Thompson, pastor at Good Shepherd in Tomah.

August 27

10:00 am—“Stranger at the Door”

Having given up a baby for adoption 22 years before, a man show up on her steps saying he is looking for his mother.

10:30 am—“We Already Know Who You Are!” - based on Matthew 16:13-20

Presented by Rev. Jacob Eichers, pastor at Faith in La Crosse.



Main Street Living

“Main Street Living” is a liturgical worship service which broadcasts a different message from local LCMS pastors each Sunday morning, and airs along with the classic Lutheran Hour program, “This is the Life”.

Visit our website at sothonalaska.org or mainstreetliving.com to view current and past episodes.

WHAT CAN WE LEARN FROM A SKEPTIC?

From the July discussion of “A Case for Miracles” by Lee Strobel



The Ladies Monday Night Bible group continued with chapters 1 and 2 in the book “The Case for Miracles” by Lee Strobel. In these chapters, a self-described skeptic is interviewed about his journey from non-believer to believer to skeptic. Doubt crept in as he lost touch with his fellow believers and pursued other interests. Science became his approach to miraculous claims; requiring copious amounts of documented, measurable, scientific evidence. He described a time when he prayed for a miraculous healing for his friend, but God did not answer his prayer in the way he wanted. After this experience, his faith disappeared. His logic: there was no miracle—there is no God—stuff just randomly happens.

This skeptic provides arguments against miracles and the existence of God. The author will respond in subsequent chapters with compelling evidence for God’s divine intervention in our lives. But first, what can we learn from this person’s journey into skepticism?

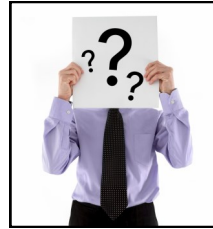
There was discussion about how the skeptic’s journey seemed to fit the Parable of the Sower (Mark 4:1-20) where the seed did not flourish. We must then ask ourselves if we spend time preparing our hearts to receive and believe God’s word, so that

our faith flourishes and sustains us. Spend time in Scripture, for it tells us: that faith is needed to please God (Hebrews 11:6), that righteousness comes from God through faith in Christ to all who believe (Romans 3:22), that God is attentive to the prayers of the righteous (1Peter 3:12), and, as fellow believers, we are to encourage one another to remain firm in Christ till the end (Hebrews 3:13-14).

We considered Scripture’s story of Peter’s miraculous rescue from prison (Acts 12:5-17). The church prayed earnestly to God for Peter. What did they have? Fellowship to encourage each other and faith to pray. There was really nothing else they could do but pray and trust God to care for Peter. Were they asking for a specific outcome and proof that their prayer was answered? No. Did God hear their prayer and provide proof? Yes indeed! They were astonished to see Peter standing at their door. Praise God!

In August we study what this skeptic thinks about the miracles of creation and Jesus’ resurrection, as well as how he views life after death.

*Submitted by Mindy Braun
who leads The Ladies Monday Night Bible Study*



**HAVE A QUESTION?
FIND YOUR ANSWER HERE!**

Q & A

WHY? WHAT? HOW?

Do you have a question about your faith or how our church works? Do you want to know how your faith applies to your daily life? To submit a question, visit the church website at sothonalaska.org and click the Q & A tab. An answer to your question will be posted on the website—just because you asked. **All submissions are anonymous.**

VBS VOLUNTEERS NEEDED!

- Pre-school coordinator plus two helpers
- Two helpers for games
- Dinner coordinator plus two helpers
- Craft and science coordinator plus two helpers

Contact Hanni Cowley at 608-863-6767
hannicowley@yahoo.com



SCAN TO REGISTER FOR VBS!

BIRTHDAYS and ANNIVERSARIES

Birthdays

- 3 Rob Wessler, Abby Ziegelbein
- 5 Ireanna Drury
- 6 Danielle Heiden
- 7 Pat Ellsworth
- 8 Linda Smith, Kelly Ziegelbein
- 9 Hans Baumgarn, Reuben Mravik Ben Ziegelbein
- 10 D.J. Kuhlmann
- 13 Sarah Sheffer
- 14 Jana Underkofler
- 17 Phil Sanders

- 18 Ryan Gilhausen, Destini Stetzer
- 19 Apollo de la Rosa
- 20 Kay Conzemius, Alayna Cowley, Theresa Lewis
- 21 Gorden Davis, Ken Hinz
- 24 Macie Breidenbach, Evan Tornstrom
- 25 Ruth Bellmer
- 26 Halley Planinsheck
- 27 Penney Repensek
- 28 Vickie Lager
- 30 Warren Bey

Wedding Anniversaries

- 2 Ryan and Dawn Gilhausen
- 4 Matt and Marissa Haffemenn
- 5 Jan and Louise Kovars
- 6 Mark and Terry Wrolstad
- 9 Mike and Angie Horge
- 12 Dave and Lisa Rainey
- 13 Brian and Lynda Knobloch
- 18 Terry and Jean Ours
- 22 Adam and Betsy Jessie
- 26 Wade and Theresa Fladhammer Gordon and Hollie Triebs

CONTACT US

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hannicowley@yahoo.com

OFFICE HOURS/COMMUNICATION SCHEDULE

Kira’s office hours
Monday through Thursday
9:00 am—3:00 pm
Friday
9:00 am—12:00 pm

The office will be closed on each Friday through August 11.

Submit ALL bulletin, Weekly Update and Narthex TV entries to Martha by noon on Tuesday. Items received later than noon will not be included. September newsletter submissions must be received by noon on Tues., August 22

CONNECT CARD for members, visitors and friends - Provide your current contact information to receive up-to-date information on church activities and announcements! Connect cards are located in the back of the church pews.



SHEPHERD'S FLOCK PRESCHOOL

August 2023 • Shepherd of the Hills Newsletter

He's Got the Whole World in His Hands

Our preschool teaching team has been busy preparing for the upcoming school year! We are looking forward to welcoming new and returning families back to our classroom in September. Our theme this year is "He's Got the Whole World in His Hands." We will have fun all year long learning all about the world God made for us and how He is always taking care of us.

"This is the day the Lord has made. We will rejoice and be glad in it." Psalm 118:24

We will welcome our preschool families back to our classroom for an open house on Thursday August 24th. This is a special evening for both parents and preschoolers. Our staff will be available to talk with families, introduce them to our classroom and answer questions. We hope that having this opportunity for our preschoolers to explore the classroom and meet their new teachers will make our families feel more comfortable and confident during those first days!

Our first day of preschool is Wednesday, September 6th.

A special thank you to the group that assisted with moving the furniture out and back into the preschool so our classroom floors could be waxed!

Meet Our Teaching Staff

Alyssa Mitchell, Kathy Koblitz and Beth Dix will all be returning to our teaching staff this year. Mrs. Alyssa Mitchell is our Preschool Director and will also be teaching in the classroom. She will teach Monday, Tuesday and Wednesday mornings and work in the office on Thursday mornings. Mrs. Kathy Koblitz is our Business Director and a classroom teacher. She teaches Tuesday, Wednesday and Thursday mornings and will work in the office on Monday mornings. Mrs. Beth Dix will teach on Mondays and Thursdays.

We're grateful to have a team of three staff members available to our preschoolers on Monday and Thursday mornings this year! It is also such a blessing to have several past Shepherd's Flock teachers available to us to call if we need a substitute during the year.



Alyssa Mitchell
Education Director
Preschool Teacher



Kathy Koblitz
Business Director
Preschool Teacher



Beth Dix
Preschool Teacher

Find Us On Social Media

Stay up-to-date with what's happening at Shepherd's Flock!



shepherdsflockonalaska



shepherdsflockpreschool