

A NEW WAY

Acts 3:11-21 | 1 John 3:1-7 | Luke 24:36-49

The witness of _____

The clutch of _____

The shock of _____

Welcome to _____

READ. REFLECT. RESPOND. REMEMBER.

Jesus, in Luke 24, boldly and gladly proclaims a bodily resurrection. One of the things that Christianity has at its core is this theology of body – a theology of being embodied – and that the body is created by God, for God and for your own self in relationship to the world. One of the pieces of I have read at some point in the last year was around how, from slavery to patterns of policing, one of the realities of black bodies has been the lack of *feeling* embodied, feeling at home in your own body, because it belonged to someone else, or seemed to be violable at the whims of authority. In addition, I have heard these nudges from women, and ways in which agency of body is denied. What makes that in particular stand out to me is that, for the most part, I have not had that experience. How does the Resurrection inform us of body? Read Luke 24:36-49.

Reflect:

One of the main components of embodied life is touching and being touched. How has this last year impacted that in your life? What is your response to touch? When Jesus invites them to *touch him*, what is he revealing?

How does Jesus eating also remind us that sustaining the body is a good and beautiful thing? What is it to sustain the body?

Respond:

If you had no control over what happened to you body, how would it make you feel? What do we do, or could we do, to honor and dignify the bodies of ourselves and others?

Remember:

“Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have.” Luke 24:39