

# THE STATE OF TRUST

Jeremiah 20:7-13 | Matthew 10:21-33

Having a trust \_\_\_\_\_

Because of \_\_\_\_\_

Suffering in \_\_\_\_\_

Jesus' instruction to \_\_\_\_\_

Trust is \_\_\_\_\_

READ. REFLECT. RESPOND. REMEMBER.

Lament Psalms (of the individual and the community) are the most common type of Psalm. While different, they have some common features – some sort of struggle, opposition, oppression, or catastrophe. They typically feature an initial direction to seek out God for help, but a significant obstacle of sorrow follows, and end with some sort of statement of why they will continue to persist with God. Examples of Lament are Psalm 22, 42, 43, 77 and many, many others.

Reflect:

If you were to write a Psalm of a Lament in this moment what would the content be? How do we express both a) trust in God and b) sorrow at the individual or communal level?

A Psalm invites you to name “why” you are feeling sorrow. Can you?

Respond:

God invites our Lament as part of our experience of trust.

Remember: Psalm 42:1-2

- 1 As the deer pants for streams of water,  
so my soul pants for you, my God.
- 2 My soul thirsts for God, for the living God.  
When can I go and meet with God?