

Spiritual Pathways

Assessment

1. Respond to each statement below according to the following scale:

- 3 = Consistently/definitely true of me**
- 2 = Often/usually true of me**
- 1 = Once in a while/sometimes true of me**
- 0 = Not at all/never true of me**

Put the number in the blank before each statement

2. Transfer the numbers you gave for each assessment statement to the grid on the last page.

3. Total each column. The highest number identifies your preferred spiritual pathway; the next highest number, your secondary pathway.

- _____ 1. When I have a problem, I'd rather pray with people than pray alone.
- _____ 2. In a church service, I most look forward to the teaching.
- _____ 3. People who know me would describe me as enthusiastic during worship times.
- _____ 4. No matter how tired I get, I usually come alive when a challenge is placed before me.
- _____ 5. Spiritual reality sometimes feels more real to me than the physical world.
- _____ 6. I get distracted in meetings or services if I notice details in the surroundings that haven't been attended to.
- _____ 7. A beautiful sunset can give me a spiritual high that temporarily blocks out everything bothering me.
- _____ 8. It makes me feel better about myself to hang out with people I know and like.
- _____ 9. I've never understood why people don't love to study the Bible in depth.
- _____ 10. God touches me every time I gather with other believers for praise.
- _____ 11. People around me know how passionate I feel about the causes I'm involved in.

- _____ 12. I experience a deep inner joy when I am in a quiet place, free from distractions.
- _____ 13. Helping others is easy for me, even when I have problems.
- _____ 14. When faced with a difficult decision, I am drawn to walk in the woods, on the beach, or in some other outdoor setting.
- _____ 15. When I am alone too much, I tend to lose energy or get a little depressed.
- _____ 16. People seek me out when they need answers to biblical questions.
- _____ 17. Even when I'm tired, I look forward to going to a church service.
- _____ 18. I sense the presence of God most when I'm doing his work.
- _____ 19. I don't understand how Christians can be so busy and still think they're hearing from God.
- _____ 20. I love being able to serve behind the scenes, out of the spotlight.
- _____ 21. I experience God in nature so powerfully I'm sometimes tempted not to bother with church.
- _____ 22. I experience God most tangibly in fellowship with a few others.
- _____ 23. When I need to be refreshed, a stimulating book is just the thing.
- _____ 24. I am happiest when I praise God together with others.
- _____ 25. "When the going gets tough, the tough get going" – that's true about me!
- _____ 26. My family and friends sometimes tease me about being such a hermit.
- _____ 27. People around me sometimes tell me they admire my compassion.
- _____ 28. Things in nature often teach me valuable lessons about God.
- _____ 29. I don't understand people who have a hard time revealing personal things about themselves.
- _____ 30. I spend too much time learning about an issue rather than dealing with it.
- _____ 31. I don't think there's any good excuse for missing a worship time.
- _____ 32. I get tremendous satisfaction from seeing people working together to achieve a goal.

- _____ 33. When I face a difficulty, being alone feels most helpful.
- _____ 34. Even when I'm tired, I find I have the energy and desire to care for people's problems.
- _____ 35. God is so real when I'm in a beautiful, natural setting.
- _____ 36. When I'm tired, there's nothing better than going out with friends to refresh me.
- _____ 37. I worship best in response to theological truth clearly explained.
- _____ 38. I like how all the world's problems – including mine – seem unimportant when I'm praising God at church.
- _____ 39. I get frustrated with people's apathy in the face of injustice.
- _____ 40. If the truth were told, I sometimes feel guilty for enjoying silence and solitude so much.
- _____ 41. I am happiest when I find someone who really needs help and I step in and offer it.
- _____ 42. Others know that if I'm not around, I'm most likely outside in a beautiful place.
- _____ 43. People around me describe me as a people person.
- _____ 44. I often read lots of books or articles to help me work through a problem.
- _____ 45. When I get overwhelmed, there's nothing like a good worship service to get me back on track.
- _____ 46. I should probably take more time to slow down, but I really love what I do, especially in ministry.
- _____ 47. Sometimes I spend too much time mulling over negative things people say about me.
- _____ 48. I experience God's presence as I counsel some who is struggling or in trouble.
- _____ 49. When I see natural beauty, something wonderful stirs in me that is difficult to describe.

Spiritual Pathways

Assessment Scoring

Transfer the numbers from the assessment to this grid, and total each column.

1.	2.	3.	4.	5.	6.	7.
8.	9.	10.	11.	12.	13.	14.
15.	16.	17.	18.	19.	20.	21.
22.	23.	24.	25.	26.	27.	28.
29.	30.	31.	32.	33.	34.	35.
36.	37.	38.	39.	40.	41.	42.
43.	44.	45.	46.	47.	48.	49.
Total	Total	Total	Total	Total	Total	Total
A Relational	B Intellectual	C Worship	D Activist	E Contemplative	F Serving	G Creation

Based upon your results from the previous page, rank your spiritual pathways;

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|-------|--|----------|
| _____ | Relational- I connect best to God when I am with others | A |
| _____ | Intellectual- I connect best to God when I learn | B |
| _____ | Worship- I connect best to God when I worship | C |
| _____ | Activist- I connect best to God when doing great things | D |
| _____ | Contemplative- I connect best to God in silence | E |
| _____ | Serving- I connect best to God while completing Kingdom tasks | F |
| _____ | Creation- I connect best to God in nature | G |