



Today, Be Strong in Christ

Devotion

Finally, be strong in the Lord and in the strength of His might (Ephesians 6:10).

How is your day?

- Beautiful, bright day – everything going right?
- Struggling to pay bills?
- Battling diabetes, cancer, or any host of illnesses?
- Discouraged in a relationship?
- Faith being tested?

Each of us has a story. Each day we have a new story. But how do we begin our day? Sad and depressed?

Do you rely on yourself? Do you call a friend and share your joys and your woes? Paul reminds us in Ephesians 6:10 to *be strong in the Lord and in the strength of his might*.

Our Lord is strong. He is mighty. He is loving. He is our Father who holds us in His arms and goes to battle for us each day. He is the One who went to battle for us by coming to earth in the form of a baby, growing to be a man, and suffering amazing pain and ultimate death – for you; for me. He is strong and He is mighty. He overcame death and the devil and will walk alongside us as we face our day. Today, we can be strong in the Lord.

The chorus from “You are I Am” by MercyMe reminds us of many biblical accounts of the Lord’s might:

You’re the one who conquers giants
You’re the one who calls out kings
You shut the mouths of lions
You tell the dead to breathe
You’re the one who walks through fire
You take the orphan’s hand
You are the one Messiah
You are I Am
You are I Am

(www.songlyrics.com/mercyme/you-are-i-am-lyrics)

What instances do these lyrics call to mind? David – Solomon – Daniel – Lazarus – Jesus – the Lord. As we think on these, and see that God walks with us always, we acknowledge that He is “I Am.” Today, we can be strong in the Lord because He is strong for us.

Today, Be Strong in Christ
Written by Debbie Tabisz, Mounds, Oklahoma
Published by Lutheran Women’s Missionary League, 2015