



# *Our Changeless God*

## IN THE CHANGES OF OUR LIVES

by Jean McCain

COPING WITH TRANSITIONS  
CAUSED BY CHANGES IN OUR  
LIVES IS A GIFT FROM THE HOLY  
SPIRIT AS HE SANCTIFIES US AND  
WORKS THROUGH GOD'S WORD.

Read together **Proverbs 3:5–6**:  
*Trust in the LORD with all your  
heart, and do not lean on your  
own understanding. In all your  
ways acknowledge him, and he  
will make straight your paths.\**

### Opening Prayer

We thank You, dear heavenly Father, for promising to be with us always through all the changes in our lives. Teach us to recognize the temptations during transitions that changes bring and how You strengthen our faith. Guide us and teach us as we travel through these challenges. In Jesus' name we pray and trust. Amen.

Change describes all of life. Sudden or gradual — anticipated or unexpected — pleasant or painful — all transitions that take place because of change bring challenges to our faith.

Name pleasant changes experienced in life. \_\_\_\_\_

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Name sad or frightening changes experienced in life. \_\_\_\_\_

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How may even Christians react as we experience changes — pleasant or painful, unexpected or anticipated? \_\_\_\_\_

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Scripture is our guide when recognizing and dealing with both temptation and testing during changes in our lives. What is the greatest danger we face during times of change?

**Ephesians 6:12, I Peter 5:8** \_\_\_\_\_

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Describe our source of strength in any situation that brings change into our lives.

**Ephesians 6:10–11 and 16** \_\_\_\_\_

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What do these passages reveal about God's role in our lives?

**Jeremiah 29: 11** \_\_\_\_\_

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**Psalms 121: 7–8** \_\_\_\_\_

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**Psalms 118:29** \_\_\_\_\_

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**Isaiah 43:1b–3a** \_\_\_\_\_

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**Romans 8:28** \_\_\_\_\_

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How does Scripture describe God's relationship with us?

**Psalm 139:1–18 and 23–24** \_\_\_\_\_

**Deuteronomy 4:31 and Hebrews 10:23** \_\_\_\_\_

**Ephesians 1:13–14** \_\_\_\_\_

How may God use suffering in our lives?

**Hebrews 12:5–7** \_\_\_\_\_

**I Peter 5:6–7** \_\_\_\_\_

**Proverbs 3:11–12** \_\_\_\_\_

**2 Corinthians 1:3–5** \_\_\_\_\_

## Conclusion

How do the following verses describe the listed results that come from “trusting in the Lord with all your heart” on your journey through the changes of life?

## CONTENTMENT

**Hebrews 13:5:** *Keep your life free from love of money, and be content with what you have, for he has said, “I will never leave you nor forsake you.”* \_\_\_\_\_

## THANKFULNESS AND TRUST

**Psalm 31:7–8a:** *I will rejoice and be glad in your steadfast love, because you have seen my affliction; you have known the distress of my soul, and you have not delivered me into the hand of the enemy;* \_\_\_\_\_

## SECURITY

**Psalm 100:5:** *For the LORD is good; his steadfast love endures forever, and his faithfulness to all generations.* \_\_\_\_\_

## COURAGE AND CONFIDENCE

**Joshua 1:9b:** *Be strong and courageous. Do not be frightened, and do not be dismayed, for the LORD your God is with you wherever you go.* \_\_\_\_\_

## CONTINUING GUIDANCE

**Proverbs 23:12:** *Apply your heart to instruction and your ear to words of knowledge.* \_\_\_\_\_

**Colossians 3:16:** *Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.* \_\_\_\_\_

**Psalm 25:5:** *Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all the day long.* \_\_\_\_\_

## Closing Prayer (Psalm 71:12, 17–18)

Leader: O God, be not far from me;

**Group: O my God, make haste to help me.**

Leader: O God, from my youth you have taught me,

**Group: and I still proclaim your wondrous deeds.**

Leader: So even to old age and gray hairs,

**Group: O God, do not forsake me,**

**All: until I proclaim your might to another generation, your power to all those to come. Amen.**

## Closing Hymn

Say or sing together: “All Depends on Our Possessing” (*LSB* #732; *LW* #415; *TLH* #425).

\*All Scripture verses are taken from ESV unless otherwise indicated.

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