It was time for my weekly phone call with my long-distance friend. In addition to keeping in touch, we encouraged and prayed for each other. During this call, I confessed, “I’ve been struggling with guilt about my involvement in church.”

Earlier that week, I had attended my church’s LWML meeting. Sitting among gifted women wearing smiling faces and exhibiting willing hearts, I witnessed many agree to help with upcoming events. Even though I was thinking about volunteering to serve, my hand remained securely in my lap.

The more I considered how I might become involved, the more doubts and excuses tumbled into my mind. Things like, “I’m not very good with technology,” and “My calendar is already full,” flooded my brain. Then the ultimate negative thought, “Even though my oldest is in kindergarten, I still have two little ones at home, so volunteering is hard.” That thought erased any chance of me saying, “Yes!” to any of the great opportunities placed before me.

That’s when guilt came crashing down upon me! Where could I find relief?

My friend validated my struggle, and then she reminded me of the words of Peter: As each has received a gift, use it to serve one another, as good stewards of God’s varied grace: whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies — in order that in everything (emphasis added) God may be glorified through Jesus Christ (1 Peter 4:10–11a).

Everything!

I was glorifying God each time I wrangled our three young boys into the pew each Sunday morning. Every Lord’s Day, my family and I heard about the work Jesus did for us on the cross, received His forgiveness through His body and blood, and worshipped our Lord and King.

Changing diapers — doing laundry — **everything** I was doing to care for my family were acts of worship!

My guilt was erased by His grace. If you are feeling disheartened or distressed about your level of involvement (whether it’s in your LWML group, your church body, or ???), go to God in prayer! Thank Him for blessing you with your unique spiritual gifts. Then, ask the Holy Spirit to nudge your heart into service when your specific opportunity presents itself.

In the meantime, may the grace of God be with you — in **everything** you do! To Him be the glory! Q

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