Slipping and Sliding

It sounds fun if you are 10 years old and on a snow bank;
scary if you are 16 years old and driving the family car for the first time on ice;
adventurous if you are 22 years old and rock climbing;
frustrating if you are 40 years old and late for work;
and frightening if you are 70 years old walking on ice!

Slipping and sliding looks different from different perspectives … fun, scary, adventurous, frustrating, or frightening.

We not only can be slipping and sliding through incidents in our life regarding bad weather or exciting adventures, but we also can be slipping and sliding in our faith walk.

Faith must be in God, the Father and Creator; Jesus, the Son and Savior; and the Holy Spirit, Counselor and Sanctifier. When our faith wanders, slipping and sliding away from the Triune God and onto ourselves, our concerns, situations, problems, or pain, we are trying to serve two masters, God and our own reasoning.

Matthew 6:24a tells us that “No one can serve two masters, for either he will hate the one and love the other, or he will be devoted to the one and despise the other.”

God tells us many times in His Word, not to worry, not to fret, not to spend our time trying to put human reason on our situation, but to trust Him in all things.

Psalm 55:22 says Cast your burden on the LORD, and he will sustain you; he will never permit the righteous to be moved.

1 Peter 5:7 tells us cast all your anxieties on him, because he cares for you.

Matthew 6:25–27 says “Therefore I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life?”

Proverbs 3:5 says Trust in the LORD with all your heart, and do not lean on your own understanding.

Why would we think we could do a better job running our lives than God? But we do, don’t we? Every time we worry, fret, or try to figure out our problems on our own, we lose our peace and get confused. Restlessness and confusion are not what God wants for us. As soon as you feel
these emotions mounting up inside you, slipping and sliding, turn back to the only One who can handle all your concerns, situations, problems or pain. Remember, God is our Refuge, our Rock, our Shield, our Strength, our Stronghold, our Light, our Salvation, our Sure Defense, and our Mighty Fortress. So, why wouldn’t we want to put our lives in God’s hands? Go to God with everything that weighs heavy upon you and He will give you peaceful rest. Life is safer when our foot is planted securely on the Rock. To avoid the slipping and sliding of life, we need to keep focused on Jesus and let Him tend to our safety.

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Set aside some time to make a list of concerns, situations, problems or pain in your life right now. Check the ones that you have truly given to God and have found rest in that area. Look at the others. What are you waiting for? Stop slipping and sliding and give them to God.

**Closing Prayer:** Father, You are a mighty God and we are so thankful that you loved us enough to send Your only Son to die for our sins. Forgive us for trying to run our lives without You. We need daily reminders that You are still in control of all things and we can give You our concerns, situations, problems, and pain. Let us not carry them ourselves, but cast them on You, Lord. Then let us rest in the peace that You will take care of us forever and always. In Your Name we pray. Amen.

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