



ALL THINGS THROUGH CHRIST

What are some of the things that may cause you to worry? Finances? Health? Children? It has been said that ninety percent of the things we worry about never happen and we can't change the other ten percent anyway. So why worry?

What should we do instead of worry? Proverbs 3:5 NIV says: *Trust in the Lord with all your heart and lean not on your own understanding.*

“Not easy,” you say. However, we have God's promise: *No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.* 1 Corinthians 10:13 NIV

Finally, St. Paul wrote: *I can do everything through him who gives me strength.* Philippians 4:13 NIV

PEOPLE WHO DID EVERYTHING THROUGH CHRIST

First, let's look at the examples of some Biblical people, keeping in mind that people who lived before Christ did “everything” because they looked forward to the day of Christ's coming. Write the name of each person or persons and what they did that showed a faith that could do “everything.”

1 Chronicles 29:1-3 _____

Esther 4:15-16; 8:3-6 _____

Job 13:13-15 _____

Mark 6:7; 12-13 _____

Luke 21:1-4 _____

John 12:3-7 _____

Acts 9:36 _____

Acts 20:17-18; 35 _____

I CAN HAVE MUCH OF GREAT VALUE THROUGH CHRIST

We live in a world where much emphasis is placed on money and the things we can have if we just have enough money. God gives us things that no amount of money can buy. Choose a key word or words in each of the following verses and write a one-sentence example of how that word will help you to HAVE ALL THINGS THROUGH CHRIST.

Psalm 18:35 _____

Psalm 29:11 _____

Isaiah 28:6 _____

John 5:11 _____

Ephesians 3:16 _____

Ephesians 4:32 _____

James 3:17 _____

Jude 21 _____

Revelation 2:10 _____

I CAN DO EVERYTHING THROUGH CHRIST

When Jesus preached the Sermon on the Mount, he said: *You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.*
Matthew 5:14-16 NIV

So let's get personal. As you look up the following references, give a brief example of something you can do that fits the verse, keeping in mind the words EVERYTHING THROUGH CHRIST.

Proverbs 3:9 _____

Ecclesiastes 11:1 _____

Isaiah 58:7 _____

Matthew 5:42 _____

Matthew 25:35-36 _____

Luke 12:12 _____

Luke 12:33-34 _____

Acts 20:35 _____

2 Corinthians 9:7-8 _____

Colossians 1:10 _____

1 Timothy 1:12 _____

Share your insights with the entire group.

Closing Prayer: *Heavenly Father, You are our most awesome and holy Creator. We know that our sin builds a wall that daily separates us from You and adds to our lives worry, doubt and guilt. Thank You for sending Your Son, Jesus , to suffer and die for our sins and to break down that wall. Renewed, restored and forgiven, help us to live our lives to Your glory and service. By the power of the Holy Spirit, help us to boldly take to heart the words of Paul in Philippians 4:13 and to remember that we can have and do everything through Christ our Lord. In His Name we pray. Amen.*