

Dear God

I have been feeling a bit disconnected lately ... from family, from friends, even a little from You. I don't like to ask for help, because I think that I can get through anything on my own. Through a recent event, You showed me that I cannot handle things on my own. I needed to be in three places at once, and I realized that was not going to happen.

I don't like to ask for help, but You caused me to take a second look at those around me, those who support me and encourage me. Thank you for placing people in my life who can walk beside me and help out when I need it and even when I don't know I need it. Help me to always remember that it's more than okay to ask for help.

Your loving daughter



SPOTLIGHT ON *Nancy Parra*

Raised in a loving family with two big sisters and a mother who always reminded her, "God is good," the support of Nancy's family has been a vital part of her life.

After graduating from college and sensing that her life was lacking direction, Nancy joined Hearts of Honduras on a mission trip to build a pastoral home. While there she took in the sights and sounds of the rainforest and, at the same time, felt the burden of despair for the people. It was on this trip that Nancy met Edwin, a 14-year-old who could no longer attend school even though he longed to become a history teacher. His smiling face and genuineness warmed Nancy's heart. She hopes to go on other trips.

Upon her return to the United States, Nancy enthusiastically took a position with Lutheran Social Services, working with children, youth, and families; she enjoys "seeing their bright faces" everyday. After the trip to Honduras, she also became involved with Heart to Heart Sisters program of the LWML.

Because of her experience at the LWML Convention in Peoria, Illinois, Nancy became hungry to learn more about the mission of LWML and her new family of sisters — the Heart to Heart Sisters. She is eager to see God use her for His glory!

The words of Nancy's mother continue to echo in her life: "God is good." Indeed!



The grass withers,
the flower falls,
but the word
of our God
will stand
forever.

Isaiah 40:8 ESV

Text Messages From God

Plants grow tall and die. Fads come and go. We constantly want the latest gadget, purse, shoes, or what have you — even when we already have enough. But the one thing we can never have enough of is God's Word!

Thank you, Gracious God, for giving me your Word so that I may know You better as my Savior. Help me realize how Scripture speaks to me no matter my season of life. In the name of my Savior, Jesus. Amen.

