



## From Him Comes All My Rest

### Thanksgiving

*Come to me all you who are weary and burdened and I will give you rest ... and you will find rest for your souls.* Matthew 11:28, 29b NIV

Thanksgiving is just around the corner and this means the holidays are looming large in our thoughts and plans. Are the words “holidays” and “weary” synonymous in your thinking? Have you ever been so tired that when you finally, finally got to bed you could not quiet your mind enough to go to sleep? Were you so weary you ended the next day the same way? Weary is not the same as being physically tired. Weary is being worn out physically, mentally and spiritually. Weary is being resigned to coping with being tired and discouraged and burdened on an ongoing basis.

And this is when Jesus speaks to us, as He always does, in our hour of need. He offers peace for the restless and rest for the weary. *Come unto me*, He says, **all** *you who are weary and burdened ...* and that means everyone. It means you, and it means me. Not only if we are weary and burdened by monumental issues or serious problems, but whatever our burdens, real or imagined, He assures us ... *and I will give you rest*, rest not only for our bodies, but more importantly He says He will give us ... *rest for your souls*.

Prayer:

Dear Lord Jesus, thank You for Your great love for us. Thank you for Your many promises to us. Today we especially thank You for Your promise of rest when we are weary and burdened. Help us to learn to rely on You more in these troubled and uncertain times. It is in Your holy Name that we pray. Amen.

I heard the voice of Jesus say, “Come unto me and rest;  
Lay down, O weary one, lay down Your head upon My breast.”  
I came to Jesus as I was, So weary, worn and sad;  
I found in Him a resting-resting place, And He has made me glad.  
(LSB #699; LW #348)