



Praying the Psalms

A prayer inspired by selected verses from Psalm 119:1-16

By Sheila Lutz

Heavenly Father,

In this
wonderful
time of
my life,
I come to
You in prayer
this day.

I've so much to learn, but I also have
so much to give. I have so much to
share, but I also have so much yet to
be experienced. I come to You to
ask You to help keep my path blameless
and to guard my words according
to the teachings of Your Word.

I have stored up Your Word in my
heart and wish to share it with
many I meet, but I know that first I
must seek You with my whole heart — I must seek
Your face and not Your hand — Your presence and not
just Your gifts. I want to seek Your will and not my own.

Like the young men, Joseph and David, You have
blessed me with so many gifts, but like them, I must
wait for Your timing to use my blessings. The time may
be while I'm young, like Timothy, or the time may come
many years later, as it did for Sarah and Abraham.

I have been a student of Your Word as Saul was
in his youth. Teach me when I misuse it for my own
purposes. I thank You for the forgiveness
You grant through my Savior, and I ask You to
continue to light my path as You did when You
led Paul to leave behind his Saul ways.

Like Esther, have You created me for such
a time as this — right now? Like young
Jeremiah, I know You formed me for
Your purpose — great or small.

I need not be afraid of my youth. I need
not be overwhelmed by life ahead. Like
Ruth, I will rely on You and mentors You
may send me. I will rely on Your power
as my God as I learn and share when I go
where You want me to go.

With the Psalmists, when I'm in confusion or pain,
I will praise You, worship You, and do good with the
blessings You give me. Thank You for my life.

Blessed are You, O God, Giver of all gifts, for You gift
me for Your good purpose for my life. I will use them
to bless others.

I will fix my eyes on You. I will share Your story and
Your love and Your glory with those in my life, both
now and in times I've yet to see. I will delight in You,
my Father, and walk in Your ways.

All Praise and Honor be to You, for You are my
God, forevermore.

Amen and Amen! *Q*