

WORKSHEET ONE

EQUIPPED TO BE SAINTS

OBJECTIVES

- to explore how each of us has been equipped by our own personal history for a unique and personal ministry or service.
- to begin the process of developing a personal mission statement.

Our life has been made up of significant events that have helped shape who we are. Each step of that journey has been important in some way. Sometimes these steps made sense to us; at other times, God alone knew why we walked where we did. There has been a sequential process in being equipped to become His disciples. The first step of the mission statement process is to explore the history that brought you to this point through a "journey line" or "life line." In the space provided below, create a journey line noting significant moments that may have contributed to your growth as His servant. You are encouraged to note the learnings rather than the specific details of the moment. Think brush strokes, dates aren't important, events are.

Some significant points of interest may be:

- when and how you came to be a Christian
- when and how you came to be part of the LWML
- what significant events influenced who you are today
- what significant people in your journey influenced you (in either a positive or negative way)

REFLECTION TIME

Use words and/or phrases to respond to the following questions. Continue to add to your worksheet as new ideas and memories surface. Please complete this part of the process as your answers and reflections will be useful as you work through the next worksheet.

1. What types of activities or areas of work have you been involved in? What do others frequently ask you to do?
2. Reflecting on Question 1, what patterns do you observe? (examples: helping, teaching, serving, volunteering, leading)

3. List three to four times in your life when you have felt uplifted and fulfilled. What did you learn from those experiences? Are the peaks or high points on your journey line somehow related? Is there a common theme to those moments?
4. List three to four times in your life when you have faced difficult challenges. What did you learn from those experiences? In retrospect, can you see those challenges as teachable moments, as opportunities to equip the saints, as gifts? Recognizing them as gifts and choosing to use them in a positive way may help us determine what service we've been equipped to do.
5. List three or four qualities/characteristics that your life has equipped you with so far.
6. "We are where we've been" could be interpreted to mean that God has equipped us with these experiences to empower us to do His work. List three or four things (in addition to the qualities in the last answer) you've learned about yourself from the past that will shape your journey in the future.
7. Winston Churchill has been credited with the quote, "What you are is God's gift to you; what you do with what you are is your gift to God. "How have you put your gifts to work?"

As previously explored, our past is an integral part of who we are. To a large extent it has shaped what we find ourselves doing today. We need to build on the past and explore where we are going and what we are called to do. Worksheet 2 will help you more clearly define your own personal mission as Jesus' disciples.