



God is in Control

Closing Devotion

“Be still, and know that I am God” (Psalm 46:10a).

Anyone who has children in their lives has probably uttered “Be still!” on more than one occasion for any number of reasons. You may even know “antsy” adults you would like to tell to “Be still!”

In Psalm 46, God is telling His children to, *“Be still. Enough already, stop spinning your wheels.”* He admonishes us. God wants us to realize that He is the One in control. No amount of worrying, fretting, or concern on our part can change anything. In fact, God views those reactions as distrust.

God is telling us, *“Be still. Turn it over to Me. I know your concerns; they are My concerns, too. What you care about, I care about. Trust Me. Believe in Me. Be still. I can handle it.”* God instructs us to bring whatever is troubling us to Him in prayer, and then His Spirit helps us to *be still* as we await His answer.

Jesus says, *“Let not your hearts be troubled. Believe in God; believe also in me”* (John 14:1).

Listen to verse 1 of the hymn “Be Still, My Soul:

Be still, my soul; the Lord is on your side;
Bear patiently the cross of grief or pain;
Leave to your God to order and provide;
In ev’ry change He faithful will remain.

LSB 752, verse 1, TLH 651, LW 510

Prayer: Heavenly Father, help us always to put our trust in You. Send Your Holy Spirit to calm our souls. In Jesus’ name, we pray. Amen.

God is in Control
Mustard Seed: Comfort from the Psalms, 22/30
Hymn Text: LSB 752
Written by Marcia Gomulka and Myrna Lou Meyer
Published by Lutheran Women’s Missionary League, ©2009
Adapted by CREC, 2017