



The Always-Open Hand

Opening Devotion

You open your hand; you satisfy the desire of every living thing (Psalm 145:16).

A child takes food from a parent's hand. An aged parent is fed with a spoon held in the hand of a loving caregiver. A family pet eats from the hand of its master. Each is evident of a bond, a connection, a trust relationship.

We are fed daily by the hand of our Heavenly Father. He provides seeds for the farmer who plants and harvests. He has equipped the skilled cooks who prepare the food. From His hand to our mouths, God provides. We join the Psalmist in saying, *"You open Your hand; You satisfy the desire of every living thing."*

When families gather for a meal, it is important to thank God for all He has provided. He wants us to have that intimate trust relationship with Him. We can share more than food; we can share the hope we have in Jesus Christ as a redeemed child of God.

Prayer: Lord, thank You for opening Your hand and satisfying our needs. Remind us that You are always at our tables. Help us to focus on Your goodness and to trust You for all things. In Your gracious name we pray. Amen.

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