A Note from the Pastor...

Of Sitting Hens...And Thanksgiving

Hens are female birds that sit on a nest of eggs. When sitting on a nest of fertilized eggs something truly remarkable happens. In that environment the hen provides exactly right humidity and warmth and even through her fussing around manages to turn the eggs at just the right time. The result is that we know as an egg with a yolk, white and shell erupts with life in the form of a baby chick.

In our studies on Saturday morning, we read of one of the early church fathers who was contemplating the opening words that we find in Genesis 1:1-2 where it says, "In the beginning, God created the heavens and the earth. The earth was without form and void, and darkness was over the face of the deep. And the Spirit of God was hovering over the face of the waters." He compared the Spirit hovering over the face of the waters to a hen hovering over her nest. Just as the nest erupts with life, so also it seems that creation erupts with the nurturing of the Spirit.

But then we read in the New Testament (Luke 24:46 ff.) of how Jesus promises His Spirit. He says, “Thou it is written, that the Christ should suffer and on the third day rise from the dead, and that repentance and forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And behold, I am sending the promise of my Father (the Holy Spirit) upon you. But stay in the city until you are clothed with power from on high.”

Certainly the Spirit of God hovers over them that Day of Pentecost and life erupts beneath them as 3000 were added to their numbers that day. So also the Spirit continues to hover over the people of God bringing forth life where there is death, forgiveness where there is sin, love where there is hatred.

I sense it would be a mistake to think of creation as a one-time event that took place only long ago and has since ceased. As we stop this month to give thanks, I sense that it would be good for us to also remember the on-going, creative power of the Holy Spirit who hovers over us seeking to bring forth life from the dark chaos that we know so well. The Lord, who brings forth food for us from the dust of the ground; the Lord, who brings forth life in the birth of our children and grandchildren; the Lord, who hovers over the vexing problems of our life and brings us forth through the wisdom of His will - this is the Lord to whom we offer our words, our songs and our prayers of thanksgiving.

So, yes, we join our voices and prayers together in an annual worship service on Thanksgiving Eve here at Living Savior at 7:15pm as is our custom.

I would also note that the Wednesdays following mark the passage of time in the season of Advent. We will also hold special services on November 30, December 7, December 14 and December 21 – sometimes we don’t have that fourth mid-week Advent service because it can land so close to the Christmas Eve services - but this year Christmas Eve is on Saturday. Hence we will have four mid-week Advent Services - which will utilize the Holden Evening Prayer Service. And the Advent services (not Thanksgiving), will be preceded by Soup Supper for all. Watch for sign-ups in the narthex.

On a personal note – thank you for affording us the time to be with family as we mourn the sudden passing of my mother. Your prayers, cards and memorial gifts are a treasure to our hearts.

Pastor Brandt
This month as we look towards Thanksgiving we count all our many blessings. Our health, family, friends, and this colorful season are all things to be thankful for. Most importantly, we give thanks for Jesus and His gifts of love and forgiveness.

Our Bible stories this month all share the lesson of giving thanks to God, often in difficult situations. We start the month learning about the birth of Moses. Next we learn how David defeated the giant Goliath. Then we hear how David and Jonathan were good friends even though the King, Jonathan’s father, didn’t like David. Through all the difficulties these people faced, God was with them every step of the way. They all trusted God and he provided His protection and strength; so through these bible stories we can give thanks too!

Secular themes this month include magnets, Thanksgiving, and the 5 senses. There are a variety of magnets the children can experiment with, as well as trying to see what things will attract (paper clips, string, nails, etc.). Thanksgiving will be explored through books and art projects. We will explore the 5 senses through books, experiments, and manipulatives such as Lite Brites.

Mark Your Calendars if you supported the preschool fundraiser and bought a “Pie for Preschool”. Friday morning, November 18th the pies arrive! Denice will be calling you to setup a time to come to church and pick up your order day. Thank you all for your support of preschool!

I can’t wait to hear how these pies were enjoyed during the holidays.

Preschool Openings

There are 107 children enrolled at Living Savior Preschool. We need 1 more four-year-old and 4 more three-year-olds for our afternoon classes--then we are full! Spread the word to friends or family! If they need more information, direct them to the church web site: www.living-savior.org, from which they can print a registration form, or call to set up a tour with Denice (503 692-3303). Thank you.

The preschool staff and I give thanks for all your support through prayers, encouraging words and helping us with fundraising by supporting our Pie sales.

Have a wonderful Thanksgiving!
Denice and the Teaching Staff

November Devotion

You anoint my head with oil; My cup overflows. -Psalm 23:5b

November Devotion

There was a train crash in New Jersey in October which most of us remember hearing about. As usual in crises like this, reporters were on the scene asking people what they had seen and heard and what they were feeling. One man who witnessed the crash responded by saying that he just thought of a bunch of expletives — swear words. That made me think of a speaker I once heard who asked what comes out of my mind and my mouth when I am bumpt. What does the over-flow of my life look like? Is it swear words? Or is it prayer for the situation I find myself in? With what does my heart, my mind and my mouth overflow?

I hope my mind and my mouth would overflow with prayers for those involved. The scriptures have some words regarding overflowing.

Check out the following verses:

Psalm 23:5
You prepare a table before me In the presence of my enemies.
You anoint my head with oil my cup overflows

Psalm 65:11
You crown the year with your bounty your wagon carts overflow with abundance.

Psalm 119:171
May my lips overflow with praise, for you teach me your decrees

Lamentations 1:16
“This is why I weep my eyes overflow with tears. No one is near to comfort me, no one to restore my spirit.”

Matthew 12:34
You breed of vipers, how can you who are evil say anything good? For out of the overflow of the heart the mouth speaks.

Romans 5:15
But the grace is not like the trespass. For if the many died by the trespass of the one man, how much more did God’s grace and the gift that came by the grace of the one man, Jesus Christ, overflow to the many!

Romans 15:13
May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.

2 Corinthians 1:5
For just as the sufferings of Christ flow over into our lives, so also through Christ our comfort overflows.

2 Corinthians 4:15
All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God.

2 Corinthians 8:2
Out of the most severe trial, their overflowing joy and their extreme poverty welled up in rich generosity.

2 Corinthians 9:12
This service that you perform is not only supplying the needs of God’s people but is also overflowing in many expressions of thanks to God.

1 Thessalonians 3:12
May the Lord make your love increase and overflow for each other and for everyone else, just as ours does for you.

Colossians 2:6-7
So then, just as you received Christ Jesus as Lord, continue to live in him, rooted and built up in him strengthened in the faith as you were taught, and overflowing with thankfulness.

Do you notice how much of the “overflow” is related to thanksgiving? As we prepare to once again celebrate the festival of Thanksgiving, we can be especially mindful of all we have to be thankful for. And as we continue to fill our hearts and minds with scripture, we will overflow with his love when we are bumped with life’s circumstances.
### Youth Group for November!

#### Sr. Youth

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>11/2</td>
<td>No Sr. Youth</td>
</tr>
<tr>
<td>11/9</td>
<td>Movie: &quot;God's Not Dead, 2&quot; (2nd half)</td>
</tr>
<tr>
<td>10/16</td>
<td>Food Sort! (for Thanksgiving Meals) (because of holiday worship schedule, this is our last 2016 Wednesday event!)</td>
</tr>
<tr>
<td>10/23</td>
<td>Thanksgiving Eve Worship Service</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>FRI, NOV 18</td>
<td>LOCK-IN! (including midnight shopping for Thanksgiving Meals!)</td>
</tr>
<tr>
<td>SAT, NOV 19</td>
<td>Thanksgiving Meal Delivery</td>
</tr>
</tbody>
</table>

#### Jr. Youth

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUN, NOV 13</td>
<td>Neighborhood Food Drive (12:15 - 3:00 pm)</td>
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</tbody>
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### Thanksgiving Food Drive!

It’s Thanksgiving Food Drive time!

YOU can help contribute to the Thanksgiving Meals that the Jr. and Sr. Youth will prepare for 12 Tualatin families in need. Please bring non-perishable food items or a cash/check donation to Living Savior from...

**Sunday, October 30 through Wed, November 16.**

<table>
<thead>
<tr>
<th>Our Wish List!</th>
</tr>
</thead>
<tbody>
<tr>
<td>Canned Fruits &amp; Vegetables</td>
</tr>
<tr>
<td>Rice</td>
</tr>
<tr>
<td>Stuffing Mix</td>
</tr>
<tr>
<td>Canned Cranberries</td>
</tr>
<tr>
<td>Olives</td>
</tr>
<tr>
<td>Salsa</td>
</tr>
<tr>
<td>Canned Refried Beans</td>
</tr>
<tr>
<td>Cash or Check</td>
</tr>
</tbody>
</table>

Check payable to:  
Living Savior with note:  
"Thanksgiving Meals"

Place your donations on the tables provided in the Narthex (entryway) on Sunday mornings before or after worship, Wednesday evenings, or during the week during office hours.

**It’s an all-church effort!**

The Jr. Youth Neighborhood Food Drive is Sun, Nov 13!

The Sr. Youth shopping spree for perishable items is Fri, Nov 18 at midnight!

The Sr. Youth assemble and deliver meals Sat, Nov 19!

**Don’t miss your opportunity to help!**
"You are those who have stood by me in my trials."

Living Savior has an active team of people who have a heart for those who are unable to attend church because of illness or disabilities. As a visitor to shut ins, they have an opportunity to make a positive difference in someone’s life by visiting and bringing to them fellowship and love from the congregation.

**WANTED YOU TO VISIT SHUT-INS?**
Volunteers are trained for this ministry. If you would like to be a part of this ministry or have questions, please contact the Church Office.

**DO YOU KNOW OF SOMEONE WE CAN VISIT?**
Contact the Church Office.

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**Help is Coming!**

We all recognize our growing church body has meant an increase in the demands made on our Pastor. Spiritual Life Board has for several years been encouraging Pastor Brandt to let us know how we can support him in meeting the needs of this active congregation. Pastor has recently indicated that, at this point, some pastoral assistance would be welcome. In conjunction with Church Council, the SLB is working to create a quarter-time position to be staffed by a retired LCMS pastor in order to provide this assistance. We are excited to share the complete information with everyone regarding this new position and will do so once details are solidified.

Praise and thanks to God for the many blessings we enjoy here at Living Savior and we trust that it is His hand that directs us as we plan for additional pastoral hours in service to our congregation.

Sincerely,

Spiritual Life Board

Living Savior Lutheran Church Council

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**GREETING CARD COLLECTION**

So often residents in assisted living facilities are unable to easily get out and purchase greeting cards. We are beginning to collect unused greeting cards for all occasions to offer to people in these facilities. Many of us have an overabundance of greeting cards that never get mailed and we don’t know what to do with them. Some of you may frequent estate and garage sales that may have them for sale for very little money. As we approach the holidays, you may purchase fabric gift bags, aprons, pot holders, table runners, etc. This year’s Boutique will be held Sunday, November 13, in the narthex.

We hope to see you there.

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**Lutheran World Relief**

**UPDATE FROM OREGON**

Mission Mites

Trinity/FOPE **$5,000 FUNDED!!**

Trinity/FOPE works to assist Lutheran Churches in Haiti in spreading the Gospel to hungry children. They provide a daily noon meal to students and teachers, sharing the love of Jesus. Specifically, the funds from this grant would provide noon meals for 115 children for an entire school year of 187 days. For some children, the meal they receive at school may be their only meal of the day. The children like beans and rice. For them, it is like eating pizza or going to McDonald’s!

Information about other grant projects is available at ORLWML.Org/missions.

Filled mite boxes may be left in or by the large mite box on the book shelf by the front doors in the narthex.

Thank you!

A word of thanks to all of those who helped...with Living Savior’s hosting of the LWML Zone Rally on Oct. 22. The donations of food and time are greatly appreciated! Thank you also to Pastor Brandt for making our visitors feel welcomed and informed about the symbolism found in our sanctuary.

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**Dinners of Eight**

Look for information in the December Logos. Sign-up sheets will be in the narthex beginning in December. Dinners will be the 2nd Sunday of January, February & March.

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**Who are the “Pin Pals”?**

There is a group of women here at Living Savior who make quilts for Lutheran World Relief (LWR). If you were at church on October 23rd you would have seen our handiwork displayed throughout the sanctuary and fellowship hall. By the time you read this, those quilts will have been packed and shipped—first to the LWR main distribution center in Baltimore and then on to wherever in the world they are needed.

This group of quilters is known as “Pin Pals”. We meet on the second and fourth Thursdays of each month from 10:00am to noon and would love to have you join us. We will resume our monthly meeting in January. If that doesn’t fit in your schedule right now, perhaps you could sew quilt tops at home or wash and iron new fabric as it is donated. Every little bit helps.

It costs 21 cents per pound to ship the quilts to Baltimore and an additional 50 cents per pound to ship them around the world. The “Pin Pals” help raise this money by holding an annual LWR Christmas Boutique where you can purchase fabric gift bags, aprons, pot holders, table runners, etc. This year’s Boutique will be held Sunday, November 13, in the narthex.

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We hope to see you there.
Notes from Bethesda

Group Home Christmas

Mission Statement
Our Mission is to share the Love of our Lord with our Group Home Friends and the People who care for them.

This year we will have our Annual Christmas Service and Luncheon on Saturday December 3rd from 1200 noon until 2:30 pm. We will need help with food preparation, setting up clean up and spending time with our friends. More information and sign up sheets will happen in early November. We have had this event for almost thirty years. It is a wonderful way to share the love of Christ’s Birthday.

The Group homes in Tualatin were started in 1986. Each home had 5 people living in it, but as time has changed, some of the homes now have 3-4 people. This year the Siuslaw home in Tualatin has closed. The people living there had very high needs and staffing has been a problem. All our friends from Siuslaw have been moved to other homes in the Portland area.

The people who live in our homes have changed over the years. When the homes were first started many of our friends came from various institutions all over the state. They did not have as much family involvement. Everyone in our church has been very supportive with wonderful Christmas gifts. It has been fun to see the joy when presents were delivered the week of Christmas. Over the years we have not had as many gifts for the people in the homes but we do give gifts for people without support and we have given gifts for the homes which has been very helpful to the staff and made the homes function better. This year on the Christmas tree or Wish list wreath there will be will be tags for some gift for our friends and the homes. This year I would like to do something special for the staff who work at and care for our Group home Friends. They have had to work extra long hours and extra days. I would like gift cards of $10.00 and I need about 40 or if you prefer you can give $10.00 starting in November. You can buy the cards from scrip which would also benefit our church. There are many stores with cards for $10.00. The cards will be put in Christmas cards with a note from our church, wishing them a Merry Christmas and thanking them for all their hard work and care. It will be a nice way to put our Mission Statement into action. More instructions on this in early November.

There will be dates announced for Christmas Caroling with the middle school in early December. The senior youth is planning to help with our Spring event. Monthly Bible classes and dinners will continue in the new year.

Thank you for your prayers for our Group Home Friends, Staff and the Bethesda Organization and thank you for your support this Christmas and the year to come. Wishing you and your families a very Blessed Christmas.

-the Mission Board

Bethesda Auxiliary Bazaar

Thank you to the members of Living Savior for your loving hearts and giving nature. With your help and support we “created” our own traveling gift table for the recent bazaar held at our church. You helped raise $1000.00 for Bethesda Auxiliary in the three days you had opportunity to give financially. May God bless you for showing your love for His children with special needs.

SUPPORT GROUP AT LIVING SAVIOR

We invite you to connect with others at Living Savior who are giving care or have given care to a loved one. Those who are in the midst of giving care could greatly benefit from those who have gone before them. We meet the third Saturday of the month 9:00 am to share resources, encourage one another and fill our spiritual cup. Please join us! Friends of Living Savior Lutheran are welcome to join us as well. You may know someone in the work place or community who would benefit from our office. Questions? Contact the Church Office.

Saturday, November 19, 9:00am
Board Room
Living Savior Lutheran

STEPHEN MINISTRY

SUICIDE & THE SURVIVORS

A presentation on suicide was given by Kylee Brandt, Master’s degree in Counseling Psychology from Lewis & Clark. Suicide is the 10th leading cause of death in the U.S. Oregon ranks 10th in deaths due to suicide. More residents of Oregon die by suicide than by homicide on average every year. Kylee shared with us an organization dedicated to suicide prevention: American Foundation for Suicide Prevention - afsp.org

We are approaching winter which tends to increase depression for some people. The following are suicide warning signs that we all should be aware:

Talk
If a person talks about:
• Being a burden to others
• Feeling trapped
• Wanting to “escape”
• Experiencing unbearable pain
• Having no reason to live
• Feeling hopeless
• Harming themselves
• Killing themselves

Behavior
• Increased use of alcohol or drugs
• Looking for a way to kill themselves, such as searching online for materials
• Acting recklessly
• Withdrawing from activities
• Isolating from family and friends
• Sleeping too much or too little
• Visiting or calling people to say goodbye
• Giving away prized possessions
• Aggression

Mood
People who are considering suicide often display one or more of the following moods:
• Depression/Sadness
• Loss of interest (Anhedonia)
• Anxiety
• Irritability
• Humiliation
• Agitation/Persistent Worry

INTERNATIONAL SURVIVORS OF SUICIDE LOSS DAY

Saturday, November 19, 2016

The American Foundation for Prevention provides a survivor outreach program that connects recently bereaved suicide loss survivors with trained volunteers who have also lost a loved one to suicide. Having benefited from sharing their own experiences with fellow loss survivors, AFSP’s volunteers were moved to help others navigate this challenging journey by offering support and resources. Visit afsp.org/supportgroups.

Listen: To hear with thoughtful attention

Did you ever talk to someone but felt as if that person just wasn’t listening? Stephen Ministers are trained to listen well. They will hear what you have to share and respond lovingly and non-judgmentally - rather than telling you what you should or should not have done. If you need someone who will really listen to you as you work through a problem in your life, consider Stephen Ministry.

If you or someone you know is in need of a Stephen Minister, please call the Church Office.
**Angel Tree Program**

The Angel Tree is a Prison Fellowship program that connects parents in prison with their children through the delivery of Christmas gifts. In most cases, local churches volunteer to purchase and deliver gifts to children of ages 0-18, whose parent or parents are in prison. We are asking our Living Savior family to consider volunteering to make this the best Angel Tree ever! A signup sheet is in the Narthex, drop your signup sheet in the Christmas Box. Please sign up early and let’s make this a year to remember as we share the Love of Christ with these children this Christmas!

For more information contact the Church Office.

**Advent Is Coming**

The 1st Sunday in Advent is November 27. Soup Suppers and Advent Worship Services begin Wednesday, November 30, and run each week through December 21.

Be looking for sign up sheets to volunteer to bring soup, rolls or a dessert, or to set up or help with clean up. Supper begins at 5:45pm and Worship at 7:15pm.

**Scrip Program**

- We are happy to add the Visa Prepaid Card to the Scrip Program.
- They are in denominations of $50. There is no activation fee and the church will earn 1.5% on each card sold.
- It is accepted everywhere Visa debit cards can be used.
- Try them at Costco, Trader Joes, Winco, just to name a few.

**Books and DVDs**

- We have books for every topic or situation. Please take a minute to browse through our inventory. The library is located on the second floor, next to the Upper Room (arched lentries). There is self check out.

**Amazing Grays**

On Thursday, Nov. 3 at 1:00pm, we gather in the Fellowship Hall for our regular meeting with Pastor Brandt.

**Thursday, Nov. 17**, we will travel by WES Commuter Train leaving from 18955 SW Boones Ferry Rd. (near the closed Haggen Grocery) at 9:00am. David & Flavia will meet us there at 8:45 to distribute the tickets and help us with the transportation to the Oregon Historical Society Museum at 1200 SW Park Ave., Portland, OR. Ph. 503-222-1741 (If you go to Oregon Historical Society website and signup for their newsletter you can get a coupon for entry of two for the price of one.) The price for seniors (60+) is normally $9.00 each.

After we see the OHSM, the 20 that have reservations for the Oregon Culinary Institute, 1701 SW Jefferson St., Portland, will go to lunch. (They will only take 20 people and we have reservation and a list signed up for 20.) Ken has agreed to make arrangements for those who were unable to signup but would like to take the trip, to eat at another restaurant in the area. There is a signup sheet for the extra group in the Narthex.

After lunch, we will go to the downtown area for shopping or back to the Oregon Historical Society Museum to continue our visit. David will have instructions on our return home schedule.

Questions, please call the Church Office.