

THE FISH TALE

Immanuel Lutheran Church – Senior Newsletter

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John 15:16 Jesus said, "I chose you and appointed you that you should go and bear fruit..."

Purpose is often linked to who we are and what we do, but roles change as we age. What happens then? Do we lose purpose when we retire? Or when our children are grown and out on their own? Absolutely not!

Maybe, especially at this stage of life, we should reframe our purpose from "who" we are and "what" we do to "whose" we are and "why" we do what we do. We have been redeemed by the blood of Christ and, in response, we can purposefully choose to do those things that serve others as Christ served us. Our lives will be enriched as we look for ways to enrich the lives of others. That's called living on purpose!

Helping people live life with Jesus everyday,
Rev. Dr. Brent L Parrish



Jesus Teaches Nicodemus

Read: *John 3*

Reviewing God's Word

Fill in the blanks, using the words of Jesus below.

Some words may be used more than once or not at all.



1. "Unless one is born of _____ and the Spirit, he cannot enter the kingdom of God."
2. "We speak of what we _____."
3. "As Moses _____ up the serpent in the wilderness, so must the Son of Man be _____ up."
4. "Whoever _____ in Him should not perish but have eternal life."
5. "For God did not send His Son into the world to _____ the world."
6. "The _____ has come into the world, and people love the darkness."
7. "Whoever does what is true comes to light, so that it may be clearly seen that his _____ have been carried out in God."

believes

light

works

strength

fail

know

lifted

condemn

perish

water

actions

express

Thinking About God's Word

1. Why did Nicodemus decide to visit Jesus at night?
2. With which words does Nicodemus show he recognizes that God's power is at work in Jesus?

3. What Means of Grace How did Peter show that he knew he had seen a miracle?

4. The story of Moses raising up the image of a bronze snake on a pole in order to heal God's dying people is found in Numbers 21:4-9. Tell about the connection between this story and Jesus' crucifixion.

5. What (or who) is "the light" that Jesus speaks of (Hint: see John 8:12)

What does He mean by "the darkness"?

6. At the end of this story, by whom does Jesus say that our works have been carried out?



Application of God's Word

1. Nicodemus confesses his understanding that someone can do the great miracles Jesus had performed only if "God is with him." Little did he know how much truth was in this insight! How would you explain to Nicodemus that God was more than just "with" Jesus.

2. What does Jesus' statement "the light has come into the world, and the people loved the darkness rather than the light" say about sinful people's reaction to God's Son walking among them? See also John 1:9-11.

3. If our good works are carried out in God, should we be prideful when we serve others? Explain.

Bird Watching: A Hobby with Many Benefits



A Breath of Fresh Air

If you participate in bird watching, then you probably spend a considerable amount of time outdoors in nature, which has many proven physical health and mental health benefits. Numerous studies show that being outdoors in nature reduces stress and anxiety. Taking a walk to see birds provides cardio-vascular exercise and (on sunny days) vitamin D for improved bone health.

Exercising Memory Muscles

The sights, sounds, and smells you encounter in nature can increase your sensory awareness and your memory. Learning new skills, like how to identify birds by sight and sound, is exercise for your brain, and actively using these skills can improve memory recall. Paying close attention to small details can keep us sharp and alert, and enhances our memory's reflexes.



Mindfulness Moments

Bird watching promotes being “in the moment,” with something positive to think about and beautiful things, like Baltimore Orioles and Indigo Buntings, to focus on. Listening closely to hear bird calls and songs, or scanning the skies and trees for birds, can help us to tune out the busyness of our lives and be present wherever we find ourselves.

Feathered Friends Create Community

Best of all, bird watching is a social activity enjoyed by millions of other seniors, so it is a great way to meet new friends. In addition, it provides the perfect reason (or excuse!) to travel to new places. And, bird watching provides great opportunities for learning for people of all ages, making it a perfect activity to enjoy with children, grandchildren, and family!

Give it a try!

You don't need expensive binoculars or hiking boots to watch birds. You can do it in your own backyard, from your porch, or out your kitchen window. So, if you have never gone bird watching before, then just take some time and start enjoying the many health benefits of bird watching!



JESUS AND NICODEMUS

A	N	E	T	H	E	T	R	U	T	H	L	B	M
U	Z	E	T	C	E	G	D	U	J	U	G	R	I
O	U	D	V	E	V	Z	E	R	A	E	N	O	R
S	L	E	L	A	R	N	H	A	H	H	I	N	A
A	R	I	D	R	E	N	W	U	R	U	L	Z	C
V	H	R	F	E	O	H	A	E	N	M	L	E	L
I	T	A	D	T	S	W	T	L	R	A	E	S	E
O	H	B	R	R	E	I	E	L	L	N	T	N	S
U	G	B	N	P	R	D	R	T	N	I	V	A	E
R	I	I	G	I	M	H	U	P	I	U	F	K	B
T	N	T	H	G	I	L	T	P	R	R	T	E	N
R	N	I	C	O	D	E	M	U	S	U	I	M	A
B	O	R	N	A	G	A	I	N	B	N	S	P	H
G	R	D	E	V	O	L	O	S	D	O	G	F	S

SURPRISED
BORN AGAIN
ETERNAL LIFE
TELLING
LIFTED UP

GOD SO LOVED
WORLD
NIGHT
MIRACLES
RABBI

BRONZE SNAKE
JUDGE
HUMAN
SAVIOUR
THE TRUTH

NICODEMUS
HEAVEN
LIGHT
SPIRIT
WATER

Senior Spotlight

Judy Trom



Q: How long have you been a member of Fish Lake Immanuel Lutheran Church?

A: My whole life! All 39 years - ha ha! My parents were members of Fish Lake when I was born. My mother was baptized here in 1914 and was a member of the confirmation class of May 12, 1929.

Q: What is your favorite bible verse?

A: 1 Corinthians 13:4-7 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth.

Q: What is your favorite Fish Lake Immanuel memory?

A: So many! I went to school here and there are so many good times. Recess, softball, sliding down the hill, good friends. My most favorite was after confirmation going to what we called Walther League. I was the secretary for a few years. Imagine that! We had picnics on the other side of the lake, roller skating was so much fun. I think all the girls loved Jerry Sandman. But I think my most favorite memory is we had a huge mission fest here at Immanuel, tents and the works and all the girl's mothers made these kimono's. We all felt so special. I think there is a picture here at church that was run in the newspapers at the time. It was really cool!

Q: Do you have any words of advice for church members?

A: Get to know people and get involved. Always smile and be kind.



Q: What is your favorite flavor of ice cream?

A: Mint Chocolate Chip!

*If you would like to be featured in a "Senior Spotlight" please contact me! I am looking for volunteers!
Thanks! Gayelee LaGrange - glagrang@yahoo.com or (952) 447-4837*

Immanuel Lutheran Church
20200 Fairlawn Avenue
Prior Lake, MN 55372

www.immanuel-fishlake.org
Office: (952) 492-6010
office@immanuel-fishlake.org

Rev. Dr. Brent L. Parrish, Pastor
Pastor: (612) 499-1135
blparrish63@gmail.com

Traditional Worship – 5:30 PM Saturday (In Person)
8:00 AM Sunday (In Person & Live Stream)
Contemporary Worship – 10:30 AM Sunday (In Person & Live Stream)
Christian Education Hour – 9:15 AM Sunday (In Person)
On-Line Bible Study – 9:00 AM Wednesday (Live Stream)
Office Hours: Mon-Thur - 8:00-4:00



Worship with Us.

HUMOUR



**JESUS REPLIED,
"VERY TRULY I TELL
YOU, NO ONE CAN SEE
THE KINGDOM OF
GOD UNLESS THEY
ARE BORN AGAIN."
JOHN 3:3**

One Sunday morning, we attended worship service with our son and his family. Our son handed his 5-year-old son his offering money for the collection plate. The young boy gazed down the pew and saw his grandfather holding out his money. The young boy looked up at his dad and said, "That's OK. Grandpa's buying."



*Age is strictly mind over matter.
If you don't mind, it doesn't matter.
- Jack Benny*



"I slept in church because I'm striving to be more like God, and on the seventh day He rested."

BIBLE

EMERGENCY NUMBERS

FEELING SAD.....	JOHN 14
FEELING BETRAYED.....	PSALM 27
FEELING WORRIED.....	MATTHEW 6:19-34
FEELING SCARED.....	PSALM 91
FEELING LACK OF FAITH.....	HEBREWS 11
FEELING LONELY.....	PSALM 23
FEELING LOW.....	ROMAN 8:31-37
FEELING STRESSED..	MATTHEW 11:25-30
FEELING SELFISH.....	PSALM 67
FEELING AFRAID.....	JOSHUA 1
FEELING BROKE.....	PSALM 37
FEELING HURT.....	JOHN 15
FEELING SMALL.....	PSALM 19
FEELING UNTRUSTING.....	1 COR. 13
FEELING UNFRUITFUL.....	JOHN 15

To keep young, stay around young people.
To get old, try to keep up with them.

Happy
Birthday

DATES TO REMEMBER

March / April

BIRTHDAYS

3/6 – Elmer Jabs
3/7 – Darlene Schuman
3/8 – Roger Kohn
3/9 – Pastor Brent Parrish
3/16 – Patty Anderson
3/22 – Jennie Strickland
4/1 – Ron Blohm
4/1 – Michael Nelson
4/3 – Ed Will
4/5 – Jim Rook
4/7 – Bob Busacker
4/9 – Gerry Zaudtke
4/10 – Charlie Haag
4/12 – Gloria Hentges
4/13 – Becky Ascheman
4/17 – Dean Morlock
4/22 – Juanita Pautz
4/24 – Arlan Miller
4/28 – Sharon Wormer

OTHER DATES

3/1 – Employee Appreciation Day
3/6 – Lenten Services, 11 AM & 6 PM
3/6 – Fish Fry, 4:30 – 6:30 PM
3/10 – Daylight Savings Time Starts
3/13 – Lenten Services, 11 AM & 6 PM
3/15 – Fish Fry, 4:30 – 6:30 PM
3/19 – Spring Begins
3/20 – Lenten Services, 11 AM & 6 PM
3/22 – Fish Fry, 4:30 – 6:30 PM
3/24 – Palm Sunday
3/27 – Seder Evening Meal
3/28 – Holy (Maundy) Thursday,
11 AM & 6 PM
3/29 – Good Friday – The Annunciation
Of Our Lord, 11 AM & 6 PM
3/30 – Holy Saturday, 5:30 PM
3/31 – Easter Sunday – The Resurrection
of Our Lord, 8, 9:15 & 10:30 AM
4/17 – Senior Luncheon, 11:30 AM

HAPPY ANNIVERSARY

ANNIVERSARIES

3/22 – William & Carolyn Slipher
3/29 – Doyle & Ginny Ringgenberg
4/15 – Kip & Sandy Clapper
4/23 – Wally & Claudia Will
4/29 – Gene & Mary Grommesch

