

# THE FISH TALE

Immanuel Lutheran Church – Senior Newsletter  
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*A message from Pastor...*

**Resurrection.** No sweeter world could be spoken. Resurrection is the message the angels tell the women that first Easter morning when they were surprised to see that Jesus' body was not in the tomb. Resurrection is the message the women were to tell the disciples, especially Peter. Resurrection is the message of hope that we cling to, especially when we are suffering and hurting.

St. Paul reminds us that "death is swallowed up in victory" (1 Corinthians 15:54). Jesus' resurrection destroys the power of death over us. Because Jesus first won the strife, we, too, win the strife over death through faith in Him.

We did nothing to earn resurrection. We don't deserve it. It is a gift given to us by a generous and gracious Father who promised Adam and Eve, Abraham, and all those who go before us in the faith that Jesus Christ will destroy Satan's hold over us by dying for our sins and rising from the dead.

It's hard to believe, but it's true. God's Word promises us eternity without sin, without pain, without anger, without sickness, without death. His Word never lies. Though we will suffer here and now, Jesus makes our suffering sweet and light through the hope of His resurrection. After all, He suffered the worst punishment, even death, for our sake.

**Resurrection.** It's a sure and certain hope. It's for you and me through Jesus Christ, the firstborn from the dead who loves us and gave His life that we might live with Him forever. He has risen indeed! Alleluia!

Helping people live life with Jesus every day,  
*Rev. Dr. Brent L. Parrish*

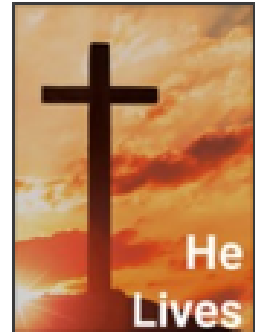


# The Resurrection

*Read Luke 24 and John 20.*

## God's Word in Review

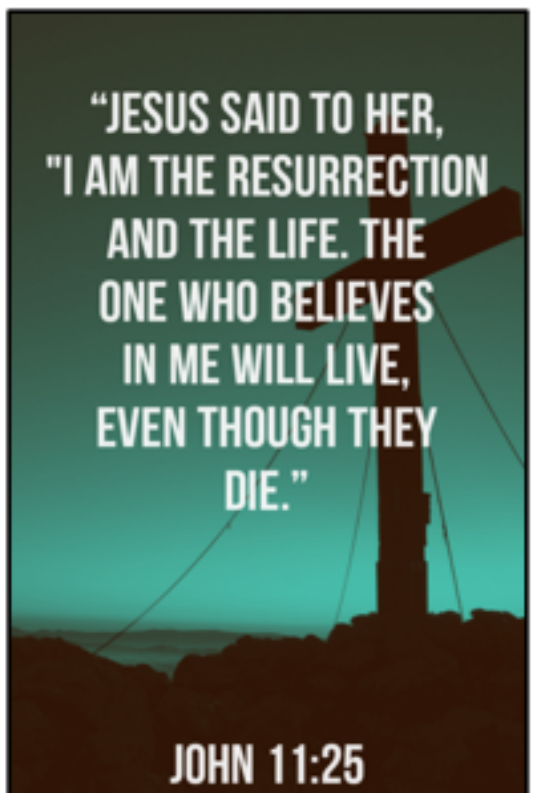
*For the following statements, circle T for true or F for false.*



1. When the women arrived at the tomb at early dawn, the stone was not yet rolled away.	T	F
2. Two men (angels) said to the women, "Why do you seek the living among the dead?"	T	F
3. The angels reminded the women that Jesus had predicted His resurrection while He was still teaching.	T	F
4. All the apostles rejoiced upon hearing the news of Jesus resurrection.	T	F
5. When Jesus appeared to Mary Magdalene, she was outside the tomb by herself weeping over his absence.	T	F
6. It was not until Jesus spoke her name that Mary Magdalene recognized Jesus.	T	F
7. Jesus said to Mary Magdalene, "Do not cling to Me, for My kingdom is not of this world."	T	F
8. Jesus broke the chains of death for us.	T	F

### God's Word to Think About

1. How soon after Jesus' burial did the women travel to the tomb?
2. Were the women expecting Jesus' resurrection? Explain.
3. Why did the angels who appeared to the women mention that Jesus had already predicted His resurrection?
4. To whom did the women run to tell the news of Jesus' resurrection? What was the reaction from this group?
5. Which disciple showed by his actions that he had faith in the words of the women and this act of God?
6. Why was Mary Magdalene weeping outside the tomb?
7. Who did Mary Magdalene think Jesus was when He first appeared to her? When did she recognize Him as her Lord?
8. What did Jesus want Mary Magdalene to do rather than stay with him?



### **Application of God's Word**

1. In 1 Corinthians 15:14, the apostle Paul says that "if Christ has not been raised, then our preaching is in vain, and your faith is in vain." What would you say to someone who claims to trust in Jesus as the Savior but does not believe in His Resurrection?

2. Mary Magdalene did not acknowledge the risen Jesus until He spoke to her. How does Jesus speak to people today to bring them to recognize Him as their Lord?

3. Jesus said to Mary Magdalene, "I am ascending to My Father and your Father, to My God and your God." What does this statement tell us about our relationship with God because Jesus conquered death?

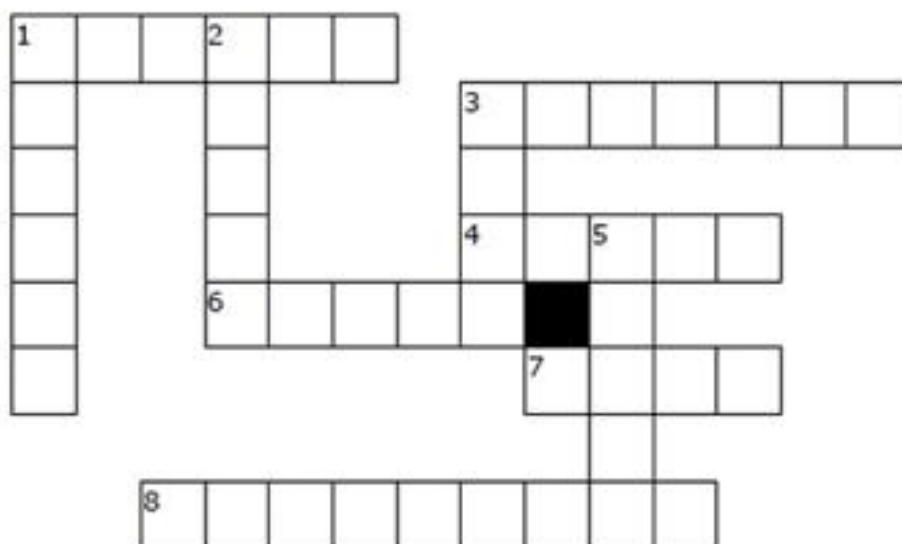


He  
is  
Risen

# The Resurrection

"Don't be alarmed," he said. "You are looking for Jesus the Nazarene, who was crucified. He has risen! He is not here. See the place where they laid him." Mark 16:6 (NIV)

Puzzle is based on various Gospel accounts of the resurrection.



## ACROSS

1. To be filled with fear
3. The first or early part of a day
4. To return from death
6. To have nothing inside
7. A place where someone is buried; another name for grave
8. Having been put to death on a cross

## DOWN

1. Messengers from heaven
2. Not dead
3. The name of the woman who discovered Jesus' empty tomb
5. What was used to cover the entrance to Jesus' tomb

ALIVE	MORNING	EMPTY	AFRAID	ANGELS
TOMB	MARY	CRUCIFIED	RISEN	STONE

## WAYS TO INCREASE MEMORY FUNCTION

Cognitive impairment is common due to aging and other factors. However, there are healthy lifestyle choices you can make to boost your cognitive health, which includes both short- and long-term memory.



### 1. Take Up Brain Games

Stimulating activities such as puzzles, card games, word searches, and chess can keep you alert, trigger memories, and prevent loneliness. These games work out the brain and challenge the mind.

### 2. Get Plenty Of Rest

Sleep deprivation prevents you from being able to focus and learn new things. You need sleep to consolidate your memories and have the ability to recall them in the future. Without adequate rest, the brain can become foggy, increasing the risk of poor judgment and reduced motor skills.

### 3. Stop Smoking

Smoking cigarettes and cigars can prevent blood and oxygen from flowing to the brain. When this happens, the brain won't function properly, increasing the chances of memory loss.

### 4. Stay Physically Active

The physical movements associated with dancing, yoga, tai chi, swimming, weightlifting, and other exercises can keep you focused, and they require the use of critical thinking skills. You will need to use your memory to perform tasks and store new information while learning different exercises.

### 5. Control Stress

Stress can prevent the brain from functioning at optimal levels, and it can also increase the risk of conditions such as dementia and Alzheimer's. You can help manage stress by learning your triggers and avoiding them. Other ways to control stress include staying socially active by volunteering, joining an arts and crafts class, and attending family gatherings.

# HUMOUR

## The Back Pew - Jeff Larson



**FOR SALE** - Single owner tomb. Only used three days, and still has that new tomb smell. Reason for sale.. resident was resurrected.

Six-year-old Ned's mother was looking through an old family Bible when an oak leaf fell out. Ned said, "I guess that must be Adam's shorts."

Q. How can you make God laugh?  
A. Tell him your plans.

An elderly couple, admitted by St. Peter through the Pearly Gates, found conditions there just heavenly. Said the man to his wife, "I could have been here two years ago if you hadn't fed me all that oat bran."

## CONTACT INFO

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Office Hours: Mon-Thur - 8:00-4:00

# WORSHIP WITH US

Traditional Worship - 5:30 PM Saturday (In Person)

8:00 AM Sunday (In Person & Live Stream)

Contemporary Worship - 10:30 AM Sunday (In Person & Live Stream)

Christian Education Hour - 9:15 AM Sunday (In Person)

On-Line Bible Study - 9:00 AM Wednesday (Live Stream)

## DATES TO REMEMBER



# May / June

### **BIRTHDAYS**

5/6 – Doyle Ringgenberg  
5/6 – Mona Lea Zimmer  
5/10 – Marilyn Borchardt  
5/15 – William Slipher\*  
5/20 – Bev Blohm  
5/27 – Verna Borchardt  
5/28 – Judy Trom  
5/30 – Sandy Clapper  
5/30 – Cheryl Thomas  
6/7 – Roger Dubbe\*  
6/8 – Andy Anderson  
6/19 – Phyllis Rowe\*  
6/20 – Luverne Prekker  
6/29 – Carolyn Slipher

\* Denotes a milestone date

### **OTHER DATES**

5/4 – National Day of Prayer  
5/7 – Fish Lake 5K Festival  
5/14 – Mother's Day  
5/18 – Ascension Day  
5/20 – Armed Forces Day  
5/28 – Pentecost  
5/29 – Memorial Day  
6/14 – Flag Day  
6/18 – Father's Day  
6/19 – Juneteenth  
6/21 – Immanuel's Luncheon  
6/21 – Summer Begins



### **ANNIVERSARIES**

5/8 – Tom & Maru Vosberg  
5/13 – Ed & Cindy Will  
5/21 – Don & Betty Krueger  
6/5 – Dennis & Darlene Miller  
6/14 – Paul & Rose Krueger  
6/16 – Marlin & Juanita Pautz  
6/18 – Andy & Patty Anderson

