# THE FISH TALE

Immanuel Lutheran Church — Senior Newsletter
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### God's Forgiveness Flows Through Us

The forgiveness of sins is like a river that flows from the cross of Christ to us and then through us to others we meet each day. We first experience the waters of forgiveness in our Baptism. God pours His grace over us with a great splashing of mercy and love. This river carries God's forgiveness as an everflowing stream. It is a river that seeks soil in need of replenishment.

There are always opportunities for us to be replenished by God as we speak and act in ways that are unkind or thoughtless toward others. God's river is shaped by the banks of our repentance and carries with these waters a cleansing from guilt and a healing of the inner person. Once we experience God's forgiveness and love, it benefits others also. It is a river that flows in us and splashes on the lives of those we meet each day. That is the way God's forgiveness comes to this world from the cross.

Every day brings reasons for irritation, annoyance, hurt, and resentment. Sometimes, a day is filled with discouragement as things seem to turn against us. Sometimes, a day bears our grief as we remember and feel again the loss of those we have loved. At times, a day brings fear about how we will manage everything around us. Sometimes, a day presses down on us with darkness and despair. All these things cause us to stumble in life. They upset us and make us unpleasant to be around. We may become impatient with others. We may become unkind and mean-spirited toward others.

But we need not be weighed down like this. The river of God's forgiveness always flows freely as He bears us up in grace. Forgiveness heals us in the waters of Baptism, in which we daily swim!

Helping people live life with Jesus everyday, Rev. Dr. Brent L Parrish



# Jesus in the Garden of Gethsemane

# Read Matthew 26; Mark 14; Luke 22

#### God's Word in Review

Circle YES or NO for each statement.

| <ol> <li>When Jesus and the disciples arrived at the garden,</li> </ol> |     |    |    |
|-------------------------------------------------------------------------|-----|----|----|
| He said, "Come pray with Me."                                           | YES | or | NO |
| <ol><li>Jesus told three disciples to keep watch with him.</li></ol>    | YES | or | NO |
| 3. While Jesus suffered greatly, the disciples kept falling asleep.     | YES | or | NO |
| 4. Jesus said to them, "The spirit is not willing, and the flesh is     |     |    |    |
| also weak."                                                             | YES | or | NO |
| 5. God sent an angel to Jesus to strengthen Him during His              |     |    |    |
| agony.                                                                  | YES | or | NO |
| 6. Judas betrayed Jesus with a common greeting of that time             |     |    |    |
| – a kiss.                                                               | YES | or | NO |
| 7. Jesus said to Judas, "Friend, why do you come now?"                  | YES | or | NO |
| 8. The disciples remained with Jesus as He was led away.                | YES | or | NO |

#### God's Word to Think About

1. What instructions did Jesus give to all of His disciples upon arriving at Gethsemane?

What did He specifically ask of Peter, James and John?

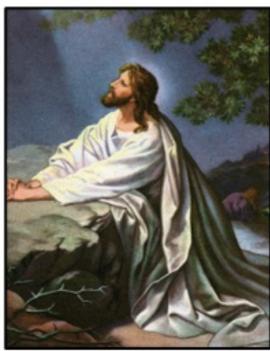
Which words describe the change that the disciples saw coming over Jesus. 3. What did Jesus ask His Father to let pass from Him?

What was Jesus talking about?

- 4. In your own words, tell what Jesus was praying about when He said, "My Father, if it is possible, let this cup pass from Me. Nevertheless, not as I will, but as You will."
- 5. How does knowing that Jesus was fully man help in understanding what He was praying about?
- 6. What were Jesus' great drops of sweat like that fell to the ground?
- 7. What happened to a servant of the high priest?
- Summarize Jesus' explanation for why swords and violence were not necessary during His arrest.

# Application of God's Word

- 1. What example do Jesus' actions upon arriving in the garden provide for us for times when we are scared, worried, or nervous?
- 2. When Jesus saw Judas approaching, He said, "The Son of Man is betrayed into the hands of sinners." In what way are we, two thousand years later, part of that description?



- 3. How and why did the disciples react when Jesus was arrested?
- 4. When might it be easy for us to act in the same way?

#### GARDENING TIPS

Gardening can bring physical, mental, and even spiritual benefits to individuals of all ages.

However, as we age, gardening may be a little more challenging than it used to be.

Here are some tips to help continue this fun hobby.

#### 1. Pace Yourself

One thing you can do in the garden is slow down.

#### 2. Dress the Part

When working outside, it's important to protect your skin. To avoid overheating or sunburns, wear lightweight clothing that covers most of your skin. And don't forget the sunscreen!

#### 3. Pick the Right Time of Day

Gardening during the hottest part of the day is never a good idea!



#### 4. Use the Right Tools

You should leverage the right tools to work smarter and not harder. Choose strong, lightweight tools with long rubber handles. These can reduce stress on your joints.

#### 5. Raise Your Garden

Raised gardens allow access to your plants without kneeling or stooping. This helps protect aching knees and backs!

#### 6. Involve Others

Getting gardening help from others can help you maintain your garden without going overboard. Plus, gardening is a great way to spend quality time with others.



#### 7. Choose the Right Plants

If gardening is becoming more difficult, you might want to swap out some of your highmaintenance plants for low-maintenance ones that will easily grow in your climate.

#### 8. Stay Hydrated

Gardening is hard work! In fact, it's a great workout! That's why it's important to stay hydrated — especially on hot days.



#### 9. Address Fall Hazards

There can be lots of fall hazards in your yard that could cause you to sustain severe injuries. These could include roots that are sticking up, branches scattered on the lawn, uneven spots on your back porch, etc. Address these safety hazards as soon as you can.

As you age, there's no reason that you can't enjoy gardening — you just may need to make a few adjustments to your gardening routine. We hope that, with these safe gardening tips, you can continue tending for your garden.

# Jesus Prays in Gethsemane

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GETHSEMANE BETRAYED ZEBEDEE CUP GARDEN HOUR DRINK MEAL SLEEPING SPIRIT

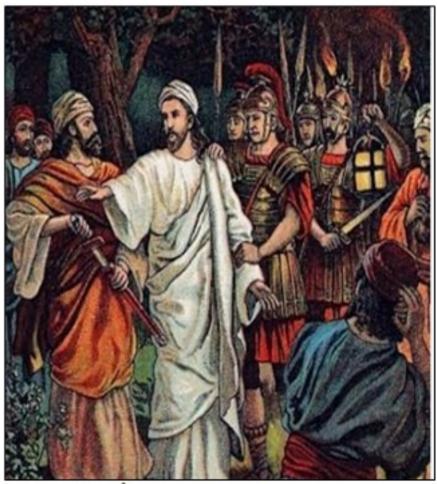
JESUS AWAKE SINNERS SON OF MAN TRIAL PRAYS FATHER PETER DISCIPLES

#### John 18:2-5

<sup>2</sup> Now Judas, who betrayed him, knew the place, because Jesus had often met there with his disciples. <sup>3</sup> So Judas came to the garden, guiding a detachment of soldiers and some officials from the chief priests and the Pharisees. They were carrying torches, lanterns and weapons.

<sup>4</sup> Jesus, knowing all that was going to happen to him, went out and asked them, "Who is it you want?"

5 "Jesus of Nazareth," they replied.





## CONTACTINFO

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Office Hours: Mon-Thur - 8:00-4:00



Traditional Worship – 5:30 PM Saturday (In Person)

8:00 AM Sunday (In Person & Live Stream)

Contemporary Worship – 10:30 AM Sunday (In Person & Live Stream)

Christian Education Hour – 9:15 AM Sunday (In Person)

On-Line Bible Study – 9:00 AM Wednesday (Live Stream)



Don't tell secrets in the Garden.

The potatoes have eyes. The corn has ears. The beanstalk.

The apostles fell asleep in the Garden of Gethsemane while Jesus was praying.

Noticing that they fell asleep, Jesus woke up Peter. "Huh? What? Oh, sorry, Lord,
I forgot the coffee!"

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The best way to garden is to put on a wide brimmed straw hat and some old clothes. And with a hoe in one hand and a cold drink in the other, tell somebody else where to dig.

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Gardening requires a lot of water most of it in the form of perspiration.

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Two-year old Henry was found chewing a slug. After the initial surge of disgust his Dad said, "Well... What does it taste like?"

"Worms," was Henry's reply.

I was really impressed by the gardener I saw the other day.

He was outstanding in his field.

What happened to the two apple trees that were planted together?

They lived appley ever after.

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Ash Wednesday Emoticon





# Mar. / Apr.

### BIRTHDAYS

- 3/6 Elmer Jabs
- 3/7 Darlene Schuman
- 3/8 Roger Kohn
- 3/9 Pastor Brent Parrish
- 3/16 Patty Anderson
- 3/22 Jennie Strickland \*
- 4/1 Ron Blohm
- 4/1 Michael Nelson \*
- 4/3-Ed Will
- 4/5 Jim Rook \*
- 4/7 Bob Busacker
- 4/9 Gerry Zaudtke
- 4/10 Charlie Haag
- 4/12 Gloria Hentges
- 4/13 Becky Ascheman
- 4/17 Dean Morlock
- 4/22 Juanita Pautz
- 4/24 Arlan Miller
- 4/28 Sharon Wormer

\* Denotes a milestone date

## OTHER DATES

- 3/1-Lenten Services, 11 AM & 6 PM
- 3/8 Lenten Services, 11 AM & 6 PM
- 3/12 Daylight Savings Time,
  - Spring Ahead
- 3/15 Lenten Services, 11 AM & 6 PM
- 3/17 St. Patrick's Day
- 3/19 St. Joseph, Guardian of Our Lord
- 3/20 Spring Begins
- 3/22 Lenten Services, 11 AM & 6 PM
- 3/25 The Annunciation of Our Lord
- 3/29 Lenten Services, 11 AM & 6 PM
- 4/2 Palm Sunday
- 4/2 Confirmation Sunday
- 4/5 Lenten Services, 11 AM & 6 PM
- 4/6 Holy (Maundy) Thursday
- 4/7 Good Friday
- 4/9 Easter Sunday, The Resurrection
- of our Lord, Worship Times:
  - 8 AM, 9:15 AM & 10:30 AM
- 4/18 Tax Day
- 4/19 Immanuel's Senior Luncheon



- 3/22 William & Carolyn Slipher
- 3/29 Jerry & Janet Leifgren
- 3/29 Doyle & Ginny Ringgenberg\* 65
- 4/15 Kip & Sandy Clapper
- 4/23 Wally & Claudia Will
- 4/29 Gene & Mary Grommesch