

Monday	Tuesday	Wednesday	Thursday	Friday	
4 Bags of Mini Carrots & 2 tubs of hummus No Dairy	4 Boxes of Nabisco Graham Crackers 1 roll of Paper towel	4 Boxes of Wheat Thins 1 rolls of Paper towel	4 large jars of Apple Sauce 1 roll of Paper towel	4 Boxes of Kix Cereal 1 rolls of Paper towel	1 st Week of the month
4 Bags Veggie Straws 1 rolls of Paper towel	4 Bags of Pretzels 1 roll of Paper towel	4 Bags of Green Salad 2 Bottles of Non Dairy Ranch Salad Dressing	4 Bags of Chex Mix 1 roll of Paper towel	4 Bags of Tortilla Chips 4 Jars of Salsa	2 nd Week of the month
4 Boxes of Nabisco Graham Crackers 1 rolls of Paper towel	4 Boxes of Wheat Thins 1 Roll of Paper Towel	4 Bags of Skinny Pop Popcorn 1 roll of Paper towel	4 Bags of Tortilla Chips 4 Jars of Salsa	4 Boxes of Teddy Grahams 1 roll of Paper towel	3 rd Week of the month
4 Boxes of Fruit Loops Cereal 1 Roll of Paper towel	4 Bags Veggie Straws 1 roll of Paper towel	4 Boxes of Multi-Grain Cherrios 1 Roll of Paper Towel	4 Bags of Nabisco Animal Crackers 1 roll of Paper towel	4 Bags of Pretzels 1 roll of paper towels	4 th Week of the month
4 large jars of Apple Sauce 1 roll of Paper towel	4 Bags of Tortilla Chips 4 Jars of Salsa 1 roll of Paper towels	4 Bags Veggie Straws 1 roll of Paper towels	5 Bags of Saltine GoldFish Crackers 1 roll of Paper towels	4 Boxes of Nabisco Graham Crackers 1 roll of Paper towels	5 th Week of the month

Immanuel Lutheran Preschool Snack Menu 2019-2020 Match the day with the corresponding monthly calendar on the back of the newsletter.

Snack Information and Calendar

Please look at the Snack Menu on the other side of the paper. It is on a 5-week schedule. Each month you will receive a monthly calendar with families assigned to the dates. We ask that you send in the corresponding snack that goes with your date. Please make sure that you send in the quantity requested as we use the snack for the entire school. You may send your snack in advance if you would like.

Please note that Birthdays will be denoted on the calendar and you will receive a note regarding special snacks for that day in addition to the school snack. Summer Birthdays will also be celebrated, please watch for these on the calendar as well. We are asking that when it is your snack day, you please bring in a roll of paper towels with your snack.

What to look for when buying Preschool Snacks. We are a nut-free, dairy & egg sensitive school

The best way to determine if a snack or food is nut, dairy and egg free is to read the label since most brands have a warning statement or allergen list. Be aware of phrases like this:

“May Contain Peanut or Tree Nuts”

“Processed on shared equipment with Peanuts or Tree Nuts”

“Manufactured in a plant with Peanut or Tree Nuts”

“Contains Peanut or Tree Nut Ingredients”

You may even notice that some brands get very specific and list the type of tree nut. For example: **“May Contain Almonds”**.

Anything that list **Egg** in the ingredients

Product that contain any of the above listing are not acceptable.

If you have any question regarding snack, please don't hesitate to ask.

See other side for snack menu

Immanuel Lutheran Preschool