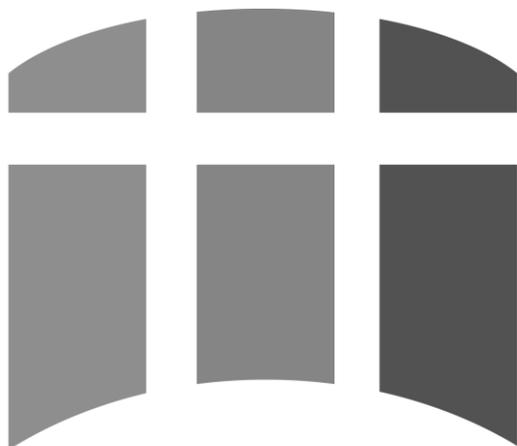


The Messenger

April 2019



immanuel

lutheran church

know. follow. share.

Immanuel Lutheran Church and Preschool
4820 Oster Pkwy, Cedar Falls, IA 50613

Rev. Dr. Gerald Kapanka, Don Illian, Pastors
Church: 260-2000 ilcv.org
Preschool: 260-2005 ilswaterloo.com

A Message from Pastor Kapanka

How did the egg become a symbol of Easter? This was a question I was asked several weeks ago. I didn't have an answer. I have never given it much thought. So, I did a little, (very little) research and this is what I found.

According to Wikipedia: The practice of decorating eggshells as part of spring rituals is ancient, with decorated, engraved ostrich eggs found in Africa which are 60,000 years old. Eggs were associated with death and rebirth, as well as with kingship, with decorated ostrich eggs, and representations of ostrich eggs in gold and silver, were commonly placed in graves of the ancient Sumerians and Egyptians as early as 5,000 years ago. These cultural relationships may have influenced early Christian and Islamic cultures in those areas, as well as through mercantile, religious, and political links from those areas around the Mediterranean. The Christian custom of Easter eggs, specifically, started among the early Christians of Mesopotamia, who stained eggs with red coloring "in memory of the blood of Christ, shed at His crucifixion". The Christian Church officially adopted the custom, regarding the eggs as a symbol of the resurrection of Jesus, with the Roman Ritual, the first edition of which was published in 1610 but which has texts of much older date, containing among the Easter Blessings of Food, one for eggs, along with those for lamb, bread, and new produce. The blessing is for consumption as a food, rather than decorated. "Lord, let the grace of your blessing + come upon these eggs, that they be healthful food for your faithful who eat them in thanksgiving for the resurrection of our Lord Jesus Christ, who lives and reigns with you forever and ever."

Sociology professor Kenneth Thompson discusses the spread of the Easter egg throughout Christendom, writing that "use of eggs at Easter seems to have come from Persia into the Greek Christian Churches of Mesopotamia, thence to Russia and Siberia through the medium of Orthodox Christianity. From the Greek Church the custom was adopted by either the Roman Catholics or the Protestants and then spread through Europe." Both Thompson, as well as British orientalist Thomas Hyde, state that in addition to dyeing the eggs red, the early Christians of Mesopotamia also stained Easter eggs green and yellow.

Although one of the Christian traditions is to use dyed or painted chicken eggs, a modern custom is to substitute chocolate eggs, or plastic eggs filled with candy such as jelly beans. These eggs can be hidden for children to find on Easter morning, which may be left by the Easter Bunny. They may also be put in a basket filled with real or artificial straw to resemble a bird's nest.

The Easter egg tradition may also have merged into the celebration of the end of the privations of Lent in the West. Historically, it was traditional to use up all of the household's eggs before Lent began. Eggs were originally forbidden during Lent as well as on other traditional fast days in Western Christianity (this tradition still continues among the Eastern Christian Churches).

During Lent, since chickens would not stop producing eggs during this time, a larger than usual store might be available at the end of the fast. This surplus, if any, had to be eaten quickly to prevent spoiling. Then, with the coming of Easter, the eating of eggs resumes. One would have been forced to hard boil the eggs that the chickens produced so as not to waste food. Some Christians symbolically link the cracking open of Easter eggs with the empty tomb of Jesus.

This is why eggs are and remain a symbol used during the celebration of Easter.

March Prayers

For Sherry Frank, health issues

For Betty Hazen, Cindy Grim's mother, failing health

For the family of former member Mary Knief Sutton, cousin to Cindy Dunn, Kathy Diehl, and Mark Knief, who passed away March 11

For John Van Brakle, quadriplegic army buddy of Bill Simmer, struggling with life

For Joe Evans, family of Cass & Gary Christensen, health issues

For Pastor Illian, prostate cancer

For Karen Costello, niece of Betty Pries, cancer

For Danielle Mason, preschool parent, cancer in remission

For Vicki McDonald, Kathy Camarata's sister, cancer

For our missionaries Scott & Ivy Wiens and Pr. Carl & Chen Hanson

Please call the church office if you will be in the hospital or if you know of a member that is ill.

Information

Address info requested for:

Rod Clay
Zach Liger

Colin Modderman
Paul Modderman

Joe Morelock

Official Business:

Baptism: Frederick Florian Timmer, son of Ben & Sally Timmer

Transfer In: Kinsey Hopf, Bethlehem Lutheran Sheboygan, WI

Removed: 16 Absent 5+ years

Address Update: Julia Stone & family 1592 Partridge Ln, Wloo 01

Worship

This year's theme is Missions: Reaching the Unreached

Theme Verse: Acts 13:47 *"I have made you a light for the Gentiles, that you may bring salvation to the ends of the earth."*

Weekly Worship Schedule:

Sundays @ 8:30am & 11:00am

Lenten Midweek Wednesdays @ 5:30pm

(No worship Wed., April 24)



Holy Week Worship Schedule:

Confession Absolution Wednesday, April 17 @ 5:30pm

Maundy Thursday, April 18 @ 6:00pm with Holy Communion

Good Friday, April 19 @ 6:00pm

Easter Sunday @ 6:30am & 9:00am both with Holy Communion

*Our Youth will serve breakfast starting at 7:30am!

Lenten Series -- The Book of Exodus: Let My People Go!

Lent continues with our study of Exodus where God reveals who He is through His absence and presence, silence and speech, wrath and mercy, and His judgment and amazing grace. The book paints a beautiful portrait of Jesus. The theme continues into Holy Week, culminating on Easter Sunday. Join us!

Altar Committee: Ron & Shirley Pries will set up communion in April.
 Thank you to Diane Daman for setting up communion in March.

April Acolytes

Sunday, April 7 w/HC	8:30 a.m.	Ashleigh Panning	
w/HC	11:00 a.m.	Aidan Bedard	
Sunday, April 14	8:30 a.m.	Isaac Dawson	
	11:00 a.m.	Torrie Clark-Meeks	
Sunday, April 21 w/HC	6:30 a.m.	Caden Pries	
w/HC	9:00 a.m.	Gus Camarata	
Sunday, April 28	8:30 a.m.	Kassidy Dunbar	
	11:00 a.m.	Claire Rankin	



Christian Outreach

LCMS Radio and Web Ministry
www.Kfuo.org reaches listeners worldwide 24/7

“The Lutheran Hour” can be heard on these stations:

- KXEL 1540 AM Sunday 5:30am
- WGN 720 AM Sunday 6:00am
- WMT 600 AM Sunday 6:30am
- WHO 1040 AM Sunday 7:30am
- KWAY 1470 AM Sunday 8:00am

Mission Ministry

Mission Committee: Meets Tuesday, April 2 @ 6:15pm. Speak to Bob White for more information.

Senders U: Historically we have placed a lot of emphasis on training the “goers” (missionaries), as we should. But what about the “senders” (those who remain at home and support the missionaries)? Senders U is designed specifically for those who are called to “go” by sending. The outline of this training is adapted from a phrase in the US Marine Corps training manual, “Beans, Bullets, and Bandages”.

Beans – What training and supplies do goers need to be most effective? Should senders be similarly equipped?

Bullets – Not real bullets, of course! But, the enemy is real. So, how do we develop a wartime mentality and make strategic decisions in this battle we’re waging? How do we pray for our “troops” and the unreached among which they are working according to the heart and mind of God?

Bandages – How do we take care of one another – goers and senders alike – so we will all thrive? How do we promote health and strength for body, mind and soul? How can we properly respond when one of our own is wounded?

Come and learn from an All Nations team how to be an effective sender.

Date & Time: Friday, April 12, 6-9 PM and Saturday, April 13, 8:30 AM-1:00 PM

Location: Immanuel Lutheran

Cost: \$25/ person and \$40/couple. Save \$5 if registered by April 5.

Our Missionaries: Please keep in your prayers the missionaries our church is supporting, Scott & Ivy Wiens (Thailand) and Pr. Carl & Chen Hanson (Hong Kong)



Children/Youth Ministry

Sunday School for grades Pk-8th grades. Meets at 9:45am.

Save the Dates: VBS will be July 21-25.

Check out the music opportunities for Kids and Adults

Music Ministry

For Kids

Kid's Praise Choir practice Mondays from 5:30-6:00pm.

Children's Chimes meet at 6:00pm, right after Praise Kids on Monday nights.

For Adults

Hand Bells practice Mondays at 5:30pm.

Praise Band! If you are interested in either singing or playing an instrument, contact Ashley Ehrich. Practice on Wednesdays at 6:30pm. (Next Practice is April 24.)

Adult Choir meets on Wednesdays at 7:30pm April 3 &, 10, 17 and 7:15 on April 24.

Men's Ministry



Pancake Breakfast: The men of Immanuel will serve a pancake breakfast on Sunday, April 14. If you can help serve or clean up, contact Jeff Dawson. Proceeds to benefit St. Paul Lutheran of Iowa City U of I Campus ministry. The student group will be taking a mission trip to Ethiopia in 2020.

Fellowship

Lenten Soup Suppers April 3 & 10 @ 4:30-5:30pm.

A free will offering will be taken to benefit our missionary families, Hanson & Wiens. Items needed for the Wednesday soup suppers are on sign-up sheets located on the Welcome Desk. There is also a need for helpers to serve and clean up each week.

Speak to Cindy Grim if you can help. Come for soup and stay for church!



Glowing Embers –Why does a camp fire glow a deep iridescent red long after the lively yellow flames stop flickering? It is the unspent fuel in the charcoal that remains after the normal bulk of the fuel is spent. That is why we named our senior citizen monthly luncheon group the Glowing Embers. True, much of our energy has been spent; but we are still able to glow bright red with unspent fervor even though we are retired from our normal work load. You are invited to join us every first Thursday at 11:30a. at the Cedar Falls Pizza Ranch, 4302 University Ave. You might want to get there 10 or 15 minutes early. Our March meeting hosted 33 in the private Bunkhouse Room, but since they opened the dividing wall there is still room for more. Our next meeting is scheduled for April 4 at 11:30am. Bring along nine or ten dollars to pay for the meal, a hearty appetite, your singing voice, and a joke or two to share with the crowd. If you are feeling grumpy, crabby, or down in the mouth who knows stirring the ashes might make you feel a little more like glowing with the joy of your Savior.

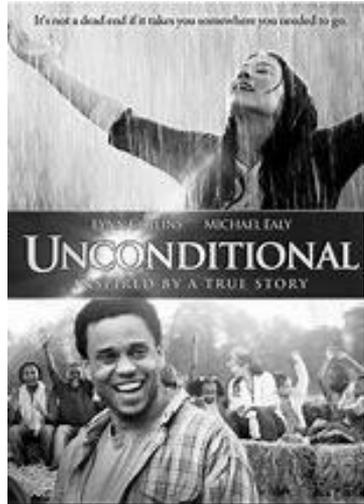
Women's Ministry

Dorcas: Immanuel's Dorcas Society, LWML, will be hosting the Waterloo Zone LWML Spring Rally on Saturday, April 6, at Valley Lutheran School. Registration and breakfast begin at 8:30am. Bible Study & Devotion at 9:00am. The speaker will be retired dentist, Dr. Tom Strub. He will speak about his dental mission trips to Mexico with CHRIST SMILES! The ingathering will be a monetary offering for CHRIST SMILES. All women and men are invited to join us! Bring a friend!

Dorcias: April meeting will be April 11 at 6:30pm. Please note the meeting is a week earlier than usual, because of Holy Week. We will have a guest speaker this month and everyone is invited to join us. Heather Rios will be speaking about her own personal experience with human trafficking. Come and join us, both young and old, to hear about a very timely topic!

Chick Flick: Join us at the home of Laverne Kelderman, 3814 Wynnewood Dr., CF for food, fellowship, and the flick *Unconditional* on Monday, May 6 at 6:00pm.

A woman's idyllic life is shattered when her husband is killed in a senseless act of violence. As she prepares to take matters in to her own hands, two unexpected encounters begin to change everything.



Adult Education

Bible Study Opportunities:

Sunday Adult Study – Pastor Kapanka leads a Bible study on Sunday mornings in the sanctuary from 10:00-10:45am. Join in!

Women's Bible Study—This women's Bible study, led by Deb Staack, meets on Tuesdays from 9:15-11:00am. Current study: 2 Corinthians. Any interested women are welcome!

At the Village – Kathe Kisling organizes a Bible study at the Village Co-op. New participants are always welcome. Contact Kathe 277-4097 for info. The book of Ezekiel is the current study.

Caring Ministry

GriefShare is a national Christ-centered grief recovery support group. This 13-week program meets here each fall on Mondays at 4:00pm and is led by Lois Bonefas. If you are dealing with the death of a family member or friend, whether the loss is recent, or years ago, please consider this group.

Additional monthly informal gatherings may take place – check with Deb Staack as to dates and times.

Love, INC Gas Card Gap Ministry: If you are willing to meet briefly with clients who pick up gas cards here at Immanuel on Wednesdays between 10:00-11:00, call Kathy Diehl.



Service

Service Opportunities:

Food Bank: Immanuel volunteers at the NE IA Food Bank on Lafayette St. in Waterloo from 4:30-6:00pm on Thursday, April 4.

Check the Welcome Desk for Weekly Volunteer needs at NE IA Food Bank!

Readers & Greeters: Please sign up at the Welcome Desk, if you would like to read our lessons or greet at the door.

Presentation Assistant: If you are interested in learning how to run the Proclaim software we use during our service, tape our services, or perhaps operate the sound board, speak to Jon Illian, Tech Director.





Preschool News

Spring is here! Winter weather still may come and go but we are now into spring. Spring brings it with many different opportunities to teach the children in our care about God's great creation. Not only do we get the privilege of teaching these young ones about the world around them, but most importantly about Jesus.

For the most part, as a society, we like to insulate our children from the realities and scariness of death. Death and life, however, are the core of the messages around this spring season with Good Friday and Easter Sunday. Children need to know that the dying was the reason for Jesus living on earth.

We have been busy enrolling children for next year. Some of our classes are already full, with a few remaining spaces available in the others. If you have not yet had time to get your enrollment in, we ask that you check in with us soon to make sure you have a spot.

School will be wrapping up for the year at the end of May. We are looking forward to heading out to do a few field trips and then have some time riding bikes. Stop by and see what we are doing anytime! Our classrooms are always busy with projects, activity centers, and group time.

Mrs. Illian, Mrs. Meyerhoff, Mrs. Dawson, Mrs. Grim, Mrs. Peters





If you have not yet fulfilled your pledge, we encourage you to do so; if you have fulfilled your pledge, please prayerfully continue to give to the building fund to make our building payment.

Change Challenge! Save your pocket change each week and drop it in the 5-gallon bucket in the church entryway. All monies from the bucket will go towards the building fund. We are over \$9,455 collected!

Contributions for March

Attendance

Offering

Building

Electronic Giving: Would you find it helpful to have your offerings debited directly from your bank account as you probably do with other obligations? Immanuel offers electronic giving for those of you who wish to have your contributions transferred electronically to the church's account. Contact the church office for more details. We have over 20 church families who use this easy option!



Buy SCRIP Gift Cards! From retail stores to restaurants, using scrip cards is easy! We keep many of your favorites on hand but can also order what you need. Not only are the cards great gifts but are handy for your everyday use. All families buy gas, buy groceries, and eat out. Why not use a scrip card? Immanuel keeps a percentage of each card purchased (and is given to the building fund)! Buy scrip at the Welcome Desk or from the office.



The “Sound of Music” will be performed on April 5, 12 & 13 at 7:00pm. Tickets are still available, contact VLS.

Member Tuition Assistance to VLS: Applications are due in the church office by noon on Friday, April 26. Download the form from the church website.

Valley has started enrolling for the 2019-2020 school year. If you would like a tour or to get more information about Valley, please contact Jamie Panning at 319-266-4565 or jamie.panning@vlscrusaders.org.

3rd Annual Color Me Crusader Fun Run & Walk is scheduled for Saturday, May 4 at 9am.

Other News

Metropolitan Chorale invites you to Unity Concert Saturday, April 6 at 3:00pm at the West High Auditorium in Waterloo. Admission is free for this celebration of Diversity in the Cedar Valley.

Lutheran Hour Ministries will hold its annual convention on Saturday, April 13 at Camp Io-Dis-E-Ca. Guest speaker will be Dr. Beverly Yahnke, Executive Director for Spiritual Counsel with DOXOLOGY. Her presentation will address the subject of Depression, a major issue in society today. Convention runs 9:30-4pm. Registration is \$18 and includes a noon meal and snack. Space is limited, so please register by April 6. More info on church bulletin board.

NAMI Basics is a free six-week class for parents or family caregivers of children or youth who have mental health conditions or are experiencing symptoms with no diagnosis. The class provides research about mental illness and treatments. It covers problem-solving skills, how to handle challenging behaviors, effective record keeping systems, and crisis management. The class will run every Thursday from 6 to 8:30 pm starting April 18 through May 23. It will be at the First Congregational Church, 608 West 4th Street, in Waterloo. Deadline for registration is Friday, March 29. Call NAMI at 319-235-5263 with questions or if you would like to register for the class.

Hymn Festival: “The Church” is the theme of a Hymn Festival at Our Redeemer Lutheran Church, CF on Sunday, April 28, at 3:00pm. Primary organist for the service is Vicar Nathan Wille SPC from Williamsburg, Iowa. Vicar Wille is studying for the Holy Ministry at Concordia Theological Seminary, Fort Wayne, IN and is concluding his year of vicarage at Our Redeemer Lutheran and Peace Lutheran, Shell Rock. Also featured will be music by Our Redeemer’s adult choir, organist Roxann List, soloists and congregational singing and readings by Pastor Michael Knox.

Women Build 2019: Wednesday, May 15 is the date for Immanuel’s Habitat Women Build. We are allowed 10 members on the team. If interested contact Linda Mahncke at home 277-3140 or cell 269-3983 or email rmahncke@cfu.net If there is enough interest, a second team with another date can be added.

Just to review. Women Build is an opportunity for women from all walks of life to come together and build safer, stronger communities. It also empowers women to help families build strength, stability and independence. Over 250 women will build during Women Build this year.

No experience is required to build with Habitat. Participants must be at least 18 years or older to participate. Each Women Build crew will work with a professional Habitat construction site supervisor and given instruction every step of the way. Habitat provides all the tools and safety equipment necessary to work on the house. The work day starts

at 8:30am and ends at 3:30pm. There are breaks during the day including a lunch break.

Also, if anyone has a business and would like to sponsor our team, let Linda know. The cost is \$500. If we don't have a sponsor, there will be a cost for each team member.

Single Team Sponsorship - \$500

- Allows for up to 10 volunteers (one team).
 - All volunteers receive a 2019 Women Build t-shirt.
 - Lunch is provided on your scheduled build day to all volunteers.
 - The logo of your organization will be included on all Women Build signage, t-shirts, and Habitat's website.
- *If a logo is not available, the name of your group will still be listed on all of the above locations.*
- You receive one table (of 10) at the 2019 Women Build Kick-Off Breakfast event.
 - Habitat will also recognize your team during your build day with a social media post.

Join a bus trip to the Creation Museum and the Ark Encounter

Taking reservations for 2019, August 5-9 and December 2-6. Contact Roger and Ellen Bauer 319-352-5435 or ellen.bauer@mchsi.com.

Reminder to Thrivent members to check their account(s) often.

Thrivent is awarding "Choice Dollars" constantly to your accounts which you can direct to Immanuel. If you need help or don't have a computer call Cheryl Lauer at 830-6818.





Please pray for these MEMBERS serving in the military:

- **Cale Buck** is currently with the 101st Airborne Div. at Ft Campbell KY. He reported Jan. 27th for Drill Sargent school at Ft Jackson SC. Upon completion of Drill Sargent school, he will be going to Ft Sill OK for 2 years as a Drill Sargent.
- **Blake Determan** is currently an Airman First Class, stationed at Beale AFB in California. He is a crew chief on the Lockheed U-2 (a spy plane). Blake is scheduled to be deployed to the United Arab Emirates.
- **SFC Jamie Stien**, Military Instructor for ROTC at UNI

And these FRIENDS of the Congregation serving in the military:

- Jonathan Chung, grandson of the late Ted Schuler, serving airborne stateside.
- Senior Chief Jacob Gardner, grandson of Sandy McDonald. Stationed in Seattle with wife Anne and children Attica & Ava. (Navy)
- Lt. Colonel Chad Lichty, grandson of Bill Foulk, stationed at Vance AFB, Enid, OK.
- Ben McCombs, grandson of Margaret McCombs. (Navy)
- Dylan Meyer, grandson of Doris Meyer, g
- raduated from NAVY SEAL Qualification Training in Coronado, CA and is now stationed at Little Creek, Virginia Beach, VA.
- Colonel Kevin Minor, son-in-law of Deb Staack, working at the Pentagon. (Air Force)
- 1st Lieutenant Ryan Richter, nephew of Barb Laue, serving in Afghanistan. (Marines)
- Jessica Schmidt, family of Doug & Mary Schmidt. (Army)



April Birthdays

- 1 LeeAnn Kleiner
- 2 Pete Natvig, Sydney Reisdorph
- 3 Cale Buck
- 4 Taylor Daniels, Brett Determan
- 5
- 6 Dianne Nation, Danielle Panning
- 7
- 8 Ava L'Heureux, **Lucille Meier**
- 9 John Fankhauser, Chad Meyerhoff, Karen Roberts
- 10 Ian Brandau, Lucile Friedley, Michael Manhcke, Emily Stone
- 11 Ashley Ambrose, Sonya Bellmer, Sam Christensen,
Sylvia Dempster, Emily Meyerhoff
- 12 Colby Reinking
- 13 Meagan Trewin, Steve VanHauen
- 14
- 15 Warren Hartman, Chloe Renslow
- 16 Amanda Kratz
- 17 David Miller, Doug Steva
- 18 **Bernice Hansen**
- 19 Jason Klein, Janet Wolf
- 20 **Bonnie Olsen**, Jordan Rowles
- 21 David Cutsforth, Kayonna Turner
- 22 Kim Meyer, Chloe Simmer
- 23 Rhonda Barnes, Sarah Clos, Anthony Riggins, Manny Rios,
Celia Simmer
- 24 Job Ehrich
- 25
- 26 Westley Determan, Camryn Meyer, Kaitlyn Meyer
- 27 Ron Friedley, Bob Mahncke
- 28
- 29
- 30 Denise Dermody

Milestone Celebrations:

Celebrating 90(+):

Lucille Meier, 1117 MaxHelen Blvd. #303, Wloo 01
Bernice Hansen, NorthCrest, 2001 Heath St., Wloo 03
Bonnie Olsen, 1315 Maynard, Wloo 01

Milestone Anniversary

55 years April 25-- Dale & Kathe Kisling, 914 Bluegrass Cr #203, CF

Many Thanks

- Thank you to those who recently contributed their Thrivent Choice Dollars to Immanuel: Dave Koehler, Barb Reinking, Craig Reinking, Sara Schutt
- You should have received the 2019 Guide Book & Directory. The advertisers helped provide this service at no cost to our congregation. We encourage you to think of them in the future as your needs arise: Kobliska Chiropractic, Black Hawk Memorial Co., Professional Lawn Care, Polk's Lock Service, Blueline Moving & Storage, Baymont Inn & Suites, Celia Simmer & Trapp Realtors, Care Initiatives -- Ravenwood Please familiarize yourself with the ministries and organizations at our church located in the front of the book.
- Kathy and I would like to thank Immanuel congregation for the love shown to me and my family through your prayers, cards and well wishes. Above all we want to thank our Lord for how I have progressed with the help of the doctors and medicine. We covet your prayers as I continue on this health journey. We know that it is through the prayers of so many of you that I have been encouraged and strengthened. We also want to thank those of you, (especially Pastor Kapanka, Corissa Volker, Sharon Limback, Joann Hartman, Rose Davis, Laverne Kelderman, and others) who have contacted or gone to see the shut-ins in my absence. I also want to thank my son, Jonathan, for setting up and editing the Caring Bridge. Thank you to the Sunday School classes that sent me their much appreciated get well cards. May the Lord bless each of you for expressing your concern for my health. May we continue to serve Him every day all our days.

Minutes

**Board of Directors
Immanuel Lutheran Church
March 12, 2019
5:30 PM**

Available in the church office.

Christ
is
Risen!

6