

30 Second Thought



In 30 seconds, name as many of the Ten Commandments as you can. Go!

How many did you remember? God wanted his people to clearly know how to live lives that would glorify and honor him. That's one of the reasons that we continue to

study God's commandments still today. We also want to honor God in our thoughts words and actions. So where did those Commandments come from and how did God get them to us? Let's see!



Read & Review

Read Exodus 19:1-8

1. Where was the mountain that God spoke to Moses from?
2. What exciting news did God give Moses to deliver to the nation of Israel?
3. How did the people respond to Moses' exciting news?

Answers

1. A mountain in the Desert of Sinai. We're not quite sure which mountain it was since there are multiple mountains and mountain ranges in this area.
2. They were God's chosen people and special to him. What were they chosen for? They were the nation from which the promised Savior Jesus would one day come! The laws God gave them would show them to be different from all the other nations of the world.
3. They said they would do whatever the Lord commanded them to do.

Read Exodus 19:9-25

4. How would the people see, hear, smell and feel that God was coming down on Mount Sinai?

5. Look at verse 23. Why did God have a fence built around the mountain?

Read Exodus 20:1-17

Complete the Ten Commandments

1st Commandment (vs 3)

You shall have _____

2nd Commandment (vs 7)

You shall not _____

3rd Commandment (vs 8)

Remember the _____

4th Commandment (vs 12)

Honor your _____

5th Commandment (vs 13)

You shall not _____

6th Commandment (vs 14)

You shall not commit _____

7th Commandment (vs 15)

You shall not _____

8th Commandment (vs 16)

You shall not give _____

9th Commandment (vs 17)

You shall not covet your neighbor's _____

10th Commandment (vs 17)

You shall not covet your neighbor's _____

Answers

4. There would a dark cloud on the mountain. Thunder and lightening. Trumpet blast. Trembling mountain. Smoke.

5. The mountain was holy because this was God's mountain. Sinful people cannot enter the presence of God without their sin being taken away. God made that separation that sin causes between a Holy God and sinful people very clear at Mount Sinai.

Read Exodus 20:18-21

6. What did the people think was going to happen to them if God spoke directly to them?
7. Why did God appear this way to the Israelites?

Answers

6. They would die
7. Show them that he was serious about his commandments and their obeying them.

His Word in Your Life

How do we know that God still wants us to keep these commandments? Match Jesus and his apostle's words with the number of Commandment. You can use the previous section if needing help to remember which commandment is which number.

Commandment

- _____ "Do not murder." (Matthew 19:18)
- _____ "Honor your father and mother." (Ephesians 6:3)
- _____ "Do not commit adultery." (Matthew 19:18)
- _____ "Do not covet." (Romans 13:9)
- _____ "Do not steal." (Matthew 19:18)
- _____ "Love the Lord your God with all your heart and with all your soul and with all your mind." (Matthew 22:37)
- _____ "Above all, my brothers and sisters, do not swear-- not by heaven or by earth or by anything else." (James 5:12)
- _____ "Do not give false testimony." (Matthew 19:18)
- _____ "Let the message of Christ dwell among you richly." (Colossians 3:16)

Catechism Connection



Read through the explanations ("What does this mean?") for each of the Ten Commandments on pages 1-3 in your Catechism. Which Commandment takes on a different emphasis for us today than it did for the people at Mount Sinai?

What do the first three Commandments have in common? What do commandments 4-10 have in common?

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*Email office@gsholmen.org to learn more about ways to serve.