

## WEEK 3 | THE 'FESS-UP KIDS TAKE HOME SHEET

FORGIVING  
CHALLENGE  
KIDS**Theme**

The second of 5 Phases of Forgiveness: The 'Fess-up (Confession)

**Memory Verse**

*"... But you are a forgiving God, gracious and compassionate, slow to anger and abounding in love ..."*

**Nehemiah 9:17**

**Bible Verses**

**John 13:3-17**

**Big Ideas**

- ➡ We can forgive others even if they don't deserve it.
- ➡ Our forgiveness removes the stain of sin.
- ➡ When we are honest about our hurts or sin, we will find we are not alone.
- ➡ It's tempting to hide our sin, but forgiveness allows us to be honest about who we are.

**Dear Parents:**

In the journey of Forgiveness, confessing, or 'Fessing Up to our sin or our hurt is really important. We don't always want to admit something hurt us. We also don't always want to admit our own Mess Ups. But we learned that God gives us a brand new chance every day. He is the king of second, third, even a million chances. We also know that when we "Fess Up to our sin, no matter how bad it might feel, that healing is coming to our hurts. Peter made a confession that Jesus is the Christ, and Jesus uses that confession as the Rock to build the church on. Amazing! Peter wrote 2 books of the Bible that you can read today, and he became an incredible missionary. God can use anyone for His glory!

**Challenge:**

As a family, spend some time confessing your feelings to each other with no punishment. Do it around a firepit, or maybe at bedtime when it's dark. Sometimes it's easier to 'Fess Up to something in the dark. Give your child an opportunity to share something with you without worrying about a consequence. Some possible questions might be:

- 1 Did I ever do something that really hurt you but you didn't tell me?
- 2 Was there ever a time someone hurt your feelings but you didn't want to admit it?
- 3 What was a time you did something and never told anyone because you didn't want to get in trouble?

