

# Bulletin Board

March 17, 2024

**WELCOME!** We praise God for giving us the ability to worship in fellowship today! Please remember that if you wish to social distance there is room, if you want or need to wear a mask we will support you. Please sign the registration books that are in the pews, please pass them to the next person. If you are worshipping from home and watching on Facebook please leave a comment (even if it is just Hi), it would be appreciated.

**AED DEFIBRILLATOR** In case you are wondering what the white box on the wall in the office corridor, it is our AED Defibrillator. This is located right outside the sanctuary by the bookcase.

**SUNDAY FELLOWSHIP TIME** Join us in the Hillmer Center this week at 10:15 a.m. The adult class is continuing with the study of Divine Worship service following the fellowship time. The Sunday School class will meet in the Library at 10:30 for opening and then go to their classroom.

**LENTEN SERVICE SCHEDULE** This week is the fifth Wednesday in Lent, we will have service at 11 am and 6:30 pm. There is a light supper at 5:30 pm every week of Lent. This week the Fellowship Board is serving the meal, the menu is 3 different soups, relish tray, dessert and drinks. Please join us for this evening of food and fellowship. There are Lenten Devotional books available at both entrances.

**HELP NEEDED FOR ALTERNATIVES** Alternatives Pregnancy Center is asking for our help with their Banquet this year. We have been asked to bring 200 dinner rolls for the meal, nothing fancy. There is a sign up sheet in the hallway by the office if you are willing to bring some. Please bring the rolls to church by Wednesday April 17<sup>th</sup> so we can get them picked up early the 18<sup>th</sup>. Thank you for your help.

**LUTHERAN WITNESS RENEWAL** It is time to renew or order the Lutheran Witness magazine for the next year. The cost is \$20.65 for 11 issues (they combine June and July issue). The deadline for letting me know that you want to renew the magazine is April 28<sup>th</sup> so I can get the information sent in. I will need payment by June.

**EASTER MORNING FELLOWSHIP TIME** We will be having fellowship time on Easter Morning from 8-8:45 am and from 10:15-10:45 am. Anyone wishing to bring something is invited to help us make the day special. We will have donuts and what everyone else is bringing. It could be cinnamon rolls, sweet breads, coffee cake or fruit. Please let the office know so we are prepared to put your offerings out.

**LOVE INC.** is hosting A Redemptive Compassion Conference on Saturday April 6<sup>th</sup> from 9 am to 12 pm, doors will open at 8 am. This is at Cedar Valley Church on Ansborough Ave. The guest speaker is Lois Tupyi, who has written a book on the subject. Please register by April 1<sup>st</sup>. Enjoy breakfast, snacks, and refreshments while you learn.

**NAMI PEER-TO-PEER** Free Education Program. The class runs Thursday, April 18 to June 6<sup>th</sup> from 6 pm to 8 pm at the First congregational Church on W. 4<sup>th</sup> St.. Deadline to register is Wednesday April 3<sup>rd</sup>. There is more information on the bulletin boards in the Narthex and in the office hallway.

**ALTERNATIVES PREGNANCY CENTER** Celebrate Life in Oz Banquet is Thursday April 11<sup>th</sup> at Cedar Valley Church on Ansborough Ave. at 6:30 pm (doors open at 6 pm). If you are interested in attending or hosting a table you can either email Cara at [clientservice@alternativescenter.org](mailto:clientservice@alternativescenter.org) or call 319-535-2720. Registration is required. This is their big fundraiser for the year.

**A LIFE QUOTE** "God loves everybody. God loves people that are big and small. God loves people that are every age. God loves people no matter where we live. All people are special to God. The Bible says, 'For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand' (Ephesians 2:10). God has good things for each of us." *Timothy, a sixth grader from southern Minnesota, who has Down syndrome – A Life Quote from Lutherans For Life • [lutheransforlife.org](http://lutheransforlife.org)*  
*Word of Hope can help. [word-of-hope.org](http://word-of-hope.org); 888.217.8679.*



**BUILDING HEALTHY FAMILIES: Did You:** Spring - a season of renewal and new life - officially arrives on Tuesday, March 19 at 10:06 pm! Though you can't dig in the garden quite yet, take some time this week to take your family (or just yourself!) to your local greenhouse where you can smell, see, touch, feel and experience the new life all around you. As you do, be mindful of the new life that stirs within you and of Paul's inspired words written for you in Romans 6: "You were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, you too may live a new life." (Pssst.... Easter is coming soon!) **Lutheran Family Service** [www.LutheranFamilyService.org](http://www.LutheranFamilyService.org) (515.573.3138 and LFSiowa.org)

**MEMORY VERSE CHALLENGE** - This week the verse is:

**Isaiah 53:5**

But he was pierced for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his wounds we are healed.

**CATECHESIS** – This week for those using the Catechism Study Guide you should be on the following page number according to what year you are doing.

Year 1 is page 24;

Year 2 is page 83;

Year 3 is page 142;

# GRACE FOOD PANTRY



Anyone wishing to donate to the Grace Food Pantry, these are the top items needed:

**Pancake mix, syrup, cold cereal, soups, hamburger / tuna helper, 32 oz juices, spaghetti sauce, crackers, soda crackers, rice, pastas, canned chicken, peanut butter, canned fruit, tooth paste, toilet paper, kleenex, shampoo/conditioner, body wash, dish soap, cleaning liquids, laundry soap, razors, deodorant and lotions.**

We can always use money too. The committee would like to thank all those who have given generously to the Grace Food Pantry!

Anyone needing assistance with the Grace Food Pantry please contact the church office Anyone interested in helping with the food pantry please contact the office.

**A REMINDER:** Members wishing to contribute to the recent loan for roofing and air conditioning may do so by marking the memo line on your check for the Properties Repair Loan and leaving your donation in the offering plate or office. All donations to the cause will be directly applied to the loan. Thank you for your generous heart.

**Genesis 22:2 – “He said, ‘Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt offering on one of the mountains of which I shall tell you.’”** It’s hard for us to even fathom a faith as strong as Abraham’s — he follows the Lord’s Word even when it seems impossibly hard. But he does so because he knows that the Lord only means to bless. What happened here to Abraham should be an encouragement for us: trust the Lord and keep His Word.

## The Schedule this Week:

The following events have been planned for this week.

**TODAY:**  
9:00 a.m.                      Worship.  
   Sanctuary  
10:15 a.m.                      Fellowship  
   Hillmer Center  
10:30 a.m.                      Bible Class/Sunday School  
   Hillmer Center/Library

**MONDAY:**  
6:00 p.m.                      Exercise  
   Library

**TUESDAY:**  
6:00 p.m.                      Four Oaks CPR/FA  
   Hillmer Center

**WEDNESDAY:**  
8:00 a.m.                      Lent 5  
   Sewing Circle  
   Rm 17  
11:00 a.m.                      Worship  
   Sanctuary  
5:15 p.m.                      Chancel Choir  
   Sanctuary  
5:30 p.m.                      Supper  
   Hillmer Center  
6:30 p.m.                      Worship  
   Sanctuary

**THURSDAY:**  
9:30 a.m.                      Ladies Bible Study  
   Hillmer Center  
6:00 p.m.                      Exercise  
   Library

**NEXT SUNDAY:**  
9:00 a.m.                      **Palm Sunday**  
   Worship w/Holy Comm  
   Sanctuary  
10:15 a.m.                      Fellowship  
   Hillmer Center  
10:30 a.m.                      Bible Class/Sunday School  
   Hillmer Center/Library

# VALLEY LUTHERAN UPDATE

## Plant Sale

The flowers will soon be blooming! It’s time for the Annual Valley Lutheran Plant Sale! To order, you may contact a Valley student or teacher in your congregation or visit Mrs. Clement in the Valley office. You may also order online at [janetsjungle.com](http://janetsjungle.com), or there is a link to this website on the Valley Facebook page. The sale will run from March 4 - April 3. Questions about the Plant Sale? Email Mrs. L’Heureux at [amanda.lheureux@vlscrusaders.org](mailto:amanda.lheureux@vlscrusaders.org).

## Scrap Metal Drive

The Valley Lutheran Seniors and Push Iron & Metals will be hosting a Scrap Metal Drive on March 23rd from 9:00 am- 2:00 pm. Please bring in your scrap metal to help out your Valley Seniors. More details will be sent as the date comes closer. We appreciate any form of help that our Valley Community gives us. Senior Class of 2024

Crusader Knight at Valley Lutheran School is in the early stages of planning and we are seeking items for our silent auction. If you would like to put together a basket please contact Shaylene Scheele at [shaylene.scheele@vlscrusaders.org](mailto:shaylene.scheele@vlscrusaders.org) or at Valley Lutheran at 319-266-4565. Baskets could be themed such as Family movie night with items such as popcorn and popcorn bucket, candy, and a family movie. A chocolate basket with different kinds of chocolates. Be creative! Feel free to contact me for more ideas. If you'd like to donate a few items but not do a whole basket that's fine too! Thank you for your

## Youth News

Check the Grace Greetings for your next activity.