

# Bulletin Board

March 3, 2024

**WELCOME!** We praise God for giving us the ability to worship in fellowship today! Please remember that if you wish to social distance there is room, if you want or need to wear a mask we will support you. Please sign the registration books that are in the pews, please pass them to the next person. If you are worshipping from home and watching on Facebook please leave a comment (even if it is just Hi), it would be appreciated.

**AED DEFIBRILLATOR** In case you are wondering what the white box on the wall in the office corridor, it is our AED Defibrillator. This is located right outside the sanctuary by the bookcase.

**SUNDAY FELLOWSHIP TIME** Join us in the Hillmer Center this week at 10:15 a.m. The adult class is continuing with the study of Divine Worship service following the fellowship time. The Sunday School class will meet in the Library at 10:30 for opening and then go to their classroom.

**LENTEN SERVICE SCHEDULE** This week is the third Wednesday in Lent, we will have service at 11 am and 6:30 pm. There is a light supper at 5:30 pm every week of Lent. This week the Board of Education is serving the meal, the menu is Pizza, salad, bars and drinks. Please join us for this evening of food and fellowship. There are Lenten Devotional books available at both entrances.

**INVITATION FROM COLLEGE HILL LUTHERAN CHURCH** for tomorrow March 4<sup>th</sup> the Kantorei of Concordia Theological Seminary Fort Wayne, is touring Iowa and will be stopping at College Hill Lutheran Church 2322 Olive St. Cedar Falls at 11:30 am for a midday devotion service. This is a men's choir of pastoral ministry students under the direction of Kantor Kevin Hildebrand. Check the bulletin board in the narthex and in the office hallway for more information.

**LUTHERAN WITNESS RENEWAL** It is time to renew or order the Lutheran Witness magazine for the next year. The cost is \$20.65 for 11 issues (they combine June and July issue). The deadline for letting me know that you want to renew the magazine is April 28<sup>th</sup> so I can get the information sent in. Thank you for your help.

**LOVE INC.** IS HOSTING A Redemptive Compassion Conference on Saturday April 6<sup>th</sup> from 9 am to 12 pm, doors will open at 8 am. This is at Cedar Valley Church on Ansborough Ave. The guest speaker is Lois Tupy, who has written a book on the subject. Please register by April 1<sup>st</sup>. Enjoy breakfast, snacks, and refreshments while you learn.

**HAVE YOU EVER CONSIDERED** becoming registered to officiate high school sports in Iowa? Events are being cancelled in several sports at all levels of competition because there are not enough officials to cover the assignments. We have a few members in the Immanuel congregation that are registered officials. We are willing to host a forum simply to answer questions for anyone that might want to be part of the solution. How do I find games to officiate? If you would like to learn more, contact Dan Klein at [kleindw1@yahoo.com](mailto:kleindw1@yahoo.com) or (319) 269-8138 by 02/23/2024 to reserve a spot at the forum. Immanuel Lutheran will host the Officials Information Forum on Saturday, March 9 at 9:00am.

**NAMI PEER-TO-PEER** Free Education Program. The class runs Thursday, April 18 to June 6<sup>th</sup> from 6 pm to 8 pm at the First congregational Church on W. 4<sup>th</sup> St.. Deadline to register is Wednesday April 3<sup>rd</sup>. There is more information on the bulletin boards in the Narthex and in the office hallway.

**ALTERNATIVES PREGNANCY CENTER** Celebrate Life in Oz Banquet is Thursday April 11<sup>th</sup> at Cedar Valley Church on Ansborough Ave. at 6:30 pm (doors open at 6 pm). If you are interested in attending or hosting a table you can either email Cara at [clientservice@alternativescenter.org](mailto:clientservice@alternativescenter.org) or call 319-535-2720. Registration is required. This is their big fundraiser for the year.

**A LIFE QUOTE** "[W]e were made for light and life. God's Word and Sacraments cast darkness aside in our lives; they draw us closer to Him and make us strong unto salvation ... cling to the promises of Christ. May we recognize that we are blessed For Life even when we are surrounded by darkness, and may we in our darkest seasons, through the work of the Holy Spirit, lean toward the Son for light and for hope." *Michelle Bauman, Director of Y4Life – A Life Quote from Lutherans For Life •*  
[lutheransforlife.org](http://lutheransforlife.org) *Word of Hope can help. [word-of-hope.org](http://word-of-hope.org); 888.217.8679.*



**BUILDING HEALTHY FAMILIES: Did You:** "Wrinkles should merely indicate where smiles have been," wrote Mark Twain. Yet today we spend millions of dollars trying to look and feel younger than our years. As Christians, we know our value is not found in how we look or in what we can do. We are valuable – even as the number of our limitations (and wrinkles) increase with each passing year- because Jesus says we are. He demonstrated our value by giving His life as a ransom for ours. Does that make us valuable? You bet! Which older members of your church family would welcome a visit, telephone call or card from you this week? Let them know they're not forgotten and how valuable they (still) are! **Lutheran Family Service**  
[www.LutheranFamilyService.org](http://www.LutheranFamilyService.org) (515.573.3138 and [LFSiowa.org](http://LFSiowa.org))

**MEMORY VERSE CHALLENGE** - This week the verse is:

**1 Peter 5:8-9**

Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith.

**CATECHESIS** – This week for those using the Catechism Study Guide you should be on the following page number according to what year you are doing.

Year 1 is page 21;

Year 2 is page 80;

Year 3 is page 139;

# GRACE FOOD PANTRY



Anyone wishing to donate to the Grace Food Pantry, these are the top items needed:

**Pancake mix, syrup, cold cereal, soups, hamburger / tuna helper, 32 oz juices, spaghetti sauce, crackers, soda crackers, rice, pastas, canned chicken, peanut butter, canned fruit, tooth paste, toilet paper, kleenex, shampoo/conditioner, body wash, dish soap, cleaning liquids, laundry soap, razors, deodorant and lotions.**

We can always use money too. The committee would like to thank all those who have given generously to the Grace Food Pantry!

Anyone needing assistance with the Grace Food Pantry please contact the church office. Anyone interested in helping with the food pantry please contact the office.

**A REMINDER:** Members wishing to contribute to the recent loan for roofing and air conditioning may do so by marking the memo line on your check for the Properties Repair Loan and leaving your donation in the offering plate or office. All donations to the cause will be directly applied to the loan. Thank you for your generous heart.

**Ephesians 5:1-2 – “Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us.”** Our sanctification flows from the justification which we have received in Christ. His love for us transforms us into His image. This is why the Bible talks so much about giving — we are to imitate God in His generosity. If you want to walk in the footsteps of your Heavenly Father, seek mercy, kindness and open-handed generosity.

## The Schedule this Week:

The following events have been planned for this week.

**TODAY:**  
9:00 a.m.                      Worship w/Holy Comm.  
   *Sanctuary*  
10:15 a.m.                      Fellowship  
   *Hillmer Center*  
10:30 a.m.                      Bible Class/Sunday School  
   *Hillmer Center/Library*

**MONDAY:**  
6:00 p.m.                      Exercise  
   *Library*  
7:00 p.m.                      Board Meetings  
   *Hillmer Center+*

**WEDNESDAY:**  
8:00 a.m.                      Lent 3  
   Sewing Circle  
   *Rm 17*  
11:00 a.m.                      Worship  
   *Sanctuary*  
5:30 p.m.                      Supper  
   *Hillmer Center*  
6:30 p.m.                      Worship  
   *Sanctuary*  
7:15 p.m.                      Chancel Choir  
   *Sanctuary*

**THURSDAY:**  
9:30 a.m.                      Ladies Bible Study  
   *Hillmer Center*  
6:00 p.m.                      Exercise  
   *Library*

**SATURDAY:**  
9:00 a.m.                      Altar Guild Meeting  
   *Kitchen*

**NEXT SUNDAY:**  
9:00 a.m.                      Worship  
   *Sanctuary*  
10:15 a.m.                      Fellowship  
   *Hillmer Center*  
10:30 a.m.                      Bible Class/Sunday School  
   *Hillmer Center/Library*

## Youth News

Saturday March 16<sup>th</sup> the youth are going to Ninja U at 1 pm. Please let me know if you plan on coming by Wednesday the 13<sup>th</sup>. Check for details in the Grace Greetings.

# VALLEY LUTHERAN UPDATE

## Plant Sale

The flowers will soon be blooming! It’s time for the Annual Valley Lutheran Plant Sale! To order, you may contact a Valley student or teacher in your congregation or visit Mrs. Clement in the Valley office. You may also order online at [janetsjungle.com](http://janetsjungle.com), or there is a link to this website on the Valley Facebook page. The sale will run from March 4 - April 3. Questions about the Plant Sale? Email Mrs. L’Heureux at [amanda.lheureux@vlscrusaders.org](mailto:amanda.lheureux@vlscrusaders.org).

## Scrap Metal Drive

The Valley Lutheran Seniors and Push Iron & Metals will be hosting a Scrap Metal Drive on March 23rd from 9:00 am- 2:00 pm. Please bring in your scrap metal to help out your Valley Seniors. More details will be sent as the date comes closer. We appreciate any form of help that our Valley Community gives us. Senior Class of 2024

Crusader Knight at Valley Lutheran School is in the early stages of planning and we are seeking items for our silent auction. If you would like to put together a basket please contact Shaylene Scheele at [shaylene.scheele@vlscrusaders.org](mailto:shaylene.scheele@vlscrusaders.org) or at Valley Lutheran at 319-266-4565. Baskets could be themed such as Family movie night with items such as popcorn and popcorn bucket, candy, and a family movie. A chocolate basket with different kinds of chocolates. Be creative! Feel free to contact me for more ideas. If you'd like to donate a few items but not do a whole basket that's fine too! Thank you for your continued support!

## Take a Look Tuesday

Valley Lutheran is having another, Take a Look Tuesday on March 5th from 11-1:30 for families

that are interested in giving their students a Great Christian Education and would like to learn more about our school.