

The Means of Grace: Power & Worthy Reception of the Lord's Supper



Have you ever joined a team, association, or become a member of some organization? What is it that made you 'worthy' of being part of that particular group? What requirements needed to be met?



Catechism: Read **Questions 365 and 368.**

Bible: Read **Ephesians 4:1-4** with your parent/faith mentor.



Review the questions below. Then go to gracelutheran-tx.org/confirmation to watch the video "**Nature & Benefit of Lord's Supper**" with Pastor Keith. As you watch, take notes. Then discuss these questions and your answers with your parent or faith mentor.

- ❖ How can bodily eating and drinking grant forgiveness, life, and salvation (see Luther's Small Catechism: The Power of the Sacrament of the Altar, Pt. 2)?

- ❖ How is it that we should approach the Lord's Supper as we eat and drink the bread and wine?

- ❖ Who is it that receives the blessings of the Lord's Supper?

❖ What questions should we use to exam ourselves before participating in the Lord's Supper?

1.

2.

3.

❖ Who is it that should not receive the Lord's Supper, and why?

❖ Why should we not commune at just any church that is having the Lord's Supper?



The Lord's Supper was given and instituted by Jesus for the forgiveness of sins. Thus, it is especially given to those who are weak, hurting, or struggling that they might find forgiveness, and strength in our Lord who calls all who are weak and heavy laden to find rest in Him. Take a moment to lay your sins on Jesus and find rest for your souls.



Say this Bible memory verse out loud to your parent or faith mentor: **"I appeal to you, brothers, to watch out for those who cause divisions and created obstacles contrary to the doctrine you have been taught; avoid them?"** – 1 Corinthians 10:16

Parents/Faith Mentors:

Please sign that you have completed this worksheet with your 8th grader by April 14th.