

# The Means of Grace: Nature & Benefit of Lord's Supper

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Think about what kinds of events you have celebrated with having a meal? Maybe a birthday, graduation, holiday, etc. Talk about why you feel food is often central to celebrations?



**Catechism:** Read **Questions 350 and 362.**

**Bible:** Read **Matthew 26:26-28** with your parent/faith mentor.



**Review the questions below.** Then go to [gracelutheran-tx.org/confirmation](http://gracelutheran-tx.org/confirmation) to watch the video “**Nature & Benefit of Lord's Supper**” with Pastor Keith. As you watch, take notes. Then discuss these questions and your answers with your parent or faith mentor.

❖ List **THREE** other names for the Lord's Supper?

- 1.
- 2.
- 3.

❖ Who instituted (gave us) the Sacrament of the Altar:

❖ What four things are really and truly present (given to us) in this meal?

- 1.
- 2.
- 3.
- 4.

❖ How is it that the body and blood are present in the Sacrament?

❖ What are the three benefits of receiving the Lord's Supper?

1.

2.

3.

❖ How often should we receive the Lord's Supper?



Believing that the body and blood of Jesus are present in the Lord's Supper when we eat the bread and drink the wine may seem difficult. Yet, is it any more difficult to believe this than it is to believe Almighty God became human and died for His creation? Pray that you be granted faith to believe and hold fast the Word and Promises of God.



Say this Bible memory verse out loud to your parent or faith mentor:  
**“The cup of blessing that we bless, is it not a participation in the blood of Christ? The bread that we break, is it not a participation in the body of Christ?”** – 1 Corinthians 10:16

**Parents/Faith Mentors:**

Please sign that you have completed this worksheet with your 8th grader by April 21.