

SAMPLE SEMINAR SCHEDULE

12:00-12:30pm	LUNCH
12:30-1:00pm	Activity
1:00-1:50	Instruction
1:50-2:00	Break
2:00-2:50	Instruction
2:50-3:05	Snack Break
3:05-3:30	Activity
3:30-4:15	Instruction
4:15-4:30	Break
4:30-5:20	Instruction
5:25-5:30	Break
5:30-6:00	Wrap-up & Review
6:00pm	Dismissal