

## Proverbs SOAP Journal

The book of Proverbs is a great place to start when learning to study the Bible. It has so many individual verses that were written to be used as instructions for believers on how to live a life that follows God's directions. The majority of the book of Proverbs was written by Solomon, the son of David. Solomon became the King of Israel at a very young age and instead of asking God for more money or more power, he asked God for Godly Wisdom to lead the people of Israel. And that is exactly what God blessed him with, and these Proverbs are the result of that knowledge.

We will begin in Chapter 10 because the Proverbs are broken down into individual verse and make it easier to begin to form singular thoughts about the individual verse, rather than trying to read a larger passage and find its meaning.

### Instructions:

Using the S.O.A.P. method of Bible study, read a Proverb from the Bible and write about it.

In case you are unfamiliar with the S.O.A.P. method of Bible study, here are directions for how to use it.

1. S – Scripture – Write the scripture that you will be focusing on that day.
2. O – Observe – Write your observations about that passage, it could include who was writing the passage, who was it written to, what is important about that passage, what is the meaning behind the passage. Literally anything that you observe about the passage, write it down.
3. A – Apply – Write about how this verse applies to your life today. Maybe this is an area that you are struggling with, you could write about how you can work to do better at this part of your life. It may be something that you already know and do well at, write how you came to understand this principle and how you have worked to live it out. Whatever you feel lead to write about how it applies to you today, write it down.
4. P – Pray – Write a prayer about what you gained from this passage. Ask God to help you with living out this principle in your life. Thank God for helping you understand this principle in the past and helping you live it out. This can be any type of prayer about how this passage has affected your life.

These journal entries are meant to help you grow in your relationship with Christ, not how they should impact others. So, be sure to keep them focused inwardly and not outwardly.

You will also find a place where you can write down your Prayer Requests for the day. You can write these out to any degree of depth that you would like. If you want to simply write down one word or a name that you want to lift in prayer that is fine. If you want to write out a detailed sentence for your request that is fine too. The purpose is to have a place where you can look back and see the prayer needs in your life at that time and see how God answered them.

You can use the Reading Plan on the following pages to help you keep track of what verses you have done.

So, let's get started.

## Journal Reading Plan

- Proverbs 10:1
- Proverbs 10:2
- Proverbs 10:3
- Proverbs 10:4
- Proverbs 10:5
- Proverbs 10:6
- Proverbs 10:7
- Proverbs 10:8
- Proverbs 10:9
- Proverbs 10:10
- Proverbs 10:11
- Proverbs 10:12
- Proverbs 10:13
- Proverbs 10:14
- Proverbs 10:15
- Proverbs 10:16
- Proverbs 10:17
- Proverbs 10:18
- Proverbs 10:19
- Proverbs 10:20
- Proverbs 10:21
- Proverbs 10:22
- Proverbs 10:23
- Proverbs 10:24
- Proverbs 10:25
- Proverbs 10:26
- Proverbs 10:27
- Proverbs 10:28
- Proverbs 10:29
- Proverbs 10:30
- Proverbs 10:31
- Proverbs 10:32
- Proverbs 11:1
- Proverbs 11:2
- Proverbs 11:3
- Proverbs 11:4
- Proverbs 11:5
- Proverbs 11:6
- Proverbs 11:7
- Proverbs 11:8
- Proverbs 11:9
- Proverbs 11:10
- Proverbs 11:11
- Proverbs 11:12
- Proverbs 11:13
- Proverbs 11:14
- Proverbs 11:15
- Proverbs 11:16
- Proverbs 11:17
- Proverbs 11:18
- Proverbs 11:19
- Proverbs 11:20
- Proverbs 11:21
- Proverbs 11:22
- Proverbs 11:23
- Proverbs 11:24
- Proverbs 11:25
- Proverbs 11:26
- Proverbs 11:27
- Proverbs 11:28
- Proverbs 11:29
- Proverbs 11:30
- Proverbs 11:31
- Proverbs 12:1
- Proverbs 12:2
- Proverbs 12:3
- Proverbs 12:4
- Proverbs 12:5
- Proverbs 12:6
- Proverbs 12:7
- Proverbs 12:8
- Proverbs 12:9
- Proverbs 12:10
- Proverbs 12:11
- Proverbs 12:12
- Proverbs 12:13
- Proverbs 12:14
- Proverbs 12:15
- Proverbs 12:16
- Proverbs 12:17
- Proverbs 12:18
- Proverbs 12:19
- Proverbs 12:20
- Proverbs 12:21
- Proverbs 12:22
- Proverbs 12:23
- Proverbs 12:24
- Proverbs 12:25
- Proverbs 12:26
- Proverbs 12:27
- Proverbs 12:28
- Proverbs 12:29
- Proverbs 13:1
- Proverbs 13:2
- Proverbs 13:3
- Proverbs 13:4
- Proverbs 13:5
- Proverbs 13:6
- Proverbs 13:7
- Proverbs 13:8
- Proverbs 13:9
- Proverbs 13:10
- Proverbs 13:11
- Proverbs 13:12
- Proverbs 13:13
- Proverbs 13:14
- Proverbs 13:15
- Proverbs 13:16
- Proverbs 13:17
- Proverbs 13:18
- Proverbs 13:19
- Proverbs 13:20
- Proverbs 13:21
- Proverbs 13:22
- Proverbs 13:23
- Proverbs 13:24
- Proverbs 13:25
- Proverbs 14:1
- Proverbs 14:2
- Proverbs 14:3
- Proverbs 14:4
- Proverbs 14:5
- Proverbs 14:6
- Proverbs 14:7
- Proverbs 14:8
- Proverbs 14:9
- Proverbs 14:10
- Proverbs 14:11
- Proverbs 14:12
- Proverbs 14:13
- Proverbs 14:14
- Proverbs 14:15
- Proverbs 14:16

- Proverbs 14:17
- Proverbs 14:18
- Proverbs 14:19
- Proverbs 14:20
- Proverbs 14:21
- Proverbs 14:22
- Proverbs 14:23
- Proverbs 14:24
- Proverbs 14:25
- Proverbs 14:26
- Proverbs 14:27
- Proverbs 14:28
- Proverbs 14:29
- Proverbs 14:30
- Proverbs 14:31
- Proverbs 14:32
- Proverbs 14:33
- Proverbs 14:34
- Proverbs 14:35
- Proverbs 15:1
- Proverbs 15:2
- Proverbs 15:3
- Proverbs 15:4
- Proverbs 15:5
- Proverbs 15:6
- Proverbs 15:7
- Proverbs 15:8
- Proverbs 15:9
- Proverbs 15:10
- Proverbs 15:11
- Proverbs 15:12
- Proverbs 15:13
- Proverbs 15:14
- Proverbs 15:15
- Proverbs 15:16
- Proverbs 15:17
- Proverbs 15:18
- Proverbs 15:19
- Proverbs 15:20
- Proverbs 15:21
- Proverbs 15:22
- Proverbs 15:23
- Proverbs 15:24
- Proverbs 15:25
- Proverbs 15:26
- Proverbs 15:27
- Proverbs 15:28
- Proverbs 15:29
- Proverbs 15:30
- Proverbs 15:31
- Proverbs 15:32
- Proverbs 15:33
- Proverbs 16:1
- Proverbs 16:2
- Proverbs 16:3
- Proverbs 16:4
- Proverbs 16:5
- Proverbs 16:6
- Proverbs 16:7
- Proverbs 16:8
- Proverbs 16:9
- Proverbs 16:10
- Proverbs 16:11
- Proverbs 16:12
- Proverbs 16:13
- Proverbs 16:14
- Proverbs 16:15
- Proverbs 16:16
- Proverbs 16:17
- Proverbs 16:18
- Proverbs 16:19
- Proverbs 16:20
- Proverbs 16:21
- Proverbs 16:22
- Proverbs 16:23
- Proverbs 16:24
- Proverbs 16:25
- Proverbs 16:26
- Proverbs 16:27
- Proverbs 16:28
- Proverbs 16:29
- Proverbs 16:30
- Proverbs 16:31
- Proverbs 16:32
- Proverbs 16:33
- Proverbs 17:1
- Proverbs 17:2
- Proverbs 17:3
- Proverbs 17:4
- Proverbs 17:5
- Proverbs 17:6
- Proverbs 17:7
- Proverbs 17:8
- Proverbs 17:9
- Proverbs 17:10
- Proverbs 17:11
- Proverbs 17:12
- Proverbs 17:13
- Proverbs 17:14
- Proverbs 17:15
- Proverbs 17:16
- Proverbs 17:17
- Proverbs 17:18
- Proverbs 17:19
- Proverbs 17:20
- Proverbs 17:21
- Proverbs 17:22
- Proverbs 17:23
- Proverbs 17:24
- Proverbs 17:25
- Proverbs 17:26
- Proverbs 17:27
- Proverbs 17:28

Date: \_\_\_\_\_

**SCRIPTURE** – \_\_\_\_\_

---

---

**OBSERVATION** –

---

---

---

**APPLICATION** -

---

---

---

**PRAYER** –

---

---

---

PRAYER REQUEST:

---

---

---

---

---

---