

Sex and Love

Home Huddle is meant to be an opportunity for families to talk about their faith together. Scripture and multiple research studies affirm that parents and grandparents are the #1 faith role models in a child's life. We know life is busy, but we still encourage families to take time to grow in faith together. Complete/talk through the 'Faith 5' (Share, Read, Talk, Pray, Bless) below as a family. Then sign and return this page at the beginning of the next class.



SHARE Highs and Lows of the day/week



READ

Memory Work: I Corinthians 13:4-8, 13

What is the most difficult part of living the definition of love from these verses? What is the easiest?



TALK

1. What is God's design for sex?

2. What are the consequences of ungodly sexual relations?



PRAY

for one another. Praise and thank God for today's highs. Ask the Holy Spirit for help with today's lows. Include highs and lows of your family, friends and world in this prayer. Close in Jesus' name.



BLESS

one another with the sign of the cross and these words:

(Name), child of God, may you be pure and true in all you do. Amen.

Student First and Last Name: _____

(Please print so we can read it!)

Parent Signature: _____

Sex and Love +

During the “Hot Topic” Unit, we will be covering some big issues. Following each lesson, families are encouraged to continue the conversations from class by using Home Huddle+. Parents can also find a list of resources that may be helpful if there is a desire to further explore the topic. These pages do not need to be returned as they are intended to be tools for families to use together.



TALK (Further Discussion Questions)

1. Why does God intend sex to be enjoyed within the relationship of marriage?
2. How is sex portrayed in today’s culture? How does this portrayal differ from God’s design for sex?



EXPLORE (Resources)

Books

- *Learning about Sex* Book Series by Concordia Publishing House
[Book series contains helpful information, devotions, and discussion guides for both individuals and parents. There are other books in the series designed for younger children too!]
- *Sex Matters* by Jonathan McKee
[McKee tackles some tough questions about sex and gives truth-filled answers – no matter how uncomfortable or awkward they may be]
- *Sex Has a Price Tag: Discussion About Sexuality, Spirituality, and Self Respect* by Pam Stenzel and Crystal Kirgiss
[This book is brutally frank but totally sympathetic, written to girls and guys. Contains personal testimonies, medical stats, and practical solutions as well as encouragement in the form of Biblical examples and support and networking options]

Websites

- <https://www.focusonthefamily.com/topic/parenting/sex-education/>
[Articles relating to many sex topics including “the talk”, abstinence, purity, sexting, masturbation, pornography, and more]
- <https://www.familylife.com/>
[Lots of articles about many different topics, including sex and dating]
- <https://axis.org/membership/>
[Organization that seeks to help educate and equip parents. By signing up for a membership, you get access to tons of conversations guides like “Sex Talk”, “Purity”, and “Teen Dating”]



DO (Practical Ideas)

- Your child(ren) will hear about sex from somewhere whether at school, social media, TV shows, or you the parent. Choose to start having conversations (if you don’t already) with your child about sex. These talks shouldn’t just be a one-time “birds and bees” information, but an ongoing conversation about God’s design for purity and sexual relations. The above resources offer some helpful starting points.
- If your child asks an uncomfortable or tough question about sex, don’t shy away! It’s great that he/she is talking to you about this topic. Even if it’s a little awkward, engage in conversations together.
- Examine what Scripture says about sex and purity. Sex is a great gift, and one that is best enjoyed within marriage. Talk to your child about how he/she might go about preserving that gift until the proper time.
- Sexual sins can be especially damaging and leave a lasting impact. When speaking about sex, don’t forget about God’s great love and forgiveness that covers every sin.
- Be mindful of the dangers of pornography use. There are some great websites with information for parents and students.
<https://www.covenanteyes.com/>
<https://www.xxxchurch.com/>
<https://fightthenewdrug.org/>