**Bible Verses for Tough Times**

**Hope**

Romans 15:13

Psalm 119:49-50

Psalm 33:20-22

Psalm 71:5, 14

Psalm 16:8-9

Psalm 42:11

**Anxiety/Worry**

1 Peter 5:6-7

Psalm 112:6-7

Psalm 16:8-9

**Depression/Sadness**

Psalm 116:6-8

Psalm 9:9

Job 36:15

Isaiah 14:3

Isaiah 41:10

Psalm 31:7

Psalm 146:7-8

Psalm 55:4-5,16-17

Psalm 69:15-17

Deuteronomy 26:7

**Fear**

Job 11:18-19

Psalm 31:24

Isaiah 43:1

Psalm 55:22

John 14:27

Psalm 24:4

Isaiah 41:10

Psalm 23:4

Psalm 27:1,3

**Grief**

Isaiah 53:3-4

Isaiah 61:1-3

Psalm 147:3

Psalm 6:7-9

Lamentations 3:22-23

Matthew 5:4

Psalm 126:5

Isaiah 51:3

Psalm 30:10-11

Isaiah 25:8

2 Corinthians 1:3-4

**Failure**

Micah 7:8

Proverbs 24:16

Isaiah 43:2-3

Psalm 86:5

Psalm 103:13-14

1 John 1:9

Romans 8:35-37

Psalm 37:2