

BREASTPLATE OF RIGHTEOUSNESS

We can trust God to protect our hearts (Ephesians 6:14a)

Read: Genesis 15 = A promise in the sky

Talk: Ask these questions and discuss together

- How many stars do you think Abram saw?
- Have you counted stars at night? How many stars do you think God created?
- How did trusting God protect Abram's heart?
- What do you trust God to do for you?
- How can trusting God protect your heart?

Activity: Gather some duct tape, a brown paper grocery bag, scissors, and markers to decorate. Follow the instructions below to create and label a Breastplate of Righteousness.

1. Cut up the middle of the “back” of the sack
2. Cut a hole in the bottom for the neck
3. Cut an arm hole in each side
4. Reinforce and decorate with duct tape
5. Label and decorate the bag as the Breastplate of Righteousness



(Be sure to keep the “Breastplate of Righteousness” in a safe place for future lessons to use as a review tool and add other pieces of armor to it.)



Pray: Lord, help us trust in you to protect our hearts. In Jesus’ name, Amen.