

# WHAT IS THE ARMOR OF GOD?

God's Armor protects us (Romans 13:12b)

**Read:** 2 Kings 6:8-23 = An unusual battle

**Talk:** Ask these questions and discuss together

- What was surprising in this story?
- How do you think Elisha felt when he was surrounded by the enemy?
- How do you think Elisha's servant felt?
- Why did Elisha feel differently than his servant? What did he know that kept him from being afraid?

**Activity:** Gather paper towels, pens or pencils, and a plastic or foam cup, and fill a sink or bucket with water. Have children first write the name of some people or things that are important to them on a paper towel. Then crumple their paper towels into tight wads and press them firmly into the bottom of their cups. The paper towel should stay in the bottom of the cup when the cup is turned upside down. Let each child turn his or her cup upside down, push the cup straight down into the water, and then pull the cup straight up and out of the water. When each child has done this, let children remove their paper towels from their cups and see if they are wet or dry. If the activity was done correctly, the paper will be dry.



**Talk:** Ask these questions and discuss together

- Why didn't your paper get wet?
- **Say:** A pocket of air was trapped between your paper towel and the water. The air, even though it was invisible, protected your paper towel from the water. This invisible protection of air reminds me of the invisible protection that God offers us. It's called the Armor of God, and we're going to be learning more about this armor over the next few weeks.
- What does armor do? Who needs armor?
- Why would you need armor?



**Pray:** Lord, please use your love to shield us from things that will hurt us. Protect us from our fears and from things that take us away from you. Block the efforts of those who want to hurt us, tempt us, and harm us. In Jesus' name, Amen.