## Monday, May 13, 2019 Opening ceremonies at 8:45 a.m. in the gym Events begin promptly at 9:00 a.m.

Dear parents,  
 It’s that time of year again-Track and Field Day is coming! Track and Field Day is a day where the students participate in traditional jumping, throwing, and running events on our school grounds. We are excited to be joined by students from St. Paul’s Oconomowoc again this year!

Students participate in regular track events all day with relays in the afternoon. Most field events take place in the morning. No experience with the track or field events are needed, just a willingness to encourage, measure, and record the performance of the students in the events. You will have opportunities to watch your own children participate too.

You will receive instructions beforehand so you can familiarize yourself with the events. Teachers and middle school students will also assist you. We hope you can join us as we use our talents to glorify God on a fun filled day!

--------------------------------------------------------------------------------

Volunteer Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
I can volunteer\_\_\_\_AM\_\_\_\_PM\_\_\_\_ALL DAY.

\_\_\_\_ Sign me up anywhere!

\_\_\_\_ Track (time runners, grades PK-8) \_\_\_\_ Shot Put (5-8)/Discus (7-8)

\_\_\_\_ High Jump (grades K-8) \_\_\_\_ Softball Throw (PK-8)&

\_\_\_\_ Running Long Jumps (grades 1-8) Turbojav (grades 5-8)

\_\_\_\_ Standing Long Jumps (grades PK-8) \_\_\_\_ Shoe Kick (grades PK-4)

Please return this form by Wednesday, May 1 to Mrs. Paukner or the school office.

-Volunteer for all or part of the day.

-Watch your child participate and work with other parents.

-Cheer on our students!