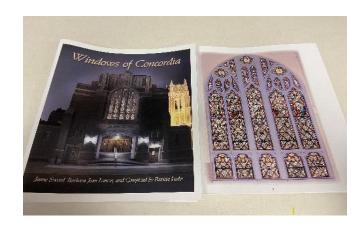


The Concordian

A Newsletter of Concordia Lutheran Church – ELCA Superior, WI September 2023 Vol 44 No. 9

"Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel"

WINDOWS OF CONCORDIA BOOK



The present building of the Concordia Lutheran Church of Superior, Wisconsin, at 1708 John Avenue, was dedicated on September 28, 1930.

The windows of the church were the work of Thomas J. Gaytee Studios of Minneapolis, Minnesota. Thomas J. Gaytee studied under Louis Comfort Tiffany, in New York. In 1918 he moved to Minneapolis, selling for Tiffany. He subsequently opened his own studio. Gaytee is known for his stained glass windows which adorn many churches. He was a keen student of symbolism. Concordia's glass was a very fine example of the traditions in church glass, being painted in grisaille after the manner of the Middle Ages with painted medallions and symbols which will be explained in the book. The windows also present symbols of the apostles and symbols which are connected with Christ and his teachings.

The major work of the book was started by the late Jean Sword, the late Barbara Jean Larson, and completed by Patricia Luder. Additional help was given by Jean Riedasch and Carol Gucinski. The photography and graphic design were done by Roger LePage.

This is a 32 page (counting the cover) full color book on the "Windows of Concordia" and is available for purchase at a cost of \$10 each.



PARISH NURSING NOTES

Did you know that more than 5 million Americans are living with Alzheimer's disease? Every 66 seconds someone in the United States develops the disease. And one in three seniors dies with Alzheimer's or another dementia. Alzheimer's kills more people than breast cancer and prostate cancer combined. And since the year 2000, while the number of deaths from heart disease have decreased by 14%, deaths from Alzheimer's have increased by 89%. Not only that, more than 15 million Americans provide unpaid care for family members with Alzheimer's or another dementia. And the numbers are going up every year. So the odds are that you will, one day, develop this life changing condition, or be caring for a family member who has developed it.

Have you ever forgotten where you put your keys? Or maybe someone's name? Does this mean you are developing Alzheimer's or another dementia? Probably not! My mother-in-law used to say, "If you lose your keys, that's part of getting older. If you find your keys and don't know what to use them for, that's a problem." Some early signs of Alzheimer's might include: trouble remembering names, especially names of family members or close friends; trouble remembering recent events; or trouble solving simple math problems or balancing a checkbook. Later signs might include: asking the same questions over and over again; becoming lost in places you know well; not being able to follow directions; getting very confused about time, people, and places; not taking care of yourself—eating poorly, not bathing, or being unsafe. Medical conditions can cause memory problems as well. So if you are concerned about yourself or a family member, see a doctor first to check for conditions such a dehydration, thyroid

problems, a minor head injury, or a reaction to medications you are taking.

There is no cure for Alzheimer's at this point. There are, however, medications that can treat the symptoms, and prevent them from getting worse for a time. Some families take other measures to help with the memory loss: a big calendar with activities written in, and crossing off each passing day; notes about safety in the house; written directions for using common household items.

But there are many things you can do to help maintain your brain health.

- 1. Stay mentally active. Take a class, read a book, do a puzzle, take a different route when driving.
- 2. Eat a healthy diet. A heart healthy diet is as good for your brain as it is for your heart. So focus on fruits and vegetables, whole grains, and low fat protein sources.
- 3. Exercise at least 30 minutes, 5 days a week.
- 4. Stay socially active. Get together with friends and family, or volunteer in your community.
- 5. Protect your brain. Wear seat belts, wear a helmet when cycling, and fall-proof your home.
- 6. Manage chronic conditions. The better you take care of yourself, the better your memory is likely to be.
- 7. Get organized. Jot down tasks, appointments, and other events. Set aside a certain place for your wallet, keys, and other essentials.
- 8. Keep active in your church community. Not only does it help your spiritual health, it adds to your social connections, and opportunity to serve others. And take time every day to pray. Being appreciative for all we have been given, and knowing we are never alone can help immensely!

You can also donate funds to the Alzheimer's Association. They are working hard to find new treatments and, hopefully, preventive measures. They also provide support and assistance to thousands of families dealing with the disease.

"So then, whenever we have an opportunity, let us work for the good of all, and especially for those of the family of faith." (Gal. 6:10). Stay healthy, happy, and helpful......Jean

Memorials

In Memory of Richard Riedasch: *Diane Kruger*



In Memory of Charlotte Raye & Mayme Kruger Diane Kruger

Latch Hook Wall Hanging



This latch hook wall hanging was recently donated to Concordia by William Downs Jr. Estate. I believe it was also made by William Downs Jr. several years ago.



Hat & Mitten Tree

The Hat and Mitten tree will be going up on November 1, 2023. So it is time to get out those knitting needles, crochet hooks or sewing machines and start making hats and mittens. Concordia

Care Committee is hoping to donate 100 hats and 100 pairs of mittens to Head Start.

Yarn is available in the Church Office for anyone needing yarn to knit or crochet hats and mittens for the tree.

From the Council:

We hope that these last two months you have been able to pray about the future of Concordia (ref Council letter sent July 2023). Please continue to pray for guidance until our congregational meeting (tentatively set for October 2023).

- *Pray that Concordia Lutheran Church will continue to seek the Lord in every aspect of this decision.
- *Pray that we will give attention to the most important responsibilities of our ministries. That worship will be vibrant, our witness will be visible and our fellowship will be genuine.
- *Pray for perseverance. This process can take time, but patience is a great teacher because it can produce growth and maturity (James 1:4).
- *Pray for unity. As we seek to find an answer, pray that we as a congregation will work together in a way that demonstrates love and honors all the members input.

Gluten Free, Alcohol Free

Gluten Free Communion Wafers are available for anyone who needs them. Unfermented grape juice is also available.

Communion

Starting in September 2023, communion will be offered on the first and third Sunday's of the month.

Worship Aids for the Coming Weeks

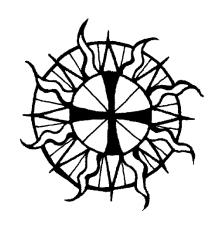
Sunday, September 3, Fourteenth Sunday after Pentecost

The prophet Jeremiah speaks of the incurable wound of his suffering yet finds in God's words the delight of his heart. When Peter doesn't grasp Jesus' words about suffering, Jesus tells the disciples they will find their lives in losing them. Such sacrificial love is described by Paul when he urges us to associate with the lowly and not repay evil with evil. In worship we gather as a community that we might offer ourselves for the sake of our suffering world.

Prayer of the Day: O God, we thank you for your Son, who chose the path of suffering for the sake of the world. Humble us by his example, point us to the path of obedience, and give us strength to follow your commands, through Jesus Christ, our Savior and Lord. Amen

Readings

Jeremiah 15:15-21 *God fortifies the prophet against opposition*Psalm 26:1-8 *Your love is before my eyes, I have walked faithfully with you!*Romans 12:9-21 *Live in harmony*Matthew 16:21-28 *The passion prediction and rebuke to Peter*



Sunday, September 10, Fifteenth Sunday after Pentecost

Conflict is a part of relationships and life in community. Jesus' words in today's gospel are often used in situations having to do with church discipline. The prophet Ezekiel tells of warning the wicked to turn from their ways, and Paul reminds us that love is the fulfilling of the law. We gather in the name of Christ, assured that he is present among us with gifts of peace and reconciliation.

Prayer of the Day: O Lord God, enliven and preserve your church with your perpetual mercy. Without your help, we mortals will fail; remove far from us everything that is harmful, and lead us toward all that gives life and salvation, through Jesus Christ, our Savior and Lord. Amen

Readings

Ezekiel 33:7-11 *The prophet's responsibility to warn the people* Psalm 119:33-40 *I desire the path of your commandments* Romans 13:8-14 *Live honorably as in the day* Matthew 18:15-20 *Reconciliation in the community of faith*

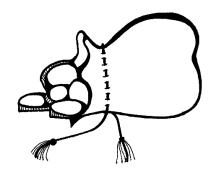
Sunday, September 17, Sixteenth Sunday after Pentecost

In today's second reading Paul questions why we judge one another, since we all stand before the judgment of God. Yet we do sin against one another, and Jesus' challenge that we forgive seventy-seven times reveals God's boundless mercy. When we hear the words of forgiveness in worship and sign ourselves with the cross, we are renewed in baptism to be signs of reconciliation in the world.

Prayer of the Day: O Lord God, merciful judge, you are the inexhaustible fountain of forgiveness. Replace our hearts of stone with hearts that love and adore you, that we may delight in doing your will, through Jesus Christ, our Savior and Lord. Amen

Readings

Genesis 50:15-21 Joseph reconciles with his brothers
Psalm 103:[1-7] 8-13: Lord, you are full of compassion and mercy
Romans 14:1-12 Accepting diversity in the community of faith
Matthew 18:21-35 A parable of forgiveness in the community of faith



Sunday, September 24, Seventeenth Sunday after Pentecost

Matthew narrates one of Jesus' controversial parables in which Jesus says that the reign of God is like that of a landowner who pays his workers the same wage no matter what time of day they began to work. When God changes God's mind about punishing Nineveh for their evil ways, Jonah is angry. Yet God is gracious and merciful, abounding in steadfast love. In baptism we receive the grace of God that is freely given to all. As Martin Luther wrote, in the presence of God's mercy we are all beggars.

Prayer of the Day. Almighty and eternal God, you show perpetual lovingkindness to us your servants. Because we cannot rely on our own abilities, grant us your merciful judgment, and train us to embody the generosity of your Son, Jesus Christ, our Savior and Lord. Amen

Readings

Jonah 3:10-4:11 God's concern for the city of Nineveh

Psalm 145:1-8 The Lord is slow to anger and abounding in steadfast love

Philippians 1:21-30 Standing firm in the gospel

Matthew 20:1-16 The parable of the vineyard workers

~ September 2023 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Labor Day	5	6	7	8	9
10a-11a Worship		9a-9:30a Staff Meeting	10a-11a Altar Guild			
10	11 Patriot Day	12	13	14	15	16
10a-11a Worship	6p-7p Property Management Committ	9a-9:30a Staff Meeting		5p-9p PEO using Library (Carol Banker & Ann Novack)		
17	18	19	20	21	22	23
10a-11a Worship	6p-7p Worship and Music Committee	9a-9:30a Staff Meeting				
24	25	26	27	28	29	30
10a-11a Worship		9a-9:30a Staff Meeting				
11a-12p Council Meeting						



Altar Flowers for September

September 3 Altar Guild

September 10

In Memory of Kenneth & Mildred Olson, Raymond & Douglas Nurmi given by Mike & Joyce Olson

September 17 Altar Guild

September 24

In Memory Robert & Jean Allen, Ted & Eileen Ketola given by The Ketola Family

Serving in September

Ushers September 3

Team I Ken Harmer September 10 Team II Eric Sewall September 17 Team III Joyce Olson Team I Ken Harmer September 24

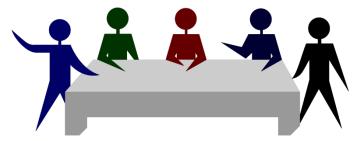
Bus Driver

September 3 Ken Harmer September 10 **Brett Quist** Pete Quist September 17 September 24 Kris Hanson

Communion Helper

September 3 Ken Harmer September 17 Joyce Olson

Financial Assistants Brett Quist & Eric Sewall



Your Church Council members, working together with you in ministry:

Council members for 2023.

Mike Olson, President 715-398-0343 Kris Hanson, Vice President 715-977-1260 Ken Harmer, Secretary 218-390-8218 Doug Score, Treasurer 218-260-0657 Rob Strauch 715-718-1226 Eric Sewall 715-392-1559 Tom O'Neill 218-391-6139

Council meets next on September 24, 2023.

Bus Available

Please remember that the Church Bus is available for Sunday Services. Please call the office if you want to be added to the list.



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ELCA website: www.elca.org

Luther Point Bible Camp website: www.lutherpoint.org Resource Center website: www.synodresourcecenter.org

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The Concordian

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NOTICE

If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.

Sunday Worship Schedule 10:00 am Worship

Online at: facebook.com/ConcordiaSuperior

Mission Statement

As members of the body of Christ at Concordia, we are called to be God's forgiven, gifted, diversified and unified people. By the power of the Holy Spirit, we nurture and live our faith in Jesus Christ, encourage our service in His church, and actively share the Gospel in our community and the world.