



# The Concordian

A Newsletter of Concordia Lutheran Church – ELCA

Superior, WI

June 2022

Vol 43 No. 6

*“Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel”*

## *From the Pastor:*

“I’m going fishing!”

That’s what Simon Peter said, according to John’s Gospel, chapter 21. Simon had been a fisherman by trade before being called by Jesus to follow, to become one who would fish not for the dietary staple, but for people. It is just after the resurrection, and the presence of Jesus within their group has changed, he’s no longer physically present with them 24 hours a day, and Peter seems to be rather lost. So he announces his intention to go back to what he knows, throwing nets over the side of the boat into the water to gather something that everyone needs—food.

I will be on vacation for two weeks in June, and fishing is a common activity for people while on vacation, though I don’t expect to do that this time around. I know of another congregational member who will be fishing during that same time period, so I’ll leave that to him! I will, however, be in a place for part of that time where there is no one beyond my immediate family (which includes the dog). There will be no electrical service (though we will bring options to provide a small amount of that). Any water we

use will need to be hauled in. Cooking will be done with portable gas or over hot coals. It is unlikely that we will be broiling fish, as Jesus did for the disciples on the shore as he called to them to come back in from the water on the occasion mentioned at the beginning of this message!

Sometimes, we need to rest. Sometimes, we need to pull back from the constant concerns of the day. Our religion gives us a weekly option for this, encouraging us to take a day of rest each week. We’ve learned it is also helpful to take seasonal rest, times to remove ourselves from the busyness of life. Then we can hopefully come back refreshed, and again able to do what we are called to do in our individual lives, to fish for that which is edifying both for ourselves and for the communities in which we live.

What kind of nourishment do you provide in community? Are you able to nourish people with music? ...with wisdom? ...with medical care? ... with prepared foods? ... with housework? ... with yardwork? ... with legal or financial detail work? ... with encouragement? ... with presence? ... with another



expression of God’s love?

Thank you for that.

Now I invite you to step away from that for a time, that you may receive the restoration that comes from sabbath rest. Go fishing, if that restores your hope, or do nothing, if that works better. Read a story or watch something uplifting. Inhale the peace that comes with your sabbath.

When you are restored, listen for the voice on the shore that calls, wondering if you have nourishment to share, and also offering you the nourishment that God provides. Come, join in the celebration of the resurrected Jesus, who provides what we need, and encourages us to share these gifts with the community surrounding us.

In Jesus’ name.

Pastor Michelle



## PARISH NURSING NOTES

***I pray that you may enjoy good health and that all may go well with you.*** (3 John 1:2)

June is not only known for graduations and Father's Day, but also for National Men's Health Month. And that's a good time to focus on some important facts. According to the Men's Health Network, "American men live sicker and die younger than American women." Did you know that 115 males are conceived for every 100 females? On the other hand, 3/5 of all Sudden Infant Death Syndrome (SIDS) victims are boys. Men suffer hearing loss at 2x the rate of women. Testosterone is linked to elevations of LDL (the bad cholesterol), and declines in HDL (the good cholesterol). As a result, 211 men out of every 1000 died of heart disease in 2014 compared to 132 women. Men also have fewer infection-fighting T-cells and are thought to have weaker immune systems than women. And women are 100% more likely to visit the doctor for annual examinations and preventive services than men. So by the age of 100, women outnumber men eight to one!

But men **CAN** live healthier and longer just by knowing their health threats and how to break through those risks. A healthy, balanced diet will greatly reduce the risk for 5 of the top 10

threats: heart disease, cancer, stroke, diabetes, and kidney disease. Take a look at your health habits, think about the recommendations for healthy living, and find areas that you can change for the better. Don't smoke, be physically active eat a balanced diet, maintain a healthy weight, manage your stress, take safety precautions, take medications as needed, and participate in health screenings. That may sound like a long list but it's not complicated.

Now for you women, you are often more likely to notice changes in your family members' health status than they are. In Genesis 2:18, God says, "*It is not good that man should be alone. I will make him a helper as his partner.*" Looking out for the health of the men in our lives is part of our role as women. And doing this is for our own good as well as theirs! Women outlive men by more than 5 years on average. Women are more likely to be the care-takers of their husbands rather than the reverse. And more than half the elderly widows now living in poverty were not poor before the death of their husbands.

So for all you men, know your body, listen to its' needs, **listen to your wife**, and see your physician when things do not seem right. Your families want a future with you! Look at your life and see what can be changed. A few simple adjustments can give you better health and longer life.....Jean

*"Long life to you! Good health to you and your household! And good health to all that is yours!"* (1 Samuel 25:6)



## Graduates

We will be recognizing graduating seniors (and gifting the following seniors with quilts) on Sunday, June 5, 2022 at the 10:00 a.m.

Worship Service: Keagan Hanson, Destiny Hering, Ruby Moore, Kell Piggott, Lauren Ketola and Robert Olson. We will also be having coffee in the library following the Worship Service.

## PARISH NURSING ANNOUNCEMENT

The first Sunday of the Month the Parish Nursing Staff will be checking blood pressures in the Parish Nurse's Office before morning worship from 9-10:00 a.m.



## Hat & Mitten Tree

Just a heads up: The Hat and Mitten tree will be going up **earlier this year** (November 1, 2022). So it is time to get out those knitting needles and crochet hooks. Concordia Cares Committee will be collecting hats and mittens for the hat & mitten tree.

Yarn is available in the Church Office for anyone needing yarn to knit or crochet hats and mittens for the tree. The goal is to donate 100 hats and mittens to Head Start.

## Coffee Hour

Anyone interested in serving coffee after a Worship Service please let the office know.



## Outside Worship Services

On June 26, July 17 and September 11 at 10:00 a.m. we will be having outdoor Worship Services on the lawn under the tent. On August 14, 2022 the Worship Service will be held in Billings Park at 9:00 with other Lutheran Churches in Superior.

## Looking for Volunteers

The Concordia Cares Committee is looking for volunteers to be on the Committee. One of the projects that the committee works on is **obtaining and distributing coats, snowsuits and boots** for Family Forum Head Start. They need someone to step up and take charge of this project or it won't happen this year. Please talk to anyone you know who would be good at doing this, and call the Church Office to let us know if you are interested in being on the committee and if you have any new ideas that the committee can explore.



# Worship Aids for the Coming Weeks

## Sunday, June 5, Day of Pentecost

On Pentecost, we celebrate that we have been given an Advocate to accompany us. Poured out in wind and fire, water, wine, and bread, the Holy Spirit abides in and among us. We give thanks that God speaks to each of us, no matter our origins, language, or life path. Filled with the Spirit of truth, we go out from worship to proclaim the saving power of Christ's love and the freedom of God's grace with all the world.

**Prayer of the Day:** God our creator, the resurrection of your Son offers life to all the peoples of earth. By your Holy Spirit, kindle in us the fire of your love, empowering our lives for service and our tongues for praise, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

### Readings

Acts 2:1-21 *Filled with the spirit to tell God's deeds*

Psalm 104:24-34, 35b, *Send forth your Spirit and renew the face of the earth*

Romans 8:14-17, *The Spirit makes us children of God*

John 14:8-17[25-27] *The Father will give you another Advocate, the Spirit of truth*

## Sunday, June 12, 1st Sunday after Pentecost

"O LORD our Lord, how majestic is your name in all the earth!" Today we celebrate the holy Trinity. Paul writes that through Jesus we have peace with God, whose love pours into our hearts through the Holy Spirit, giving us lasting hope. We celebrate the gracious One-in-Three, eternal Three-in-One, as we worship in community; as we share water and word, bread and wine; and as we bring God's love and hope to our neighbors.

**Prayer of the Day:** Almighty Creator and ever-living God: we worship your glory, eternal Three-in-One, and we praise your power, majestic One-in-Three. Keep us steadfast in this faith, defend us in all adversity, and bring us at last into your presence, where you live in endless joy and love, Father, Son, and Holy Spirit, one God, now and forever. Amen

### Readings

Proverbs 8:1-4, 22-31, *Wisdom rejoices in the creation*

Psalm 8 *Your glory is chanted above the heavens*

Romans 5:1-5 *God's love poured into our hearts through the Holy Spirit*

John 16:12-15 *The Spirit will guide you into the truth*



## Sunday, June 19, 2nd Sunday after Pentecost

This Sunday's texts paint startling pictures of the horrific nature of sin. The church's repeated celebration of holy communion counters that tragic reality in a continued showing forth of the death of Jesus until he comes again. It is a dramatic declaration of "how much God has done for you."

**Prayer of the Day:** O Lord God, we bring before you the cries of a sorrowing world. In your mercy set us free from the chains that bind us, and defend us from everything that is evil, through Jesus Christ, our Savior and Lord. Amen

### Readings

Isaiah 65:1-9, *The prophet sent to a rebellious people*

Psalms 22:19-28 *In the midst of the assembly I will praise you*

Galatians 3:23-29 *In baptism, clothed with Christ, no longer Jew or Greek*

Luke 8:26-39 *Jesus casts out demons possessing a man of the Gerasenes*

## Sunday, June 26, 3rd Sunday after Pentecost

We have no good apart from God. That makes Jesus' call to follow him an invitation to freedom. This is freedom to revel in the Spirit's fruit: love, joy, peace, and patience. This is freedom to not be imprisoned by anything that would keep us from the fullness of the life God has given us. This is the path of life.

**Prayer of the Day.** Sovereign God, ruler of all hearts, you call us to obey you, and you favor us with true freedom. Keep us faithful to the ways of your Son, that, leaving behind all that hinders us, we may steadfastly follow your paths, through Jesus Christ, our Savior and Lord. Amen

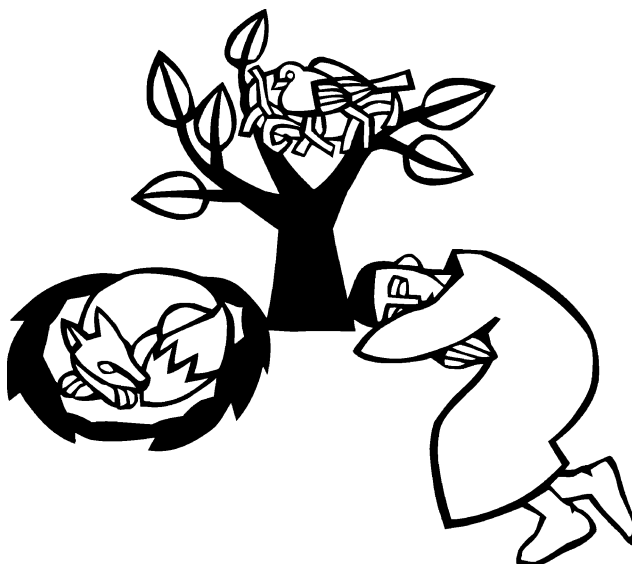
### Readings

1 Kings 19:15-16, 19-21 *Elijah says to Elisha, Follow me and do not continue plowing*

Psalms 16 *I have set the Lord always before me*

Galatians 5:1, 13-25, *Love is the whole law, gift of the Spirit*

Luke 9:51-62 *Jesus says, Follow me and do not look back*





~ June 2022 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>1</b> 10a-8:30p Loon Rehearsal	<b>2</b> 10a-8:30p Loon Rehearsal	<b>3</b> Loon Cor (evening) 11a-5p Loon Rehearsal	<b>4</b> Loon Cor (Evening) 11a-3p Loon Rehearsal
<b>5</b> 10a-11a Worship	<b>6</b>	<b>7</b> 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study	<b>8</b> 1:30p-2:30p Harmony House Worship	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b> 10a-11a Worship	<b>13</b>	<b>14</b> Flag Day 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b> Father's Day 10a-11a Worship	<b>20</b> 6p-7p Property Management Committee 6p-7p Worship and Music Committee	<b>21</b> Summer Solstice 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
<b>26</b> 10a-11a Worship outside on the lawn	<b>27</b>	<b>28</b> 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study	<b>29</b>	<b>30</b>	<b>Notes:</b>	



# Altar Flowers for June

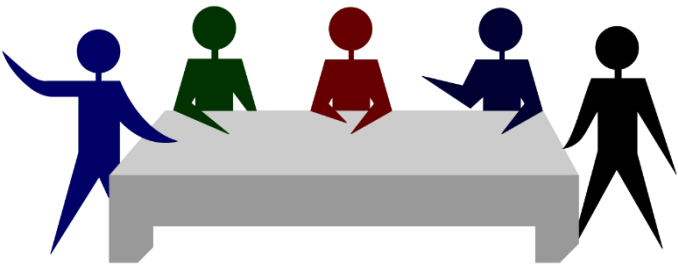
- June 5  
Altar Guild
- June 12  
In memory of Loved Ones by Deb Grimsrud
- June 19  
In memory of Elmer, Mary, Loa, & Lois Nelson & Victor L. Ursin by Betty Ursin
- June 26  
Altar Guild

# Serving in June

- Ushers**
- June 5 Team II Eric Sewall
  - June 12 Team III Joyce Olson
  - June 19 Team I Ken Harmer
  - June 26 Team II Eric Sewall

- Bus Driver**
- June 5 Brett Quist
  - June 12 Kris Hanson
  - June 19 Ken Harmer
  - June 26 Pete Quist

**Financial Assistants**  
Eric Sewall & Brett Quist



# **Your Church Council members, working together with you in ministry:**

Council met long enough after the Annual meeting to determine current officers, but has not yet determined committee relationships. No other new members were elected for 2022.

President, Mike Olson	715-398-0343
Vice President, Mark Thompson	715-392-3166
Secretary, Ken Harmer	218-390-8218
Treasurer, Doug Score	218-260-0657
Matt Ketola	715-363-2567
Kris Hanson	715-977-1260

**We have distanced seating in Church.**  
**Please sit where there are pew cushions.**



Concordia Lutheran Church  
1708 John Ave.  
Superior, WI 54880

Non-Profit Organization  
U.S. Postage Paid  
Superior, WI  
Permit No. 254

**Address Service Requested**

Masks are now optional unless  
and until the council  
determines otherwise.

Place label here

***The Concordian is published monthly since 1981 by:***

Concordia Lutheran Church  
1708 John Avenue Superior, WI 54880  
(715) 394-3762 – Office  
(Formerly Concordia Churchman 1961-1981)

e-mail:

Pastor Michelle: [rowell.michelle.r@usa.net](mailto:rowell.michelle.r@usa.net)  
Church Office: [concordiasuperior@gmail.com](mailto:concordiasuperior@gmail.com)

**Websites:**

Church website: [www.concordiasuperior.org](http://www.concordiasuperior.org)  
Synod website: [www.nswi.org](http://www.nswi.org)  
ELCA website: [www.elca.org](http://www.elca.org)  
Luther Point Bible Camp website: [www.lutherpoint.org](http://www.lutherpoint.org)  
Resource Center website: [www.synodresourcecenter.org](http://www.synodresourcecenter.org)

Michelle R. Rowell, Pastor  
Beth Sobczak, Keyboards  
Dr. Héctor Landa, Keyboards  
Carol Lindegren, Office Manager  
Jean Riedasch, Parish Nurse  
Amy King, Custodian  
Matthew Eastman, Technologies

Contributors: Many  
*Assembly/mailling:* Our faithful volunteers

# The Concordian

June

Vol. 43 No. 6

A newsletter of Concordia Lutheran Church  
Superior, Wisconsin  
715.394.3762

[www.concordiasuperior.org](http://www.concordiasuperior.org)

## NOTICE

**If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.**

## Sunday Worship Schedule

**10:00 am Worship**

Online at: [facebook.com/ConcordiaSuperior](https://facebook.com/ConcordiaSuperior)  
Distanced in-person worship now available!

## Mission Statement

As members of the body of Christ at Concordia, **we are called** to be God's forgiven, gifted, diversified and unified people. By the power of the Holy Spirit, we **nurture and live our faith** in Jesus Christ, **encourage our service** in His church, and **actively share the Gospel** in our community and the world.