

# The Concordian

A Newsletter of Concordia Lutheran Church – ELCA Superior, WI September 2022 Vol 43 No. 9

"Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel"

# From the Pastor:

Greetings in the name of Jesus Christ, truly God and truly human.

It is September, and school has restarted for the year here in Superior, Wisconsin. Young children are going to preschool or kindergarten, and those a bit older are in elementary school. The middle school is teeming with tweens and the high school halls and classrooms have welcomed oodles of adolescents. some of whom will also be taking classes for college credit. Universities and trade schools are working to prepare people (young and older) for greater understanding and skills in their chosen fields for various kinds of service in community.

#### For all of this we give thanks.

Teachers are beginning to learn the traits of their new students, and finding ways to provide the best learning experiences possible for students of varied personalities and learning styles. This is no easy task, particularly with all of the other issues facing the learning community today (group dynamics, bullying, differing health risks, poverty, extracurricular activity schedules, nutritional deficiencies, parental involvement, etc.)

#### For teachers we give thanks.

Our educational systems have been in the news lately, partly

because of the offer of student loan forgiveness for some students. I've seen so very many depictions historically comparing the cost of education to the wages earned by the general public, and much of it alarms me. How shall we move forward? How very different today is from what it was four decades ago.

There are many instances of Jesus reassuring his disciples, telling them not to fear, showing how **God is at hand** to calm the storms, feed the hungry, and even to raise the dead. God remains at hand to provide for relief in all kinds of trying circumstances, though we often will not recognize the means of that relief to be Godly.

How many people have provided for disaster relief, through national governments, or through various charitable programs (like Lutheran Disaster Response)? Might we see these efforts as Godly interventions? How many individuals or groups have provided assistance of any kind in ways not publicly touted or recognized? How might we participate in God's work in our daily lives in the communities in which we live?

Some of us might provide financial support. Some might be able to read with younger children. Some might find ways to provide nutrition or other



health assistance. Some might agree to be mentors for those in need of positive role models. Some might pick up after others, literally and/or figuratively.

God is at work in this world, and all of us can participate in that work. All can participate in the sharing of God's love in community. All of us can do the work of God in some way, if not in many ways. Maybe we make it a point to pray for certain people regularly, as they work in ways we ourselves cannot. Maybe we provide specific support toward a specific need of a specific person. Maybe we designate a financial offering toward a specific need.

Jesus encourages us to see to any kind of need, even that which seems as simple as a cup of cold water (Matthew 10:42). How we do that will vary.

In Jesus' name.

Pastor Michelle



#### PARISH NURSING NOTES

"Above everything else, guard your heart. It is where your life comes from." (Proverbs 4:23)

One of the National Health Observances for September is National Atrial Fibrillation Awareness Month.

Atrial fibrillation (or A. Fib, as it is usually referred to) is a rapid, irregular heartbeat, caused by irregular electrical impulses in the atria of the heart. This is evidenced by a rapid, weak, irregular pulse. What you may feel are palpitations, or a fluttering or jumping in your chest. You may also feel dizzy, weak, and tired. Some people feel no change at all. These episodes usually occur sporadically (at least at first), and may correct on their own, or require medical intervention. And it often increases in frequency and becomes persistent over time. It is usually diagnosed by an EKG during a period of fibrillation.

This is another of those things that occurs more frequently as we age. It develops most often in people who have other health problems, such as heart disease, diabetes, high blood pressure, high cholesterol levels, thyroid disease, or having too little or too much of certain minerals in your body. Increased stress levels, over-use of alcohol or caffeine can also increase the risk level.

The first experience can be scary! But it can usually be controlled by medications, surgical ablation, or a pacemaker, or a combination of them. But just as the risk increases with age, so does the frequency of occurrences. And this can lead to some serious complications, such as

stroke and congestive heart failure. With even one A.fib. event, blood tends to pool in the atria and can form clots. And this can cause a blockage of blood flow in the brain, or a stroke. This also means that one of the medications you will have to take is a blood thinner, which brings its own risk factors with it.

So what can WE do about it? We can do as the verse in Proverbs directs us to do-take care of our hearts. And this I HAVE written about-many, many times! It fits in with one of my favorite, and often used, verses from 1 Cor.6:19-20, that says, "...your body is a temple....glorify God in your body." So you already know what comes next: 1. Follow a healthy, well-balanced diet, and don't over eat! 2. Get regular physical activity. 3. Do not use cigarettes or other tobacco products. 4. Know your cholesterol numbers. 5. Have your blood sugar level checked. 6. Have your blood pressure checked regularly. 7. Aim for a healthy weight and maintain it. 8. Know your risk factors for heart disease. 9. Know the signs and symptoms of heart disease (and atrial fibrillation), and the importance of calling 9-1-1 immediately. 10. Talk to your doctor about your health concerns and how to lower your risk for heart disease.

Other things that have a positive effect on our heart health are an active spiritual life, a cheerful heart, and loving and caring relationships with others. All of which we can do together–right here in our church! Stay healthy and happy......Jean





In Memory of Helen Hankey: Pete & Donna Quist (Organ & Music) Marie Peterson (Organ Fund)



"God's Work Our Hands" Sunday

This day is a dedicated day of service in our community. On September 11 at 10:00 a.m. we will be having an outdoor Worship Service on the lawn under the tent. A picnic lunch will be provided after the service. After lunch we will be putting together Hygiene kits for CASDA. We will be collecting the following items: Bath Towel (for either male or female), Wash Cloth, Travel box for soap, New bars of bath soap, Deodorant (for both male and female), nail clippers, toothbrush and tooth paste, brush, comb or hair pick.

To date we have received the following:

- Bath Towel (21)
- Wash Cloth (26)
- Travel box for soap (14)
- New bars of bath soap (24)
- Deodorant (26)
- Nail clippers (4)
- Toothbrush (18), Tooth Paste (16)
- Brush (5), comb (24), Hair Pick (25)

You can bring any of these items to Church before September 11, 2022. We will have a table in the back of the sanctuary for donations to be dropped off. Monetary donations excepted. On the offering envelope write GWOH.

#### **Special Congregational Meeting**



We will be having a special congregational meeting on Sunday **September 18, 2022** right after Worship Service regarding a new

water heater. The one that we have currently is broken and needs to be replaced. The building code requires an industrial water heater, so this is expected to cost more than the \$5000 amount that can be decided without a congregational meeting. (The photo is not our water heater... but shows a similar leak.)

# **Coffee Hour**

If you would like to host coffee hour after worship, please sign up for a Sunday on the sheet in the hallway by the small kitchen.



#### Do you like to sing?

We are inviting people to participate in a Vocal Group that will provide special musical numbers occasionally during the Worship Service. We will be having a meeting right after Worship on **Sunday, September 18**, 2022. If you can't be at the meeting but are interested in singing let us know.

# Dear Church family, It's time for a New Directory!











Celebrating faith.
Connecting families.
Sharing hope.

When people enter the doors of our church they are looking for a place to belong. Our directory brings us together to develop new relationships, connect with our own families, and reconnect with those we haven't seen in a while. Join us for this "Connections Event" and be part of what God is doing right here at our church!

Directory Committee

# Connections Event

Our church directory will not be complete without you. Join us to celebrate faith and family with our new church family album.

- Schedule your professional photography session when you stop by the sign-up table at the church or simply go online and follow the instructions below.
   If we don't see your name on our list of appointments, you will receive a phone call inviting you to participate.
- Everyone who is photographed by Universal will receive a complimentary 8 x 10 portrait and a directory!
- Universal provides a complete professional portrait studio right here at our church!
   You'll enjoy a variety of poses, backgrounds, portrait sizes, finish and framing options AND have the opportunity to purchase portraits to give to family and friends.

#### Set your appointment with Universal today!

Gathe
UNIVERSAL
CHURCH DIRECTORIES

Gathering families, Connecting generations.



#### Online Scheduling Available! Photo Dates October 5 & 6

To schedule your photography appointment online, simply scan the QR code to the right. Or go to <a href="www.ucdir.com">www.ucdir.com</a> & click the "Photography Appointment Scheduling Login" button. Enter <a href="wi226">wi226</a> in the "Church Code" field and enter <a href="photos">photos</a> in the "Church Password" field.

Note: The Church Code & Password are case sensitive. Follow the prompts to schedule your family's appointment time. If you have 5 or more in your family, please use 2 time slots.

The online scheduling option is <a href="motography-logical-approximately-logical-a

#### **New Church Directory**

It has been 10 years since our last Church Directory. So we thought it would be a good time to do another one. **Our church directory will not be complete without you**. Join us to celebrate faith and family with our new church family album. The Photography will be taken on October 5 and 6, 2022 at Concordia Lutheran Church. The photography times will be from 2:00 p.m. until 8:30 p.m. each day. Everyone who is photographed will receive an 8x10 portrait and a directory. Appointments can be made online at <a href="www.ucdir.com">www.ucdir.com</a> the Church Code is: wi226 and the member password is: photos. You can also call the church Office and we can schedule a time that works for you on either of those days. Members and friends are welcome to have pictures taken.

If those dates don't work for you, you can submit a vertical photo of yourself (or your family) at a cost of \$15. You would still receive a free Church Directory.

If you don't want your picture taken you can still be included in the back of the book in our membership roster. Please fill out the form below if you wish to be included in the membership roster and if you want your address, email address and/or phone number in the directory. Mail the form to Concordia Lutheran Church, 1708 John Ave, Superior, WI 54880. If we do not acknowledge receipt of it please call the church office to confirm. You may also email the information to us at <a href="mailto:concordiaSuperior@gmail.com">concordiaSuperior@gmail.com</a>. You can leave blank the information you don't want in the directory.

If you don't take (or submit) a picture or fill out the form below your name will not be included in the directory.

# Personal Information for Concordia Lutheran's 2022 Church Directory

fame(s)
hone number
ell phone
nd persons cell phone
dditional cell phones
Iailing address
treet address
ity/State, zip
mail
nd person's email
lditional emails
ow you wish us to acknowledge our receipt of your information email O postal mail O text message

# **Worship Aids for the Coming Weeks**

### Sunday, September 4, 13th Sunday after Pentecost

Called to contemplate the cost of discipleship, we might be helped by translating Paul's request to Philemon into our prayer of the day: Refresh my heart in Christ. Strengthened by the company and forgiveness of Christ in holy communion and recalling God's grace in remembrance of baptism, we can be strengthened in this hour to "choose life"—to choose life in God as our own.

**Prayer of the Day:** Direct us, O Lord God, in all our doings with your continual help, that in all our works, begun, continued, and ended in you, we may glorify your holy name; and finally, by your mercy, bring us to everlasting life, through Jesus Christ, our Savior and Lord. Amen

#### Readings

Deuteronomy 30:15-20 Walk in the way of life and hold fast to God

Psalm 1 They are like trees planted by streams of water

Philemon 1-21, Paul says: Receive Onesimus as a coworker

Luke 14:25-33 Jesus says: Disciples, give up your possession and carry the cross

### Sunday, September 11, 14th Sunday after Pentecost

The grumbling of the religious leaders in today's gospel is actually our holy hope: This Jesus welcomes sinners and eats with them. That our God seeks and saves the lost is not only a holy hope, it is our only hope. As the writer of 1 Timothy reminds us, "The saving is sure and worthy of full acceptance, that Christ Jesus came into the world to save sinners." Thanks be to God."

**Prayer of the Day:** O God, overflowing with mercy and compassion, you lead back to yourself all those who go astray. Preserve your people in your loving care, that we may reject whatever is contrary to you and may follow all things that sustain our life in your Son, Jesus Christ, our Savior and Lord. Amen

#### Readings

Exodus 32:7-14 Moses begs the Lord to turn from anger against the Hebrews

Psalm 51:1-10 Have mercy on me, O God, according to your steadfast love

1 Timothy 1:12-17 Christ Jesus came for sinners

Luke 11:1-10 Looking for the lost sheep, silver coin: Jesus eating with sinners



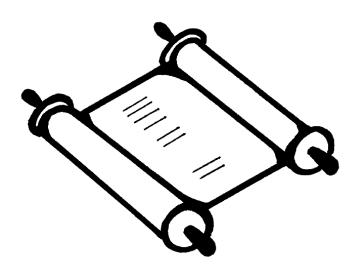
#### Sunday, September 18, 15th Sunday after Pentecost

As we are invited today to consider what it means to be managers (rather than owners) of all that we have, it is crucial to recognize that we are bought with a price. "Christ Jesus, himself human, gave himself a ransom for all." Apart from the generosity of God we have nothing—we are nothing. By God's gracious favor we have everything we need.

**Prayer of the Day:** God among us, we gather in the name of your Son to learn love for one another. Keep our feet from evil paths. Turn our minds to your wisdom and our hearts to the grace revealed in your Son, Jesus Christ, our Savior and Lord. Amen

#### Readings

Amos 8:4-7, Warning to those who trample on the needy and poor Psalm 113 The Lord lifts up the poor from the ashes 1 Timothy 2:1-7 One God, one mediator-Christ Jesus-who gave himself for all people Luke 16:1-13 A shrewd manager: faithful in little, faithful in much; serving God/wealth



# Sunday, September 26, 16th Sunday after Pentecost

Consideration of and care for those in need (especially those "at our gate," visible to us, of whom we are aware) is an essential component of good stewardship. It is in the sharing of wealth that we avoid the snare of wealth. It is the one whom death could not hold—who comes to us risen from the dead—who can free us from the death grip of greed.

**Prayer of the Day**. O God, rich in mercy, you look with compassion on this troubled world. Feed us with your grace, and grant us the treasure that comes only from you, through Jesus Christ, our Savior and Lord. Amen

#### Readings

Amos 6:1a, 4-7 Warning to those who are comfortable or wealthy Psalm 146 The Lord gives justice to those who are oppressed 1 Timothy 6:6-19, Eager to be rich or eager to pursue richness of God's justice? Luke 16:19-31 Story of poor Lazarus and the wealthy man

			~ September 2022	~		
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4 10a-11a Worship	<b>5</b> Labor Day	6 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study	7 10a-11a Altar Guild	8	9	10
11 Patriot Day "God's Work Our Hands" project 10a-11a Worship outside on the lawn 11a-12p Lunch	12 6p-7p Property Management Committee	9a-9:30a Staff Meeting 11a-12p Pastor's Text Study	14 1:30p-2:30p Harmony House Worship	9:30a-1p Pastor's Conference Meeting (Saron Lutheran Ashland)	16	17
18 10a-11a Worship 10:45a-11:45a Special Congregational Meeting re: new hot water heater	19 6p-7p Worship and Music Committee	20 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study	21	22	23	24
<b>25</b> 10a-11a Worship	26	9a-9:30a Staff Meeting 11a-12p Pastor's Text Study	28	29	30	Notes:



# Altar Flowers for September

September 4
Altar Guild

September 11

In Memory of Kenneth & Mildred Olson and Raymond Nurmi by Mike & Joyce Olson

September 18

In Memory of Martha & Joel Dahl, Mae & Dick Riedasch by Dick & Jean Riedasch

September 25

In Memory of Robert & Jean Allen, Ted & Eileen Ketola by The Ketola Family

# Serving in September

#### **Ushers**

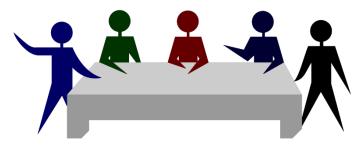
Team III Joyce Olson
Team I Ken Harmer
Team II Eric Sewall
Team III Joyce Olson

#### **Bus Driver**

September 4	Pete Quist
September 11	Ken Harmer
September 18	Brett Quist
September 25	Kris Hanson

#### **Financial Assistants**

Eric Sewall & Brett Quist



# Your Church Council members, working together with you in ministry:

Council met long enough after the Annual meeting to determine current officers, but has not yet determined committee relationships. No other new members were elected for 2022.

President, Mike Olson	715-398-0343
Vice President, Mark Thompson	715-392-3166
Secretary, Ken Harmer	218-390-8218
Treasurer, Doug Score	218-260-0657
Matt Ketola	715-363-2567
Kris Hanson	715-977-1260

# We have distanced seating in Church. Please sit where there are pew cushions.



Concordia Lutheran Church 1708 John Ave. Superior, WI 54880 Non-Profit Organization U.S. Postage Paid Superior, WI Permit No. 254

#### **Address Service Requested**

#### Place label here

#### The Concordian is published monthly since 1981 by:

Concordia Lutheran Church 1708 John Avenue Superior, WI 54880 (715) 394-3762 – Office (Formerly Concordia Churchman 1961-1981)

#### e-mail:

Pastor Michelle: <u>rowell.michelle.r@usa.net</u> Church Office: <u>concordiasuperior@gmail.com</u>

Websites:

Church website: www.concordiasuperior.org

Synod website: <a href="www.nwswi.org">www.nwswi.org</a>
ELCA website: <a href="www.elca.org">www.elca.org</a>

Luther Point Bible Camp website: <a href="www.lutherpoint.org">www.lutherpoint.org</a>
Resource Center website: <a href="www.synodresourcecenter.org">www.synodresourcecenter.org</a>

Michelle R. Rowell, Pastor Beth Sobczak, Keyboards Dr. Héctor Landa, Keyboards Carol Lindegren, Office Manager Jean Riedasch, Parish Nurse Amy King, Custodian Matthew Eastman, Technologies Contributors: Many

Assembly/mailing: Our faithful volunteers

# The Concordian

September
Vol. 43 No. 9
A newsletter of Concordia Lutheran Church
Superior, Wisconsin
715.394.3762
www.concordiasuperior.org

#### NOTICE

If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.

#### Sunday Worship Schedule 10:00 am Worship

Online at: facebook.com/ConcordiaSuperior Distanced in-person worship now available!

#### **Mission Statement**

As members of the body of Christ at Concordia, we are called to be God's forgiven, gifted, diversified and unified people. By the power of the Holy Spirit, we nurture and live our faith in Jesus Christ, encourage our service in His church, and actively share the Gospel in our community and the world.