



# The Concordian

A Newsletter of Concordia Lutheran Church – ELCA

Superior, WI

May 2022

Vol 43 No. 5

*“Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel”*

## *From the Pastor:*

Greetings in the name of Jesus Christ, the resurrected!

As many of you know, the wearing of masks has become optional for worship here at Concordia. You may also have noticed that I am continuing to wear a mask except during the actual leading of the worship service, when I am several feet away from the people of the congregation. My first thought was to explain why I am doing so. Then it occurred to me that if I explain why I am wearing a mask, it might give people the idea that they can question why others are wearing masks either for worship or in the general community.

It's really none of our business. We don't need to know whether a person is protecting self or others...

Early on in this pandemic, a woman posted a story on one of the local Facebook pages about another woman sneering at her for wearing a mask in the grocery store. She said she told the woman she'd woken up with a high fever, coughing, and chills (and then she proceeded to cough). The woman started to run away, so she chased her. The woman tripped and fell, and she grabbed her leg and started pulling (exactly as she was pulling the legs of the readers). It was all a joke...

Many people see the whole issue as one of freedom, railing against the government mandate that ruled we must wear them. Many also suffer discomfort in their use. Some have decided to make it a religious issue, stating that wearing a mask indicates a lack of faith in Jesus.

Please don't believe that!

There are greater things to concern us than whether or not you see a mask on my face (or on the faces of others)!

One of the issues that faces us is what we as a congregation are doing for the community in which we are placed. How are we reaching out in this neighborhood? Do we know our neighbors, and in what ways can we get to know them better?

In the past, we've participated in the "National Night Out" event that occurs each August. I'm wondering if that kind of thing could happen more often, if the people of the congregation might gather on the lawn for party-like events that invite the neighborhood in on some kind of more frequent basis.

This kind of thing would require a kind of commitment that comes from more than just the council and the staff, however. It takes more than just a committee or group. It takes a kind of communal faith that believes interacting with the



neighborhood is part of Jesus' call to us as disciples. Do we have that kind of faith? Do we believe that Jesus calls us to love the neighbors who live nearby? Or would we rather take issue with the fact that our pastor is still wearing a mask before and after worship?

Of course there are a variety of ways to proclaim the love of God in Christ Jesus in this neighborhood, beyond parties on the lawn! What ideas do you have? What ways can you help those ideas to blossom and produce fruit? How are you following God's call to love God, self, and neighbor, and how can you share your methods that they may multiply in community?

Let us consider our call to love our neighbors as ourselves, and let us always love God with everything we are. In Jesus' name. Pastor Michelle



## PARISH NURSING NOTES

Have you ever thought about what you would look like without bones? You would look kind of like a big blob with no particular structure, and no way to move about in a purposeful manner. Bones give our body its erect structure. It's filled out with muscle and flesh (and of course, fat!). But the basic form is from our bone structure. Now that's something to be grateful for!

Bone is living, growing tissue made of collagen, a protein that provides a soft framework, and calcium phosphate, a mineral that adds strength and hardens the framework. This combination makes bone strong and flexible enough to withstand stress. Throughout life, old bone is constantly removed (resorption) and new bone is added to the skeleton. During childhood and teenage years, new bones are added faster than old bone is removed. As a result, bones become larger, heavier, and denser. Isn't that miraculous! Around age 30 bone resorption slowly begins to exceed bone formation. If bone removal occurs too quickly, and replacement occurs too slowly, osteoporosis develops. You are more likely to develop osteoporosis if you did not reach your maximum peak bone mass during your bone-building years.

Women are more likely than men to develop osteoporosis. Generally they have smaller, thinner bones than men, and women can lose bone tissue rapidly in the first 4-8 years after menopause when there is a sharp decline in estrogen production. Although men do not undergo the equivalent of menopause, production of testosterone may decrease with age, and this can also lead to the development of osteoporosis.

One way to show gratitude for what we have been given is to take good care of the gift. And that includes our bones. There are many ways to take care of our bones and help prevent the development of osteoporosis. The first thing everyone thinks of are calcium supplements. But an adequate supply of calcium over a lifetime is required. The body's demand for calcium is greatest during childhood and adolescence when the skeleton is growing rapidly. Greater amounts are also needed during pregnancy and breast feeding and by postmenopausal women and older men. As you age, your body becomes less efficient at absorbing calcium and other nutrients. Older adults are also more likely to have chronic medical problems and to use medications that may impair calcium absorption. Adequate Vitamin D is also required for absorption of calcium.

There are many good food sources of calcium including low-fat dairy products (milk, yogurt, cheese, ice cream), dark green, leafy vegetables (broccoli, bok choy, spinach), sardines and salmon and almonds. In addition, many foods are fortified with calcium, such as orange juice, cereals, and breads.

Other preventive measures include exercise. Like muscle, bone responds to exercise by becoming stronger. Weight-bearing exercise (such as walking, hiking, jogging, climbing stairs, weight training, tennis, and dancing) is the best for your bones because it forces you to work against gravity. At least 30 minutes a day, 5 days a week is recommended, but it can be broken up into shorter segments of 5-10 minutes. Smoking is also bad for your bones as well as your heart and lungs. And those who drink heavily are more prone to bone loss and fracture, because of both poor nutrition and increased risk of falling. Fall prevention measures, while important for everyone, are of particular importance for men and women with osteoporosis.

We may not be able to bring dead, dry bones back to life as in the Bible, but we sure can work on keeping them from drying out in the first place!

Stay healthy, happy, and  
**grateful.....Jean**

## **Favorite Hymn(s)**

If you have a favorite Christian hymn(s) you would like to sing, please let us know. We will do our best to incorporate the song(s) into a Worship Service.

## **New Microwave**

Thank you to CLCW for purchasing a new microwave for the small kitchen upstairs.

## **CLCW Boe-Engebretson Student Award Application**

The Boe-Engebretson Student Award Application for 2022 is available for members who are or will be full time students at a college or technical school. The deadline to submit the application is June 1, 2022. A requirement is to have 3 hours of service done at Concordia Lutheran Church or you may also meet with Pastor Michelle in person or by zoom for an appropriate service option. Please contact the Church Office to get an application.



## **Graduates**

The following is a list of names of Church members that we have as graduating from High School this year: Keagan Hanson, Destiny Hering, Ruby Moore, Kell Piggott, Lauren Ketola and Robert Olson. Please let the Church Office know if your name is not on the list.

## **PARISH NURSING ANNOUNCEMENT**

The first Sunday of the Month the Parish Nursing Staff will be checking blood pressures in the Parish Nurse's Office before morning worship from 9-10:00 a.m.



## **Youth & Family Event**

Mark your calendars for Sunday, May 15, 2022 right after the Worship Service. The Youth & Family Committee is planning on showing a movie and having popcorn and pizza. All are welcome. This movie is appropriate for all ages. We will be showing the movie and eating pizza and popcorn in Fellowship Hall. Because of the License that we have for showing movies we cannot print the title of the movie that we are showing. You can call the Church Office and we can let you know what movie we will be showing.



## **Memorial Service at Riverside Cemetery**

The annual Memorial Day Service will be on Monday, May 30, 2022 at Riverside Cemetery. Pastor Michelle will conduct the service at 11:00 a.m.

It is time to honor our service personnel for their sacrifices. We should also remember our family and friends who have gone before us.

There will be refreshments following the service.

We have niche in the columbarium for cremains and gravesites available for purchase.





### Obituary for Ruby Lien

Ruby Lien was born in Superior, Wisconsin on May 22, 1922 and passed away on March 15, 2022 in Superior. She was the youngest of three children born to Christian Martin Lien and Anna Alette (Ramstad) Lien. She was predeceased by her parents, older brother Carl Raymond Lien (1990) and older sister Margaret (Maggie) Eleanor Lien (2007).

She was a lifelong member of Concordia Lutheran Church in Superior. She served on the Church Council, was active in Daughters of Concordia, was a member of the CLCW and also was a greeter on Sunday mornings. She was a member of the Sons of Norway. She was also a 1943 graduate of Central High School. Ruby worked for the Ramapo Ajax Company as a railroad switch maker. Then she worked for the State of Wisconsin Dept. of Agriculture until her retirement.

Ruby is survived by her nephew T. Grant Lien and his wife Elizabeth of Bellevue, Washington, Grandnieces Erin Lien and Catherine Lien also of Bellevue, and grandnephew Christopher Lien and his wife Samantha of Seattle, Washington. She also leaves many cousins and friends, especially friends Virginia Deeds and Lisa Warring.

The family would like to thank the Management and Staff of New Perspective for their care of Ruby for the last few years.

The family requests any memorials be made to Concordia Lutheran Church in Superior. Visitation will be at 10:30 a.m. and the Memorial Service will be held at 11:00 a.m. on May 21, 2022 at Concordia Lutheran Church at 1708 John Avenue, in Superior, Wisconsin.

## NEW STAFF

Two Members of our Congregation have been hired here recently.

Amy King has been hired as our part time custodian. She has been a member of our congregation for over 9 years. Amy is very excited and energetic about working here and learning more about Concordia. She has two children, Asa who is 16 years old and Victory who is 12 years old. When Amy is not working she enjoys roller skating with her children and hanging out with family and friends.

Carol Lindegren has been hired as our part time Office Manager. She has been a member of the Congregation for several years. She brings a lot of office experience with her. She has a dog, Naya, who is a very energetic 2 ½ year old. When Carol is not working she enjoys going for walks, knitting, and working out in the garden (when it warms up) and getting together with family and friends.

Nancy Spiering is now a Parish Nurse along with Jean Riedasch for our congregation. Nancy will be checking blood pressures the first Sunday of the Month. In her spare time she enjoys reading, sewing and water aerobics.



# Books of the Bible

New Testament

B C G H A L G T I R G K F K L A Q A C E G F  
G M D D K T I L E C C G J H R K P D C S K U  
X A A D I P M N K F A U A D S M S E G N M L  
V X W T W A O Q G K D N I L N D S A F A L D  
B Z U C T M B F S E E S G O A U N H M I N I  
T S Q W E H E R W T Y O P U I T A O U N P E  
F S A L S S E M A J F S E D S G I H J O L G  
H J I L H J A W B S S D K D S G S A F L V R  
Q H V B X R C C V N N B U C O B E V N A X F  
P W R E K T T Y A U I A L P L P H O I S U N  
S R O M A N S I G J H N I J O L P J K S D B  
Z W D A D F P B M C H Z X H C E E V X E C C  
A S E F D P S G D O U I Y P T K J L N H M E  
M O U R I O I Y J K T J L E D N V F A T D M  
D G A L B F S G D T W H R R E S I F D A G I  
A C I V X E B C E S A C Y D S G S R D A D C  
L H J I M N H Y P I P U H K J O N H O J I H  
P E R E V E L A T I O N C O R N U O I C M V  
S F E D R J H Y U F K P M G D S E G E D Q D

**Matthew**

**Mark**

**Luke**

**John**

**Acts**

**Romans**

**1 & 2 Corinthians**

**Galatians**

**Ephesians**

**Philippians**

**Colossians**

**1 & 2 Thessalonians**

**1 & 2 Timothy**

**Titus**

**Philemon**

**Hebrews**

**James**

**1 & 2 Peter**

**1, 2, & 3 John**

**Jude**

**Revelation**

# Worship Aids for the Coming Weeks

## Sunday, May 1, 3rd Sunday of Easter

The disciples make a big splash and eat breakfast with the risen Jesus. Wading in the water (remembering baptism) and eating with Jesus (celebrating holy communion) is our weekly encounter with the risen Christ. Jesus asks us again and again: Do you love me? And Jesus invites us, again and again, to follow him, bringing the Easter life to others.

**Prayer of the Day:** Eternal and all-merciful God, with all the angels and all the saints we laud your majesty and might. By the resurrection of your Son, show yourself to us and inspire us to follow Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

### Readings

Acts 9:1-6 [7-20] *Paul's conversion, baptism and preaching*

Psalm 30, *You have turned my wailing into dancing*

Revelation 5:11-14, *The song of the living creatures to the Lamb*

John 21:1-19 *Jesus appears to the disciples at the Sea of Tiberias*

## Sunday, May 8, 4th Sunday of Easter

The gift of new life, of eternal life, is the gift of the risen Christ. It is the promise of Jesus. It was true for Dorcas in Joppa. It was true for those “who have come out of the great ordeal” in the Revelation vision. It is true for us and for all the baptized: Surely goodness and mercy shall follow me all the days of my life, and I will dwell in the house of the Lord forever.

**Prayer of the Day:** O God of peace, you brought again from the dead our Lord Jesus Christ, the great shepherd of the sheep. By the blood of your eternal covenant, make us complete in everything good that we may do your will, and work among us all that is well-pleasing in your sight, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

### Readings

Acts 9:36-43, *Peter raises Tabitha/Dorcas from the dead*

Psalm 23 *The Lord is my shepherd; I shall not be in want*

Revelation 7:9-17 *A white robed multitude sings before the Lamb*

John 10:22-30 *Jesus promises eternal life to his sheep*

## Sunday, May 15, 5th Sunday of Easter

Easter initiates a new day. It anticipates a new heaven and a new earth. The risen Christ is making all things new. In the mystery of holy baptism God has made new people of us. Today Jesus invites us to see everyone in a new light—through the lens of love.

**Prayer of the Day:** O Lord God, you teach us that without love, our actions gain nothing. Pour into our hearts your most excellent gift of love, that, made alive by your Spirit, we may know goodness and peace, through your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

## **Readings (for May 15)**

Acts 11:1-18, *Peter's vision: God give the Gentiles repentance that leads to life*

Psalms 148 *The splendor of the Lord is over earth and heaven*

Revelation 21:1-6 *New heaven, new earth, springs of living water in the new Jerusalem*

John 13:31-35 *Jesus gives a new commandment: Love one another as I have loved you*

## **Sunday, May 22, 6th Sunday of Easter**

Visions abound in the readings for the sixth Sunday of Easter. Paul has a vision about what to do. John has a vision of what will be. Jesus provides visions of peace that surpasses human understanding and power beyond human imagination.

**Prayer of the Day.** Bountiful God, you gather your people into your realm, and you promise us food from your tree of life. Nourish us with your word, that empowered by your Spirit we may love one another and the world you have made, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

## **Readings**

Acts 16:9-15 *Lydia and her household are baptized by Paul*

Psalms 67 *Let the nations be glad and sing for joy*

Revelation 21:10, 22-22.5, *The Lamb is the light of the city of God*

John 14:23-29 *The father will send the Holy Spirit*

## **Sunday, May 29, 7th Sunday of Easter**

It is possible to hear in Jesus' high priestly prayer, a prayer he offered shortly before his death, the petitions of the ascended Christ for his own throughout history—to our day—and beyond. Jesus prays for us. In holy baptism we become believers in God, have our robes washed in the flood of Christ's forgiveness, and receive the gift of life forever with all the saints.

**Prayer of the Day.** O God, form the minds of your faithful people into your one will. Make us love what you command and desire what you promise, that, amid all the changes of this world, our hearts may be fixed where true joy is found, your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

## **Readings**

Acts 16:16-34 *While in prison, Paul speaks to the jailer, who is then baptized*

Psalms 97 *Rejoice in the Lord, you righteous*

Revelation 22:12-14, 16-17, 20-21, *Blessed are those who wash their robes*

John 17:20-26 *Jesus prays that the disciples will be one and abide in his love*

~ May 2022 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5 Cinco De Mayo	6	7
10a-11a Worship		9a-9:30a Staff Meeting	3:30p-7:30p Music Lessons	2:30p-7p Music Lessons		5p-7p Music Recital & Potluck (Congregation welcome!)
		11a-12p Pastor's Text Study				
		3p-7:30p Music Lessons				
8 Mother's Day	9	10	11	12	13	14
10a-11a Worship	6p-7p Property Management Committee	9a-9:30a Staff Meeting	1:30p-2:30p Harmony House Worship			
		11a-12p Pastor's Text Study	3:30p-7:30p Music Lessons			
		3p-7:30p Music Lessons				
15	16	17	18	19	20	21 Armed Forces Day
10a-11a Worship	6p-7p Worship and Music Committee	9a-9:30a Staff Meeting		9:30a-12:30p Lake Superior Conference Pastors (Concordia Lutheran), Superior)		
11a Youth & Family Event		11a-12p Pastor's Text Study				
		3p-7:30p Music Lessons				
22	23	24	25	26	27	28
10a-11a Worship		9a-9:30a Staff Meeting				
		11a-12p Pastor's Text Study				
		3p-7:30p Music Lessons				
29	30 Memorial Day	31	Notes:			
10a-11a Worship	11a-11:30a Worship (Riverside Cemetery)	9a-9:30a Staff Meeting				
		11a-12p Pastor's Text Study				
		3p-7:30p Music Lessons				





# Altar Flowers for May

- May 1  
In memory of Leroy Eliason & Loved Ones  
by Linda Eliason
- May 8  
Altar Guild
- May 15  
In memory of Dr. Clarence & Doris Torvick  
by The Theien Family
- May 22  
In Memory of William Deeds by Virginia  
Deeds & Family
- May 29  
In Memory of John & Frances Anunti &  
Mr. & Mrs. Herman Luedtke by Virginia Deeds

# Serving in May

## **Ushers**

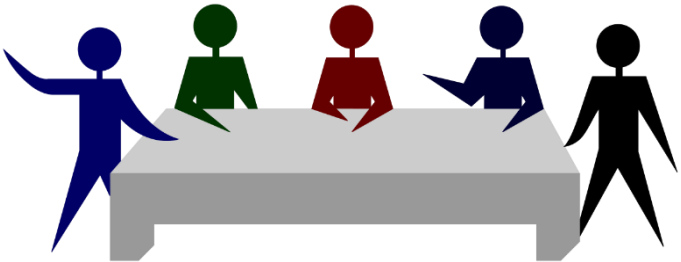
- |        |                      |
|--------|----------------------|
| May 1  | Team III Joyce Olson |
| May 8  | Team I Ken Harmer    |
| May 15 | Team II Eric Sewall  |
| May 22 | Team III Joyce Olson |
| May 29 | Team I Ken Harmer    |

## **Bus Driver**

- |        |             |
|--------|-------------|
| May 1  | Kris Hanson |
| May 8  | Pete Quist  |
| May 15 | Brett Quist |
| May 22 | Ken Harmer  |
| May 29 | Ken Harmer  |

## **Financial Assistants**

Kris Hanson



## **Your Church Council members, working together with you in ministry:**

Council met long enough after the Annual meeting to determine current officers, but has not yet determined committee relationships. No other new members were elected for 2022.

President, Mike Olson	715-398-0343
Vice President, Mark Thompson	715-392-3166
Secretary, Ken Harmer	218-390-8218
Treasurer, Doug Score	218-260-0657
Matt Ketola	715-363-2567
Kris Hanson	715-977-1260

**We have distanced seating in Church.  
Please sit where there are pew cushions.**



Concordia Lutheran Church  
1708 John Ave.  
Superior, WI 54880

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U.S. Postage Paid  
Superior, WI  
Permit No. 254

**Address Service Requested**

Masks are now optional unless  
and until the council  
determines otherwise.

Place label here

***The Concordian is published monthly since 1981 by:***

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**Websites:**

Church website: [www.concordiasuperior.org](http://www.concordiasuperior.org)  
Synod website: [www.nswi.org](http://www.nswi.org)  
ELCA website: [www.elca.org](http://www.elca.org)  
Luther Point Bible Camp website: [www.lutherpoint.org](http://www.lutherpoint.org)  
Resource Center website: [www.synodresourcecenter.org](http://www.synodresourcecenter.org)

Michelle R. Rowell, Pastor  
Beth Sobczak, Keyboards  
Dr. Héctor Landa, Keyboards  
Carol Lindegren, Office Manager  
Jean Riedasch, Parish Nurse  
David Eastman, Custodian  
Matthew Eastman, Technologies

Contributors: Many  
*Assembly/mailling:* Our faithful volunteers

# The Concordian

May

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A newsletter of Concordia Lutheran Church  
Superior, Wisconsin  
715.394.3762

[www.concordiasuperior.org](http://www.concordiasuperior.org)

## NOTICE

**If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.**

## Sunday Worship Schedule

**10:00 am Worship**

Online at: [facebook.com/ConcordiaSuperior](https://www.facebook.com/ConcordiaSuperior)  
Distanced in-person worship now available!

## Mission Statement

As members of the body of Christ at Concordia, **we are called** to be God's forgiven, gifted, diversified and unified people. By the power of the Holy Spirit, we **nurture and live our faith** in Jesus Christ, **encourage our service** in His church, and **actively share the Gospel** in our community and the world.