



The Concordian

A Newsletter of Concordia Lutheran Church – ELCA

Superior, WI

March 2022

Vol 43 No. 3

“Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel”

From the Pastor:

Greetings in the name of Jesus Christ, our leader.

For those of you not yet aware of my personal circumstances, I recently received a diagnosis of a new cancer in the same breast where cancer was removed four years ago. Because it is a new kind rather than recurrent, coupled with a very strong family history, we have decided that a bilateral mastectomy without reconstruction is the best way to move forward. This means that recovery is expected to be quick (three weeks), and there will be less chance of any future cancers of the breast (and any that do occur should be much easier to discover).

Because of all this, you will notice that we will have pulpit supply on February 27, March 6, and March 13. A supply pastor will also be here on Ash Wednesday to preside over Holy Communion for those who choose to be in the building for worship at noon.

Our Lenten Worship Series this year is **“Holy Everything,”** and is provided by the synod staff of the Northwestern Synod of Wisconsin. It will be shown on the walls in our worship space each Wednesday (Thursday and Friday in Holy Week) **at noon** (and available from that point on through our Facebook page).

On Ash Wednesday, we will have ashes available for those in the worship space. Those worshipping from home (whether at noon or at a later time), will be invited to use either water or oil to mark the cross on their foreheads. (Please be sure to use an oil that is safe for use on the skin. Many of the “essential oils” marketed today contain irritants that can cause rashes on the skin. Olive or vegetable oils are fine.)

March 9 will be framed by the practice of **“Lament.”** We will reflect on Psalm 22, and dig deeper into our grief, consider the things we have lost or that leave us feeling worried or weary. We are encouraged to have a piece of paper or a journal and something with which to write for this experience.

March 16 will cover the **“Daily Examen,”** using the 5 steps of reflection created by Ignatius of Loyola: Stillness, Thankfulness, Reflection, Prayer, and Hope.

March 23 will include a technique of silent prayer, providing space to consider God’s presence with us. We will be invited to consider a sacred word which will guide our time and thoughts.

March 30 will focus on **“Dwelling in the Word,”** reflecting on Psalm 42, and using



a method of listening and reflecting on what we hear and what God is sharing through these words.

April 6 will be on **“Blessing Prayer,”** with intentionality in thought, prayers, and visualization.

Maundy Thursday (April 14) will include Holy Communion, and participants are encouraged to have a candle, water, bread, wine or grape juice, and a cross. (These are already provided for those who will be present in Concordia’s worship space!)

Good Friday (April 15) will include thoughtful consideration for Jesus’ sacrifice, his death on the cross for each one of us. We will observe **Tenebrae**, a service of mediation on Christ’s suffering. Having seven candles that can be extinguished during the experience may be helpful.

Blessings for all of us this Lenten Season! Pastor Michelle



PARISH NURSING NOTES

This month we're looking ahead to experiencing Lent. And people often focus on what food they have "given up" for Lent. And that is fine. But there are other considerations too. Lent is a particularly good time to remind ourselves that our bodies and spirits are intimately connected. And our bodies need more than food to flourish. They also need some exercise. And one good way to exercise is walking. So Lent is a good time to involve walking as well.

Some of the spiritual benefits are time for prayer, marveling in the body God created, giving thanks for the world God created, sharing time with a companion walker, a sense of stewardship for God's gift of life. It is a time to get away from the demands of our daily routines, and to reflect and pray, and be near to God.

A walking program has physical benefits while also drawing us closer to God by adding an intentional reflective element. Stepping away (literally) from the demands of our daily routines to walk, reflect, and pray reminds us that God created us and wants to be near to us.

I love walking outside, in nature, in the beauty of God's creation. But walking outside in winter, especially in our part of the country, tends to make me focus more on the cold temperature and the ice on the ground. But walking can be done indoors as well. And that

is one of the benefits of living at New Perspectives. There are many carpeted hallways, on three floors, with railings on each side, to safely walk in comfort—without having to bundle up in coats and boots and scarves! And you always meet others to stop and exchange a few words with, and meet new people.

I recommend starting with a brief prayer, and then starting on your way. Along the way, you can continue to offer short prayers, of thankfulness and gratitude, or asking for guidance. We always stop at the end of each hall to look out the windows, and marvel at the beauty and activity we see. It's not the beautiful trees and river we would see at our house. But it is always interesting.

Walking was a main form of transportation during Biblical times, and the Bible is full of stories of the journeys. It has been calculated that Jesus walked the equivalent of the circumference of the world based only on the journeys that are recorded in the Bible. That doesn't include all the miles He put on as a child growing up, or around the town in His adult years. We don't even come close to that!

Sacrificing a food you enjoy can help you feel connected to God during Lent. But so can a walk filled with spiritual reflections. Try it! Follow what is meaningful and works for you! *"In God we live and move and have our being."* (Acts 17:28).

Stay healthy, happy, prayerful, and active.....and wear a mask!.....Jean

(My phone number has changed: 715-900-2339)





If you are interested in working with a **group to explore cooperation with the other ELCA congregations in Superior** on behalf of Concordia, please contact the church office or one of our council members. The phone number at the church office is **(715) 394-3762**, Church email is [**ConcordiaSuperior@gmail.com**](mailto:ConcordiaSuperior@gmail.com)

LOOKING BACK



Sleet covered the trees by Church on March 4-5, 1935. (Original photo is available to view in the church office).

CLCW Boe-Engebretson Student Award Application

The Boe-Engebretson Student Award Application for 2022 is available for members who are or will be full time students at a college or technical school. The deadline to submit the application is June 1, 2022. A requirement is to have 3 hours of service done at Concordia Lutheran Church or you may also meet with Pastor Michelle in person or by zoom for an appropriate service option. Please contact the Church Office to get an application.

Lenten Services

Our Lenten Worship Series this year is “**Holy Everything,**” and is provided by the synod staff of the Northwestern Synod of Wisconsin. It will be shown on the walls in our worship space each Wednesday (Thursday and Friday in Holy Week) **at noon** (and available from that point on through our Facebook page).

PARISH NURSING ANNOUNCEMENT

The first Sunday of the Month the Parish Nursing Staff will be checking blood pressures in the Parish Nurse’s Office before morning worship from 9-10:00 a.m.



Worship Aids for the Coming Weeks

Sunday, March 6, 1st Sunday in Lent

These forty days called Lent are like no other. It is our opportune time to return to the God who rescues, to receive the gifts of God's grace, to believe with the heart and confess with the mouth the wonder of God's love in Jesus, and to resist temptation at every turn. This is no small pilgrimage on which we have just embarked. It is a struggle Jesus knew. It is a struggle Jesus shares. The nearness of the Lord, in bread and wine, water and word, will uphold and sustain us.

Prayer of the Day: O Lord God, you led your people through the wilderness and brought them to the promised land. Guide us now, so that, following your Son, we may walk safely through the wilderness of this world toward the life you alone can give, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

Readings

Deuteronomy 26:1-11 *The Lord brought us out of Egypt with a mighty hand*

Psalms 91:1-2, 9-16, *God will give the angels charge over you, to guard you in all your ways*

Romans 10:8b-13, *If you confess that Jesus is Lord, you will be saved*

Luke 4:1-13 *The temptation of Jesus in the wilderness for forty days*

Sunday, March 13, 2nd Sunday in Lent

Though we sometimes doubt and often resist God's desire to protect and save us, our God persists. In holy baptism, God's people have been called and gathered into a God-initiated relationship that will endure. Lent provides the church with a time and a tradition in which to seek God's face again. Lent provides another occasion to behold the God of our salvation in the face of the Blessed One who "comes in the name of the Lord.

Prayer of the Day: . God of the covenant, in the mystery of the cross you promise everlasting life to the world. Gather all peoples into your arms, and shelter us with your mercy, that we may rejoice in the life we share in your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

Readings

Genesis 15:1-12, 17-18, *The covenant with Abraham and his descendants*

Psalms 27: *In the day of trouble, God will give me shelter*

Philippians 3:17-41 *Our citizenship is in heaven from where we expect a Savior*

Luke 13:31-35 *I have desired to gather Jerusalem as a hen gathers her brood*

Sunday, March 20, 3rd Sunday in Lent

The warnings are plentiful and blunt on the third Sunday in Lent. Cut it out or get cut down! The warnings are accompanied by God's invitation to attentiveness: "Incline your ear, and come to me; listen, so that you may live." The landowner's ultimatum is forestalled by the gardener's readiness to till the ground one more year. That is good news for all of us. Thanks be to God!

Prayer of the Day: Eternal God, your kingdom has broken into our troubled world through the life, death, and resurrection of your Son. Help us to hear your word and obey it, and bring your saving love to fruition in our lives, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

Readings (for March 20)

Isaiah 55:1-9, *Everyone who thirsts, come to the water, seek the Lord*

Psalms 63: 1-8: *O God, eagerly I seek you, my soul thirsts for you*

1 Corinthians 10:1-13 *Israel baptized in cloud and seas ate the same spiritual food as Christians*

Luke 13:1-9 *Unless you repent, you will perish: parable of the fig tree*

Sunday, March 27, 4th Sunday in Lent

The psalm sets the tone this day: "Happy are they whose transgressions are forgiven, and whose sin is put away!" Happy are those who have "become the righteousness of God" in the merits of Christ Jesus. Happy are those for whom the forgiveness of God has "rolled away . . . the disgrace" of former times. Happy is the father at the return of his prodigal son. Happy are we that our sins are forgiven for Jesus' sake. Rejoice!

Prayer of the Day. God of compassion, you welcome the wayward, and you embrace us all with your mercy. By our baptism clothe us with garments of your grace, and feed us at the table of your love, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen

Readings

Joshua 5:9-12 *Israel eats bread and grain, the produce of the land*

Psalms 32 *Be glad, you righteous and rejoice in the Lord*

2 Corinthians 5:16-21, *The mystery and ministry of reconciliation*

Luke 15:1-3, 11b-32 *The parable of the prodigal father and the repentant son*

The following Memorials have been received in the Church Office in Memory of Leroy Eliason



Concordia Cares:

Pete & Donna Quist

Property & Management:

Marie Peterson

Janice & Ernest Korpela

Dennis & Linda Aho

Arlene Jacobson

Bus Fund:

Gary & Carol Banker

~ March 2022 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study ((varies)) 3p-7:30p Music Lessons	2 10a-11a Altar Guild 12p-1p Ash Wednesday Service 3:30p-7:30p Music Lessons 4p-5:30p Piano Lessons 4:15p-5:15p No Confirmation Class 6:30p-7:30p Ash Wednesday Service at Our Savior's 6:30p-7:30p Ash Wednesday Service at Pilgrim	3 2:30p-7p Music Lessons	4	5
6 10a-11a Worship	7 4:15p-6p Piano Lessons	8 Int'l. Women's Day 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study ((varies)) 3p-7:30p Music Lessons	9 12p-1p Lenten Service 1:30p-2:30p Harmony House Worship 3:30p-7:30p Music Lessons 4p-5:30p Piano Lessons 4:15p-5:15p No Confirmation Class 6:30p-7:30p "I Am the Bread of Life" at Our Savior's	10 9:30a-12:30p Lake Superior Conference Pastors (St. John's Lutheran\, Bloomer (and by ZOOM)) 2:30p-7p Music Lessons	11	12
13 Daylight Saving Begins 10a-11a Worship 11a-12p Council Meeting	14 4:15p-6p Piano Lessons 6p-7p Property Management Committee	15 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study ((varies)) 3p-7:30p Music Lessons	16 12p-1p Lenten Service 3:30p-7:30p Music Lessons 4:15p-5:15p No Confirmation Class 6:30p-7:30p "I Am the Light of the World" at Our Savior's	17 Saint Patrick's Day 2:30p-7p Music Lessons	18	19
20 Spring Begins (Northern Hemisphere) 10a-11a Worship	21 4:15p-6p Piano Lessons 6p-7p Worship and Music Committee	22 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study ((varies)) 3p-7:30p Music Lessons	23 12p-1p Lenten Service 3:30p-7:30p Music Lessons 4:15p-5:15p Confirmation Class 6:30p-7p "I Am the Door" at Our Savior's	24 World Tuberculosis Day 2:30p-7p Music Lessons	25	26
27 10a-11a Worship 11a-12p Youth & Family Committee Meeting	28 4:15p-6p Piano Lessons	29 9a-9:30a Staff Meeting 11a-12p Pastor's Text Study ((varies)) 3p-7:30p Music Lessons	30 12p-1p Lenten Service 3:30p-7:30p Music Lessons 4:15p-5:15p Confirmation Class 6:30p-7:30p "I Am the Good Shepherd" at Our Savior's	31 2:30p-7p Music Lessons	Notes:	



Altar Flowers for March

March 6

In memory of Loved Ones by Mike & Joyce Olson

March 13

In memory of Roy & Jeane Grimstad by Ken & Debi Harmer, Sue & Terry Martin and Families

March 20

Sponsored by General Memorials given to the Altar Guild

March 27

In Memory of Loved Ones by Dennis & Linda Aho

Serving in March

Ushers

March 6

Team I Ken Harmer

March 13

Team II Eric Sewall

March 20

Team III Joyce Olson

March 27

Team I Ken Harmer

Bus Driver

March 6

Kris Hanson

March 13

Brett Quist

March 20

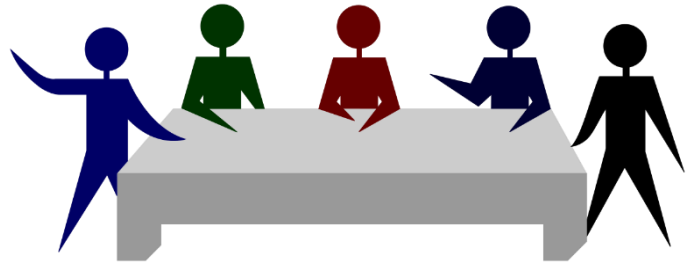
Pete Quist

March 27

Ken Harmer

Financial Assistants

Eric Sewall & Brett Quist



Your Church Council members, working together with you in ministry:

Council met long enough after the Annual meeting to determine current officers, but has not yet determined committee relationships. No other new members were elected for 2022.

President, Mike Olson	715-398-0343
Vice President, Mark Thompson	715-392-3166
Secretary, Ken Harmer	218-390-8218
Treasurer, Doug Score	218-260-0657
Matt Ketola	715-363-2567
Kris Hanson	715-977-1260

**We have distanced seating in Church.
Please sit where there are pew cushions.**



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Superior, WI 54880

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Church Office: concordiasuperior@gmail.com

Websites:

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Synod website: www.nswi.org
ELCA website: www.elca.org
Luther Point Bible Camp website: www.lutherpoint.org
Resource Center website: www.synodresourcecenter.org

Michelle R. Rowell, Pastor
Beth Sobczak, Keyboards
Dr. Héctor Landa, Keyboards
Carol Lindegren, Office Manager
Jean Riedasch, Parish Nurse
David Eastman, Custodian
Matthew Eastman, Technologies

Contributors: Many
Assembly/mailling: Our faithful volunteers

The Concordian

March

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A newsletter of Concordia Lutheran Church
Superior, Wisconsin
715.394.3762

www.concordiasuperior.org

NOTICE

If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.

Sunday Worship Schedule

10:00 am Worship

Online at: facebook.com/ConcordiaSuperior
Distanced in-person worship now available!

Mission Statement

As members of the body of Christ at Concordia, **we are called** to be God's forgiven, gifted, diversified and unified people. By the power of the Holy Spirit, we **nurture and live our faith** in Jesus Christ, **encourage our service** in His church, and **actively share the Gospel** in our community and the world.