

# The Concordian

A Newsletter of Concordia Lutheran Church - ELCA Superior, WI April 2020 Vol 39 No. 4

"Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel"

# From the Pastor:

We will get through this.

None of us have needed to respond to a situation quite like this before. In prior pandemics, travel was less available to the masses and news took longer to reach us. Some "news" today is based on opinion more than fact (such as the idea that drinking extra water or hot beverages can protect a person from this virus. It doesn't!) Some people are mocking the orders meant to help us to keep this virus from spreading beyond our capacity to assist those affected.

Since we have now been told to stay home (or shelter in place), our building will not be open.

Don't panic, even though the numbers of confirmed cases continue to rise. Some may be new cases with our society's love of travel over the recent spring break, but many will be because more people are being tested. The virus is here, so it is very important to avoid physical contact with others and with what they touch until we are informed that the danger is past.

**The Easter Resurrection** remains a fact, and will be observed even if we are still required to maintain physical distance. We will continue to work on improving our live streaming so that we can gather virtually, and will work to worship together even while distance separates us.

If you are feeling anxious, feel free to turn off the news for a time. You may try calling me. I will put myself in the church office from 9-noon Mondays through Thursdays (since I live on the property) and will answer my cell at other times. I will do my best to listen to you and offer what reassurance I can. It is okay to limit your interactions with those who tend to make you more anxious. Tell them you will call back another day.

**Keep washing your hands** after touching the mail, walls, doorknobs, groceries, tissue, or anything else, and especially before you touch your face.

For emergencies such as inability to breathe, heart attacks, strokes, and broken bones, call 911. If you develop symptoms of the coronavirus (dry cough, fever), call your doctor first.

Some cases are mild and best treated in the home without exposing you to other viruses, or others to whatever is ailing you.

You are not alone, even if you are the only person in your living space. God is with you. Your sisters and brothers in Christ are with you in spirit. Join us for worship on Facebook Live at our regular time on Sundays at 10, or watch later as the recordings will remain accessible. You do not need to have a Facebook



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ver , only those logged in to Facebook will be able to comment below the stream. This is the address to access the videos:

# https://www.facebook.com/ ConcordiaSuperior/

We are not certain how our live stream will look in the coming weeks with the "stay at home" order now in place, but we are hoping to keep the service meaningful and inspiring.

If your employment has ended or been suspended, please let us know so that we can include that in our prayers. We understand that your offerings may also change during this time.

If your income has not been disrupted, please continue to contribute. Details on how to do this are on page # of this letter.

God is with you always, as Father, Son, and Holy Spirit. Pastor Michelle



Parish Nursing Notes..... Last month, I wrote about some preventive measures to keep in mind with our corona virus pandemic. And since it's still here, I'll mention a few more helpful technics.

I mentioned handwashing for at least 20 seconds—singing "Jesus Loves Me" or "Twinkle, Twinkle Little Star." I've since discovered saying "The Lord's Prayer" takes at least 30 seconds, giving you a little bit of extra cleanliness. Another idea is to start listing all the things you are grateful for at that particular time. That may not sound like it would take much time. But as you get started, you'll be amazed at all we have to be grateful for—particularly in these stressful times. You may find yourself standing at the sink for quite extended times!

I started off being grateful for having a comfortable home to stay in. It has beautiful scenery to look at, it's well-stocked with food, cleaning necessities, and even toilet paper! We can walk outside in the driveway and get some fresh air. I could go to a drive-up window to pick up a

needed medication at the drug store. I could enjoy the Lenten Service sitting at my computer, and sing along with Pastor Michelle. Then I started being grateful for all the workers and helpers out there who are making it easier and safer for all of us. There are all the health care workers who put themselves at a higher risk to care for all who are ill or at risk. There are all the workers in grocery stores, drug stores, food services, delivery people, garbage men, child care individuals, and many, many more to make sure we all get what we need.

We know from research that a daily gratitude practice is good for us in many ways. It helps us reduce stress, get better sleep, and stay healthier in general. Just thinking about the sacrifices all these people make gives my soul a boost!

We need to mentally prepare for the fact that this pandemic, and all the disruptions that come with it, is going to be with us for a long time. So we all need to stay informed, practice selfcare, and BE KIND. Whatever you can do to help others without putting them (or yourself) at increased risk will be welcomed.

Symptoms to watch for include: fever, cough, tiredness, aches, runny nose, sore throat, or difficulty breathing. If you experience these, or know you have been exposed, call your doctor

immediately. Do NOT automatically run to the emergency room. Isolate yourself from others in your living space, and do not share dishes, utensils, towels, or sleeping space with others.

Above all, avoid panic! "God has not given us a spirit of fear, but of power and of love, and of a sound mind." 2 Timothy 1:7. Try reading through Psalm 91. Or one of my favorites, Philippians 4:6-9, "Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made know to God; and the peace of God, which surpasses all understanding, will quard your hearts and minds through Christ Jesus. Finally brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy---meditate on these things....and the God of peace will be with you."

Stay strong, healthy, safe, and grateful! And God will see us through whatever comes our way. Peace be with you all



# **Worship Aids for the Coming Weeks**

(page 1)

Sunday, March 29, 2020 Fifth Sunday in Lent

In today's gospel Jesus reveals his power over death by raising Lazarus from the dead. The prophet Ezekiel prophesies God breathing new life into dry bones. To those in exile or living in the shadows of death, these stories proclaim God's promise of resurrection. In baptism we die with Christ that we might also be raised with him to new life. At the Easter Vigil we will welcome the newly baptized as we remember God's unfailing promise in our baptism.

**Prayer of the Day:** Almighty God, your Son came into the world to free us all from sin and death. Breathe upon us the power of your Spirit, that we may be raised to new life in Christ and serve you in righteousness all our days, through Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen. Readings** 

Ezekiel 37:1-14, Israel's dry bones brought to life Psalm 130

Romans 8:6-11, Life in the Spirit John 11:1-45, The raising of Lazarus

Sunday, April 5, 2020

Sunday of the Passion / Palm Sunday, Year A

Today, we encounter the paradox that defines our faith: Jesus Christ is glorified king and humiliated servant. We too are full of paradox: like Peter, we fervently desire to follow Christ, but find ourselves afraid, denying God. We wave palms in celebration today as Christ comes into our midst, and we follow with trepidation as his path leads to death on the cross. Amid it all we are invited into this paradoxical promise of life through Christ's broken body and outpoured love in a meal of bread and wine. We begin this week that stands at the center of the church year, anticipating the completion of God's astounding work.

Prayer of the Day: Everlasting God, in your endless love for the human race you sent our Lord Jesus Christ to take on our nature and to suffer death on the cross. In your mercy enable us to share in his obedience to your will and in the glorious victory of his resurrection, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

Readings
Matthew 21:1-11, Jesus enters Jerusalem
Isaiah 50:4-9a, The servant of the Lord submits to suffering

Psalm 31:9-16

Philippians 2:5-11, Humbled to the point of death on a cross

Matthew 26:14--27:66, The passion of the Lord

Thursday, April 9, 2020 Maundy Thursday

This evening our Lenten observance comes to an end, and Christians around the world observe the Three Days of Jesus' death and resurrection. Tonight we remember Christ's last meal with his disciples, but the central focus is his commandment that we live out the promise to love one another. As Jesus washed his disciples' feet, so we are called to give and receive love in humble service to one another. Formed into a new body in Christ through this holy meal, we are transformed by the mercy we have received and carry it into the world.

**Prayer of the Day:** Holy God, source of all love, on the night of his betrayal, Jesus gave us a new commandment, to love one another as he loves us. Write this commandment in our hearts, and give us the will to serve others as he was the servant of all, your Son, Jesus Christ, our Savior and Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

Readings

Exodus 12:1-4 [5-10] 11-14, The passover of the Lord

Psalm 116:1-2, 12-19

1 Corinthians 11:23-26, Proclaim the Lord's death until he comes

John 13:1-17, 31b-35, The service of Christ: footwashing and meal

### Friday, April 10, 2020 Good Friday

Life and death stand side by side as we enter into Good Friday. In John's passion account, Jesus reveals the power and glory of God, even as he is put on trial and sentenced to death. Standing with the disciples at the foot of the cross, we pray for the whole world, as Christ's death offers life to all. We bow in solemn devotion, remembering the sacrifice of Jesus' death. **Prayer of the Day:** Almighty God, look with loving mercy on your family, for whom our Lord Jesus Christ was willing to be betrayed, to be given over to the hands of sinners, and to suffer death on the cross; who now lives and reigns with you and the Holy Spirit, one God, forever and ever. **Amen.** 

Readings

Isaiah 52:13--53:12, The suffering servant Psalm 22

Hebrews 10:16-25, The way to God is opened by Jesus' death

John 18:1--19:42, The passion and death of Christ

# Worship Aids for the Coming Weeks

(page 2)

**Sunday, April 12, 2020** 

**Resurrection of Our Lord: Easter Day** 

This is the day the Lord has made! Christ is risen, and through him all creation is made new! Indeed, "God shows no partiality" (Acts 10:34): Christ's resurrection truly brings life to everyone. We sing hymns of praise, meditate upon sacred words, and proclaim God's faithfulness, power, and. With the women at the tomb, we are astonished, elated, and grateful. We experience joy and proclaim the good news of God's endless love.

**Prayer of the Day:** O God, you gave your only Son to suffer death on the cross for our redemption, and by his glorious resurrection you delivered us from the power of death. Make us die every day to sin, that we may live with him forever in the joy of the resurrection, through your Son, Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen**.

Readings

Acts 10:34-43, God raised Jesus on the third day Psalm 118:1-2, 14-24

Colossians 3:1-4, Raised with Christ to seek the higher things

Matthew 28:1-10, Proclaim the resurrection John 20:1-18, Seeing the risen Christ

Sunday, April 19, 2020 Second Sunday of Easter

In today's gospel the risen Christ appears to the disciples and offers them the gift of peace. Even amid doubts and questions, we experience the resurrection in our Sunday gathering around word and meal, and in our everyday lives. Throughout the coming Sundays of Easter the first two readings will be from the Acts of the Apostles and the first letter of Peter. Even as the early Christians proclaimed the resurrection, we rejoice in the new birth and living hope we receive in baptism.

**Prayer of the Day:** Almighty and eternal God, the strength of those who believe and the hope of those who doubt, may we, who have not seen, have faith in you and receive the fullness of Christ's blessing, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen**.

**Readings** 

Acts 2:14a, 22-32, Christ's resurrection: the fulfillment of God's promise to David Psalm 16

1 Peter 1:3-9, New birth to a living hope through the resurrection

John 20:19-31, Beholding the wounds of the risen Christ

Sunday, April 26, 2020 Third Sunday of Easter

Today's gospel begins with two disciples walking to Emmaus, overcome with sadness, loss, and disappointment. They had hoped Jesus, who was crucified, would be the one to redeem Israel! Yet the risen Christ walks with them and then opens their eyes in the breaking of the bread. Each Sunday our hearts burn within us as the scriptures are proclaimed and Christ appears to us as bread is broken and wine is poured. The story of Emmaus becomes a pattern of our worship.

**Prayer of the Day:** O God, your Son makes himself known to all his disciples in the breaking of bread. Open the eyes of our faith, that we may see him in his redeeming work, who lives and reigns with you and the Holy Spirit, one God, now and forever. **Amen**.

Readings

Acts 2:14a, 36-41, Receiving God's promise through baptism

Psalm 116:1-4, 12-19

1 Peter 1:17-23, Born anew through the living word of God

Luke 24:13-35, Eating with the risen Christ

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# Hand washing technique with soap and water



Wet hands with water



Apply enough soap to cover all hand surfaces



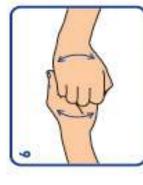
Rub hands palm to palm



with palm of other hand Rub back of each hand with fingers interlaced



Rub palm to palm with fingers interlaced



Rub with back of fingers to opposing palms with fingers interlocked



Rub each thumb clasped in opposite hand using a rotational movement



Rub tips of fingers in opposite palm in a circular motion



Rub each wnst with opposite hand



Rinse hands with water



use paper towel to turn off tap! Use elbow to turn off tap (if no elbow tap available



Dry thoroughly with a single-use towel



Hand washing should take 40-60 seconds



www.debgroup.com



World Health Adapted from World Health Organization Guidelines

# How to Access Online Worship

Go online.

Go to https://www.facebook.com/ConcordiaSuperior/

A post will appear that says "Concordia Lutheran Church is Live." Click on the video.

You do not need to have a Facebook account, but if you do have a Facebook account, you will be able to comment during the service in the section below the video.

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# How to Access Online Giving



Go online.

Go to www.concordiasuperior.org

Scroll to the bottom of the page and click on the Simply Giving picture.

Or

On your device (phone or tablet)

Go to your App Store.

Search for Give Plus church.

Install the Give+ App associated with Vanco Payment Solutions.

Open the app.

Input Concordia's zip code (54880).

Choose Concordia Lutheran Church

1708 John Avenue

Choose Give Now

Touch the Plus Sign (+)

You will be able to choose how you want your offering applied, and then choose an amount or input your own.

Click the Right Arrow () at the top of the page.

You can then input your financial information (check or card)

If you choose not to give online or through the Give Plus app, you can mail your offering:

Touch Next.

**Touch Complete Donation** 

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Concordia Lutheran Church 1708 John Avenue Superior, WI 54880







# **Easter Lilies**

Donor:
In memory (deceased) of:
•
In honor (living) of:
(Charles regardle to Alter Child Flavor Fund
(Checks payable to Altar Guild Flower Fund are due by April 8th Please send your donation
to Concordia Lutheran Church at 1708 John
Ave
Superior, WI 54880)

# Altar flowers for April 2020

Given by: In memory of:

5th

The Lippitt family Edward & Dorthy

Hoffman

12th

Gary & Carol Banker

Erika Margaret Banker

Craig & Amy Banker

26th

Patsy Luder & Esther J. Nelson

Shirley Brandser

# **COMMUNICATION**

Do we have your email address? We can communicate with you more often than the monthly Concordian during this time when we are apart. Please call the office at 715-394-3762 or email the church at <a href="mailto:concordiasuperior@gmail.com">concordiasuperior@gmail.com</a> with your email address



### **Boe Engebretson Scholarship**

Scholarship applications are now available in the church office. Requirements include:

A brief statement of faith.

Meet membership requirements at Concordia

Contribute 8 hours of volunteer service to the church

Deadline for application is **April 1** 



Plans are under way to hold our annual spring Rummage and Bake Sale. The ladies of the church have already had two workdays to start the "organizing" process for the sale. As of this publication the date is set for May 9<sup>th</sup>, we will announce any date change as soon as possible.

What do you have in your basement, garage or spare room that is just taking up space and collecting dust? You are welcome to drop off your items anytime, if you will need help just call the church office at 715-394-3762.

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ELCA website: <a href="https://www.elca.org">www.elca.org</a>

Luther Point Bible Camp website: <a href="www.lutherpoint.org">www.lutherpoint.org</a> Resource Center website: <a href="www.synodresourcecenter.org">www.synodresourcecenter.org</a>

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Contributors: Many
Assembly/mailing: Our faithful volunteers

# The Concordian

April
Vol. 38 No. 4
A newsletter of Concordia Lutheran Church
Superior, Wisconsin
715.394.3762
www.concordiasuperior.org

### **NOTICE**

If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.

## Sunday Worship Schedule 9:00 Sunday School/10:00 am Worship

Communion served on the 1<sup>st</sup> and 2<sup>nd</sup> Sundays. Fellowship (coffee & goodies) in the church library after the worship service (when scheduled).

### **Mission Statement**

As members of the body of Christ at Concordia, we are called to be God's forgiven, gifted, diversified and unified people. By the power of the Holy Spirit,

we nurture and live our faith in Jesus Christ, encourage our service in His church, and actively share the Gospel in our community and the world.