

# The Concordian

A Newsletter of Concordia Lutheran Church – ELCA Superior, WI September 2019 Vol 38 No. 9

"Called to Nurture and Live our Faith, Encourage our Service, and Actively Share the Gospel"

## From the Pastor:

One of my very best friends I had while in high school recently had a scare. A family member, a brother, who has been through some difficult health issues, was released from the hospital and was not where everyone expected him to be. He was, as far as his family knew, missing.

At least two different family members posted their concerns on Facebook, and it was several hours before they were able to reassure the rest of us that he had been found, that he was safe. They did not immediately post further details, so the rest of us didn't know whether he had decided to stay with friends and had merely not thought to notify his family, or whether something less "easy" was the case.

Now, I know that he had gone to the pharmacy and was sitting there (long beyond the pharmacy closing time) waiting for a ride home. (The grocery store was still open.) The problem was that he hadn't called anyone to let them know he was waiting!

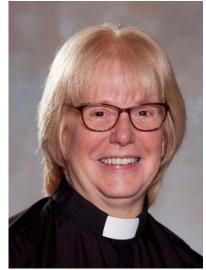
Another missing person was a child... in that case, things did not resolve in any way well. The mother, who did not have custody, failed to return him to his father. Both were found dead in her vehicle, and information as to cause of death was not immediately available. Was it

intentional, or some kind of accident? Were they sleeping in the car, succumbing to carbon monoxide?

As my father aged, he began to suffer from a kind of dementia that affected his learned adult behaviors. He began acting more like a teenager, then like a toddler, etc. He never became lost, as happens to many with dementia, but he failed to notify anyone of his walks, or expected return. He forgot how to pay for things in the store. All this necessitated his moving into a nursing facility that was protected by locked doors, with exit only through the nursing station.

So often, my friends will share Facebook posts that notify the community of missing people. I always click on the linked article, and there determine whether the person has already been found before sharing it myself. About three times out of four, this is the case. The advantage of social media is that more people become aware of the need more quickly. The disadvantage is that so many quickly share things without checking the validity of the post first. (For missing people, it might be better that way...)

My friend's brother did not know that he was missing. The



family did not know that he wasn't—not really, anyway! If only there were an easier way to communicate and to understand God's communication with us. What was God saying in that whole situation?

None of us is missing from God's care, even though we may have pulled back from gathering with the congregation for one reason or another. Let us find ways to support one another in this ministry, giving of ourselves in ways that express God's never-ending care, God's neverending love, God's all-knowing presence. Please find ways to welcome all who gather, letting go of past hurts, and offering ourselves as Christ's. In Jesus' name. Pastor Michelle



Parish Nursing Notes.....

It is September again—the end of summer! But it is also a time to enjoy all the produce from my garden and the local Farmer's Markets. I think it is no coincidence that the list of National Health Observances has "Fruits and Vegies-More Matters" listed under September. God has given us directions in this matter. In Genesis 1:20 He says, "Behold, I have given you every plant yielding seed that is on the face of all the earth, and every tree with seed in its fruit. You shall have them for food." today's nutritionists agree that is a good basis for a healthy diet. According to the new My Plate standards, half of what you consume at each meal should be fruits and vegetables. Fruits and vegies are great sources of many vitamins, minerals, and natural substances such as fiber, folate, magnesium, potassium, and vitamins A and D. These all help protect you from chronic diseases such as stroke, type 2 diabetes, some types of cancer, heart disease, and high blood pressure. Some contain iron and calcium to help avoid anemia and osteoporosis. Most of them are lower in fat and calories, and higher in fiber that other foods, making it easier to control weight as well. They make your plate look much more colorful and attractive. They are convenient to prepare and available in an almost infinite variety. No wonder God created them for us! And there are sure to be some that you like!

Herbs also have health benefits—as well as taste benefits! And again, God gave us this advice: "Give me your vineyard, that I might have it for an herb garden..." (1 Kings 21:2). Sage has been shown to improve attention and decreases symptoms in Alzheimer's patients. Thyme has antimicrobial properties. Rosemary has been associated with memory since ancient Greece. Basil has long been used in India to treat asthma, stress, and diabetes, and has antimicrobial properties. And when you use these in combination, they actually have even more benefits! And you can use them to flavor all foods, not just fruits and vegies!

It can be so easy to add some cut up fruit or berries to vour breakfast, and a tasty salad and some vegies to your lunch and supper. And an apple, a banana, some grapes, or raw vegies make great snacks. And fruit can be the basis for many desserts. The amounts can add up fast! The added benefit is that you'll feel better, have more energy, and probably see the numbers on the scale go down, and the number of birthdays go up as well! And

you will also be passing on a healthy legacy to your children. God created us! He knows our bodies and their needs, and He gave us some pretty good directions on how to take care of them. Adding some more fruits and vegies to your diet is a pretty good (and tasty!) way to start. And we know that we also need whole grains, fat-free or low-fat milk products, lean meats, fish, beans, eggs, and nuts-and at least 15 minutes of physical exercise daily. There is no magic pill you can take to be healthy. But God gave us some pretty good directions. adding some more fruits and vegies to your diet is a pretty good (and tasty!) way to start. So, whether you eat or drink, or whatever you do, do all to the glory of God," (1 Corinthians 10:31), and take care of your "temple," the body you were given by God...... Jean



Concordia Fall Kick Off Sunday, September 22

Sunday School at 9:00 a.m. Worship at 10:00 a.m.

**Picnic Lunch to Follow** 

Everyone is welcome!

Please invite your family, friends, and neighbors to join us!



Organ Fund: \$19,840 of \$36,000 raised as of August 19, 2019

Your donations are greatly appreciated!!!



Patrick & Keli Casey
Richard & Renee Erickson
John & Anne Gronski
Robert & Rachel Hering
William & Janice Lippitt
Roy & Marie Peterson
Matthew & Andrea Piirainen
Jason & Anne Porter
Justin & Alisha Prendergast
Pete & Donna Quist
Tom & Karen Severson
Victor & Janet Ursin
William & Lori Van Damme

# The following memorials are acknowledged by the church office: In Memory of: Given by:

Hazel Lee to the Organ Fund Given by Arlene Jacobson

Barbara Mattson to the Organ Fund Given by Sue Martin

Barbara Mattson to the Organ Fund Given by Dick & Jean Riedasch

Barbara Mattson to the Organ Fund Given by Roy & Marie Peterson

Barbara Mattson to the Organ Fund Given by Edith Warner

Barbara Mattson to the Organ Fund Given by Role & Eunice Grimsrud

Barbara Mattson to the Organ Fund Given by Dr. Ronald & Beverly Underdale

Barbara Mattson to the Organ Fund Given by Diane Kruger

Barbara Mattson to the Organ Fund Given by Gloria Neuman

Barbara Mattson to the Organ Fund Given by Signe Drolson

Barbara Mattson to the Organ Fund Given by Carl & Lois Renoos

Barbara Mattson to the Organ Fund Given by Arlene Jacobson

Barbara Mattson to the Organ Fund Given by Toby E. Marcovich, S. C. Attorney At Law

Barbara Mattson to the Organ Fund Given by Jeanne Downs

Barbara Mattson to the Organ Fund Given by Travelnet Solutions, Inc.

Barbara Mattson Hazel Lee to Missionary Sponsorship by Barbara Ovesen

Barbara Mattson to the Organ fund given by Bill & Lois O'Neill

Barbara Mattson Organ Fund given by Lawrence & Yvonne Quam

Barbara Mattson to the Bus Fund given by Rhoda Pearthree

Barbara Mattson to the Bus Fund given by Concordia Altar Guild

Barbara Mattson to the Bus Fund given by Gary & Carol Banker

If you sent a memorial and were not included on the list, please contact the church office

Dear Concordia Lutheran Church,

We are so grateful for your generous support of ELCA missionary, The Rev. Alex LaChapelle!

Until this summer, Pastor Alex had been serving as the Young Adults in Global Mission (YAGM) country coordinator for the Southern Africa YAGM program. The ELCA has discontinued the YAGM program in Southern Africa due to changes in South Africa's immigration policy resulting in the inability for us to acquire visas for our volunteers.

Pastor Alex continues to feel called by the Holy Spirit and this church to walk alongside our global neighbors in mission service. Therefore, starting in September 2019, he will take on a new missionary call as Pastor of the International Lutheran Congregation in Nairobi, Kenya.

In this time of transition, Pastor Alex and the Global Mission Funding team are especially grateful for your prayer, encouragement and continued financial support, which serve as an anchor and lifeline when other circumstances change.

Because he is not able to visit all of his sponsoring congregations as often as he would like, Pastor Alex has created a video to share with you. You may access this video at <a href="https://vimeo.com/353447944">https://vimeo.com/353447944</a> (please note: when you follow this link, you will receive the message "Video is private." Please enter the password Alex2019 to continue.)

We encourage you to watch and share this video (and the password!) and to learn from Pastor Alex as he reflects on service, life and worship in the contexts he has served.

You can reach Pastor Alex at <u>Alexis.LaChapelle@elca.org</u>, and if you have any questions about your sponsorship, please let us know at <u>GlobalChurch@elca.org</u> or 773-380-2820.

We thank God for your generous support and prayerful encouragement of Pastor Alex as he transitions into this new role!

Peace,

Jenny Ackerman
Deacon Jessica Hacker
Global Mission Funding Operations Manager
Director, Stewardship Strategy and
Operations
ELCA Mission Advancement
Jessica.Hacker@elca.org
773-380-2820
773-380-6556

COUNCIL MEETING
THURSDAY, SEPTEMBER 19
AT 6:00 PM

### **Meeting Date Changes**

Property & Management Committee Wednesday, September 11 at 6:00 pm Worship & Music Committee Tuesday, September 17 at 6:00 pm

Next meeting will be September 8 at 11:00 a.m.

## Altar Flowers for September

September 1 In Memory of Loved Ones by Nancy Spiering

September 8 In Memory of Loved Ones by Millie Score and Family

September 15 In memory of Ken & Mildred Olson and Ray Nurmi by Michael & Joyce Olson

September 22
In memory of Joel and Martha Dahl
and Dick and Mae Riedasch
Given by Dick and Jean Riedasch

September 30
In memory of Robert and Jean Allen and Ted and Eileen Ketola
Given by the Ketola Family

The DEADLINE for articles and announcements in the next issue of "The Concordian" is September 19

Concordian Helpers September 24 at 9:00 am. Thanks for marking this on your calendar!

CLCW Fall Craft and Vendor Sale
October 26, 2019
8:00 a.m.
Tables are \$25

Please Contact Nancy O'Neill at 218-391-6141

Night Out
September 18, 2019
Ladies will meet at Key Port at 5:00 P.M.
Men will meet at VIP at 5:30 P.M.

# Confirmation Kick Off Saturday, September 14 2:00 to 4:30 pm At Camp Amnicon



Sue Avis, Carol Banker, Nancy Bohn, Susan Brannan, Matthew Breitzmann, Jeanne Downs, Brianna Frank, Eunice Grimsrud, Jarrett Gronski, Marcie Hanson, Andrew Harmer, Debra Johnson, Staci Johnson, Wyatt Johnson, Ashley Kelleher, Alexander Ketola, Amy King, Clara Komatz, Dawn Lambert, Jaylynne Lawler, Jacquelyn Ledin, Joyce Littler, Merry Lott, Matthew McDonald, Sara Moore, Charissa Nelson, Brian Nelson, Dawn Nelson, Patrick Nelson, Jovce Olson, Matthew Peterson, Andrea Piiranen, Dennis Quam, Brett Quist, Donna Quist, Lois Renoos, Mildred Score, Barbara Sorenson, Marie Strom, Patricia Ullan, Erin Wahner, Jean Weber, Michael Wick, Joseph Wojtoff, Nicholas Zehm

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God.

2 Corinthians 1:3-4

## Serving in September

#### **Ushers**

September 1 Team III
September 8 Team I
September 15 Team II
September 22 Team III
September 29 Team I

#### **Bus Driver**

September 1 Kris Hanson
September 8 Pete Quist
September 15 Brett Quist
September 22 John Gronski
September 29 Kris Hanson

#### **Scripture Readers**

September 1 Richard Wnek
September 8 Anne Gronski
September 15 Steve Ledin
September 22 Mark Thompson
September 29 Ed Lindegren

(Readings may be picked up in the office the prior week. If they are not picked up, we will mail them to the reader.)

#### **Altar Servers**

September 1 Altar Guild September 8 Altar Guild

#### Coffee Kiosk Servers

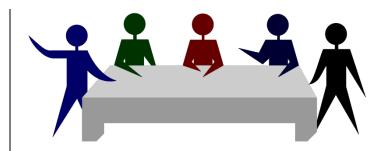
September 1 Jan Lippitt
September 8 Kris Hanson
September 15 John Gronski
September 22 Nancy O'Neill
September 29 Youth & Family Committee

#### **Financial Assistants**

Deb Harmer & Sue Martin

#### **Communion Assistants**

September 1 Jane Pietrowski & David Sloan September 8 Richard Wnek & LeRoy Eliason



# Your Church Council members, working together with you in ministry:

President, John Gronski 218.340.1813

Vice President, Shawn Quist 218-940-5896

Secretary, Carol Lindegren 218.590.8238

Kris Hanson 715 977-1260

Matthew Eastman 218.409.9174

Jan Lippitt 715.394.9158

Nancy O'Neill 218 391-6141

Eric Sewall 715.392.1559

Lori Sewall 715.392.1559

Concordia Cares Committee Jan Lippitt

Investment Committee Nancy O'Neill

Finance Carol Lindegren

Personnel Shawn Quist John Gronski Eric Sewall

Evangelism John Gronski Kris Hanson

Youth and Family Carol Lindegren

Worship and Music Matthew Eastman Eric Sewall Lori Sewall

Lon Sewan

Property Management Matthew Eastman Shawn

Ouist

Stewardship John Gronski

Kris Hanson

# **SEPTEMBER**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Labor Day	3	4	5	6	7
9:00 a Blood Pressure Checks 10a-11a Worship with Communion	Office is Closed	8a-12p Office is open	8a-12p Office is open	8a-12p Office is open	Office Closed	<b>'</b>
	omee to elected	9a-9:30a Staff Meeting	10a-11a Altar Guild	10a-11a Library Workers		
		10:30a-11:30a Pastor's Text Study (Pilgrim)	Tour True True Curre	2p-2:30p Superior Rehab Worship		
8	9	10	11 Patriot Day	12	13	14
10a-11a Worship with	8a-12p Office is open	8a-12p Office is open	8a-12p Office is open	8a-12p Office is open	Office Closed	9a-1p Work Day
Communion		9a-9:30a Staff Meeting	6p-7p Property Management Committee	10a-11a Library Workers		2p-4:30p Confirmation Class Rally at Camp Amnicon
11:00 a Concordia Cares		10:30a-11:30a Pastor's Text Study (Pilgrim)				
15	16	17	18	19	20	21
10a-11a Worship	8a-12p Office is open	8a-12p Office is open	8a-12p Office is open	Newsletter	Office Closed	
4p-5p Helen Hankey Concert Series, Featuring Hector Landa		9a-9:30a Staff Meeting 10:30a-11:30a Pastor's Text Study (Pilgrim) 1:30pm Harmony House 6p-7p Worship and Music Committee	5:00 p Ladies' Night Out at Keyport 5:30 p Men's Night Out at	Articles/Announcements Due		
				8a-12p Office is open	_	
				10a-11a Library Workers	_	
				2p-2:30p Superior Rehab Worship	_	
22	23 Fall begins	24	25	26	27	28
10a-11a Worship	Fall Pastor's Convocation	Convocation	8a-12p Office is open	8a-12p Office is open	Office Closed	10a-11a Confirmation Class
	8a-12p Office is open		3:30p-5p Confirmation	a-11a Library Workers		
	от тер отпосто орот	8a-12p Office is open	Class (Bethel Lutheran)			
11:15 a Possible 1 <sup>st</sup> Communion Class		9a-9:30a Staff Meeting				
		9a Concordian Helpers				
		10:30a-11:30a Pastor's Text Study (Pilgrim)				
29	30	Notes:				
10a-11a Worship	8a-12p Office is open					
11:15 a Possible 1st Communion Class						

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#### Websites:

Church website: www.concordiasuperior.org

Synod website: <a href="https://www.nwswi.org">www.nwswi.org</a>
ELCA website: <a href="https://www.elca.org">www.elca.org</a>

Luther Point Bible Camp website: <a href="www.lutherpoint.org">www.lutherpoint.org</a> Resource Center website: <a href="www.synodresourcecenter.org">www.synodresourcecenter.org</a>

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## The Concordian

September
Vol. 38 No. 9
A newsletter of Concordia Lutheran Church
Superior, Wisconsin
715.394.3762
www.concordiasuperior.org

#### NOTICE

If you are receiving this newsletter and do not wish to, please contact the church office. If you know someone who should receive it or wishes to be added, please have them contact our office.

#### Sunday Worship Schedule 9:00 Sunday School 10:00 am Worship

Communion served on the 1<sup>st</sup> and 2<sup>nd</sup> Sundays. Fellowship (coffee & goodies) in the church library after the worship service (when scheduled).

#### **Mission Statement**

As members of the body of Christ at Concordia, we are called to be God's forgiven, gifted, diversified and unified people.

By the power of the Holy Spirit, we nurture and live our faith in Jesus Christ, encourage our service in His church, and actively share the Gospel in our community and the world.